

THE CARCINOGENIC AND OTHER CHRONIC EFFECTS OF PERSISTENT HALOGENATED ORGANIC COMPOUNDS

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A number of persistent halogenated organic compounds have been shown to produce liver tumors in rodents such as DDT, dieldrin, mirex, Kepone[®], heptachlorobenzene, polychlorinated and polybrominated biphenyls (PCBs and PBBs) and now also 2,3,7,8-tetrachlorodibenzo-*p*-dioxin (TCDD) as well as hexachlorodibenzo-*p*-dioxin. TCDD also induced tumors of the lungs, hard palate or nasal turbinates in rats. It is possible that other isomers of the halogenated dibenzodioxins are also carcinogenic. Representatives of other groups of compounds in this category, the halogenated dibenzofurans, naphthalenes and terphenyls have not been tested for a carcinogenic effect. Most of the chemicals mentioned are persistent in animals once they have been absorbed. They are also poorly degraded in the environment. For this class of compounds it is generally assumed that not the chemicals themselves but their metabolites are the proximate carcinogens. TCDD may be an exception. While most of the chemical compounds mentioned are commercial products, the halogenated dibenzodioxins and dibenzofurans are contaminants of a number of technical products. Some of these products that may theoretically be contaminated are listed in Table I.

The persistent halogenated organic compounds under discussion induce mixed function oxidases and cause hepatomegaly in rodents and other animals. The hepatomegaly is the result of the hypertrophy of individual hepatocytes. Some hypertrophy also occurs and increased mitotic activity can be noted. The hepatocytes may accumulate lipid in their cytoplasm. At the ultrastructural level the enlarged hepatocytes show an increase in smooth endoplasmic reticulum and inclusions within the cytoplasm which appear like concentric whorls, surrounding lipid vacuoles. Morphologic changes in the mitochondria have also been described (Gaines *et al.*, Kimbrough *et al.*). In addition to these alterations, the PCBs, PBBs, some isomers of the halogenated dibenzodioxins as well as hexachlorobenzene induce experimental hepatic porphyria. In the rat experimental hepatic porphyria only occurs in the female, but in other species it can be induced in both sexes. On microscopic examination an increase in macrophages and prominent Kupfer cells containing brown ceroid pigment and necrobiosis of liver cells is prominent. Lipid accumulates in the cytoplasm of hepatocytes resulting in foamy hepatocytes with foamy cytoplasm. Similarly, lipid accumulation, lipofuscin (ceroid pigment) have also been reported in livers of humans suffering from porphyria cutanea tarda (Biemeyer *et al.*).

Adenofibrosis (choleangiofibrosis) (Kimbrough *et al.*) has been observed in rats fed PCBs and technical but not pure pentachlorophenol (Kimbrough and Linder). The PCBs were contaminated with trace amounts of chlorinated dibenzofurans and the pentachlorophenol with chlorinated dibenzodioxins and dibenzofurans. The significance of adenofibrosis and its relationship to the development of hepatocellular carcinomas is presently not understood. It usually occurs concomitantly with

hepatic porphyrin excretion in rodents (Kimbrough and Linder¹¹; Koehler¹²). These have been described in rats exposed to other chemicals, such as 2,3,7,8-tetrachlorodibenzo-p-dioxin (Hawthorne and White¹³). Although hepatocellular tumors have been reported in rodents after exposure to DDT, heptachlor epoxide, and Kepone, these compounds do not produce the same type of liver pathology as reported in rats exposed to PCBs. PCBs, PBBs, and related compounds cause lipid peroxidation in rats. Kepone, DDT, and dieldrin do not. Whether the experimental hepatic porphyrin produced by these compounds is in any way related to the induction of hepatocellular carcinoma is presently unknown. A study reported by Koehler¹² and Sweeney¹⁴ is interesting in this regard. These authors treated pregnant rats with DBA-2D or nonresponsive (DBA-2D) mice to the induction of hepatic porphyrin by hydroxyacetone with TCDD. The nonresponsive mice had increased hepatic porphyrin and ringoxygenase activity while it was decreased in the responsive mice. Hepatic porphyrin excretion was increased in this group. In the study of Koehler¹² presented in this volume, only the female rats showed hepatocellular carcinoma. I have explored whether an effect on certain enzymes related to porphyrin metabolism is coupled with an effect on enzymes somehow related to the induction of hepatocellular

TABLE I
EXAMPLES OF COMMERCE PRODUCTS THAT MAY BE CONTAMINATED
WITH HALOGENATED DIBENZODIOXINS OR DIBENZOFURANS

2,4,6-Trichlorophenol	1,2-Dichlorophenol
2,4,6-Trichlorophenol	1,2-Dichloro
Hexachlorobenzene	1,2-Dichloro
2,4-Dichlorophenyl p-nitrophenyl ether (DOK)	Hexachlorophenyl
2,4,6-Trichlorophenyl p-nitrophenyl ether (DOK)	2,4,6-Trichlorophenyl p-nitrophenyl ether (DOK)
2,4,6-Trichlorophenyl p-nitrophenyl ether (DOK)	Phenol

carcinomas, or whether hepatic porphyrin and hepatocellular carcinoma are related.

Hepatic porphyrin (porphyrin) excretion has also been reported in humans following occupational exposure to some of these chemicals, and porphyrinuria should be screened for carefully in such cases in the future. The sex difference in the induction of hepatic porphyrin found in rats does not exist in humans. The effect of TCDD and perhaps also the PBBs effect reproduction. The reduction of tumor-dependent tumors in the study by Koehler¹² may be indicative of an effect of these compounds on steroids. Other halogenated persistent organic compounds may affect endocrine glands. Kepone has been shown to cause hyperplasia of the adrenal cortex in rats (Connon and Kimbrough¹⁵) and in quail (Hruschenko and White¹⁶). High doses of technical hexachlorobenzene also caused hyperplasia of the adrenal cortex in rats (Kimbrough and Linder¹¹).

All of the halogenated organic compounds that I have mentioned are potential biologic systems. Certain isomers of PBBs and PCBs seem to be retained in biologic systems (Kimbrough *et al.*¹¹). If a single high dose of a mixture of PBBs is given to young rats, hepatocellular tumors can be induced. It is therefore not necessary to conduct 2 year feeding studies with these compounds to show that they are carcinogenic. A single high dose at least of the PBBs will have the same effect. When rats are given a

MONS 207485

1970) and that the same is true for the induction of the same response by PCBs (about 6 months after dosing) (Kimbrough *et al.*, 1971). It was also found that PCB levels in the liver did not regress. It is presently not known whether the isomers that persist are the ones that are carcinogenic. If the persistent isomers prove to be carcinogenic, then the tumor induction would be due to the continuous recurrent exposure of the target organ to these isomers.

Neoplastic nodules are considered to represent part of the spectrum of response elicited by hepatocarcinogenic rodents. First, areas of alteration will develop, some of these will become neoplastic nodules, and some of the neoplastic nodules will in time transform into hepatocellular carcinomas (Squire and Lewitt '71). A number of carcinogens have been shown to have the same spectrum of response, and there is no difference in the response, whether the chemical producing it is a carcinogen of long standing or whether it is one of the hydrogenated compounds discussed here. Although it has been shown many times that the neoplastic nodules are part of the carcinogenic response, they are not always included in the statistical evaluation of bioassays, which have led to erroneously interpreted results, particularly when they are classified as hyperplastic nodules or nodular hyperplasia, and when the number of animals studied was small (Carcinogenesis Testing Program, 1977).

Since all of these compounds are also inducers of mixed function oxidases and could enhance the metabolism of other xenobiotics, they may, depending on the circumstances, prevent or enhance the tumor induction by other chemicals. Active metabolites would have to be formed for many of the hydrogenated compounds, tetrachlorodibenzo-p-dioxin perhaps being an exception. The delayed application of these compounds that have to be activated would therefore not necessarily result in tumor formation. Further studies will have to be done to elucidate these problems. The question of skin carcinogenesis is particularly important in workers that have had occupational dermal exposure to TCDD, PCBs, or chlorinated naphthalenes, as evidenced by chloracne.

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MONS 207486

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MONS 207487