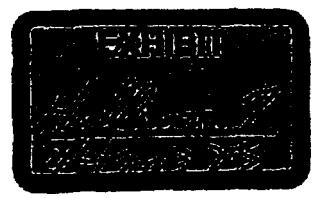
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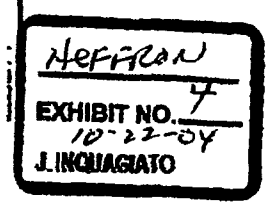
DOC#: GAR062

DOCUMENT DESCRIPTION: Industry Warning Information



before you begin





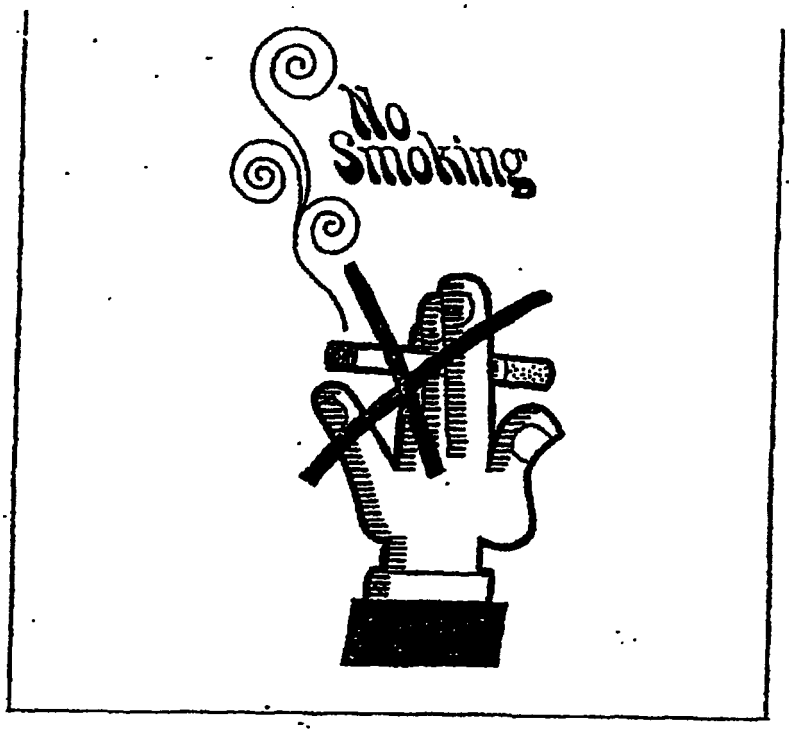
There are Some Things You Should Know...



Every person employed at GARLOCK where asbestos fiber is used should know that breathing excessive amounts of asbestos causes certain health problems.

GARLOCK has taken many steps to protect you from exposure to harmful amounts of asbestos fiber. To make these steps effective, you must follow safe working rules on the job.

The health problems



The health problems that have been connected with exposure to asbestos are these:

- Breathing excessive amounts of fiber in the air might result in a disease caused asbestosis — a scarring of the lung tissue, which when severe makes it difficult to breath properly.

- Persons who smoke cigarettes and inhale excessive amounts of asbestos dust are at a greater risk of developing lung cancer. Asbestos alone does not appear to cause this disease, but it can make people who smoke cigarettes more likely to develop this cancer. Studies show that if you don't smoke cigarettes, asbestos exposure does not increase your risk of getting lung cancer.

- Persons exposed to excessive amounts of asbestos have a greater risk of developing Mesothelioma which is a rare cancer of the lining of the chest or abdomen. There also is some indication from unconfirmed studies that there might be a greater incidence of cancer of the digestive tract in persons exposed to excessive amounts of airborne asbestos.

The health problems

You will be required to do certain things on the job to help us protect you. Some of these are:

1 You must do everything you can to prevent dust or getting asbestos fiber into the air where it could be inhaled.

2 In some areas you may at times be required to wear a respirator temporarily or other forms of personal protective equipment. You must wear this equipment properly whenever it is necessary.

3 You will be requested not to smoke on the job if you might be exposed to asbestos. You will be urged for your health's sake to quit smoking completely.

4 You will not be permitted to take any asbestos material home from the plant in order to prevent exposing others. You will use facilities provided to change work clothes, and wash before going home.

5 If equipment is not working correctly, you must report it to your supervisor immediately.