

Evaluation of
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A comprehensive program in asbestos hazard surveillance and education

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though asbestos has had nearly a century of
emporary industrial use, its presence and
acteristics were known for hundreds of
More recently added to the body of
the knowledge, though, have been the
ic effects on both workers and persons in
ual contact with this valuable material.
off and others have brought to light the
mologic base, descriptive of the family of
stos-related diseases, the close ties to
nigant change, and the role of smoking as a
carcinogen.

With the acceptance of these findings, greater
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veillance of asbestos workers and to the
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neering possibility, contact of the craftsman
his work substance, so as to prevent his
urring asbestosis or the later-to-come
inoma of the lung or other organs, or
tragic or peritoneal mesothelioma.

Through the studied observations of
son, Sargent, and others, the awareness
heightened regarding the early, subtle
signs detectable in chest roentgenograms, so
slowly, the community of radiologists and
monary disease specialists is becoming
nowledgeable in this particular field of
stosis.

Rather than reviewing what has been replete
the literature concerning the clinical and
mologic aspects of asbestosis, this writing
orts to describe a program at a specific

institution which has been designed to detect
levels of specific morbidity and to educate
managers and workers in all the elements of
medical superintendence, the significance of the
findings, and the subsequent indicated actions.

background

The United States Navy supports a number of
shipyards and other facilities on the East and
West Coasts and abroad for the maintenance of
the vessels of its fleets. The Long Beach Naval
Shipyard is the most recently established of the
yards, becoming operational in 1943 to meet the
needs of World War II. The mission consists of
the overhaul, repair, and modification of ships
of the Pacific Fleet. Each craft is assigned to the
shipyard at regular intervals for reworking, as
determined by its particular schedule of
recycling during periods of availability. To plan
for such work, which will include drydocking
and outfitting, a ship-check team is sent abroad
for purposes of diagnosis. On its return, plans
are drawn, supplies are ordered, and manpower
needs are determined so that on the arrival of the
ship in port, everything will be ready. Time is of
particular importance for the vessel must be
turned around for deployment in the shortest
period compatible with the work needs. A
further function of the facility is the supervision
of subcontracted repair in adjacent civilian
yards.

All ships require insulation of the sources of
heat and of the extensive piping systems which
transport steam under pressure. It has been
traditional to use asbestos for this purpose in one
or more of its fabricated forms, such as pre-cut
block, padding, board, flexible gaskets, and the
like. With the demonstration, however, of its

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serious toxic properties, substitutes have been sought, and in recent years, fibrous glass has been used in its place in nearly all of its applications. Because asbestos was used in new construction, it is still found in ships and when piping must be renewed, the surrounding and covering insulation is removed, the process of demolition being known as "rip-out." The former haphazard removal of the insulating material would produce clouds of high-asbestos-content dust in the ship's spaces, leading to inhalation of free fiber and the coating of work clothing.

Simultaneous with the coding of rigid work practices was the creation of a medical oversight program, fully in parallel with the asbestos standard promulgated by the Department of Labor, and in compliance with directives from Navy authority.

Medical care has been regionalized in the Navy, and each region is designated as a Naval Regional Medical Center (NRMC), with the administrative headquarters based at a core hospital. Personnel, equipment, supplies, etc., are provided to Branch Clinics throughout the jurisdictional area of the Region, which offer services to the particular activities where they are located. A Branch Clinic on Terminal Island furnishes preventive and therapeutic health services to the civilian and military personnel of the Long Beach Naval Shipyard.

medical surveillance

Initially, certain crafts were considered at risk, specifically the insulators and pipefitters. But as closer scrutiny of the chest radiographs of the personnel in allied trades was begun, it was realized that many more employee groups outside of these two were, or had been, exposed to asbestos as a work material. Another factor arose in the determination of groups at risk, a factor possibly unique to the obtainment and nurturing of marine craftsmen. A great number of tradesmen are trained within the shipyard through the mechanism of a four-year apprentice program. After serving as journeymen, many move up through the foremen levels, eventually to become executives. Because of this kind of occupational mobility, the top white-collar persons have had the same kind of work-substance exposure as those

craftsmen currently in the shops and on waterfront and, for purposes of surveillance, considered equally at risk. With the exposure-to-clinical-signs lag period, the concept of risk has to be altered to include personnel who were in contact years ago. For practical purposes, certain shipyard work other than insulators are considered at risk. It is anticipated that asbestos will be encountered in ships for years to come.

An interesting example of the need for continuous clinical observation is that of a woman now 68 years old, who was employed with asbestos padding for one year, in 1943, who recently became known to us. When x-rayed, her chest film showed typical bilateral pleural thickening characteristic of asbestosis, fibrosis of the parietal pleura. The dose was unknown, and the course of lesion development not measurable; but 35 years later, the signs were present.

The program of clinical observation consists of the following entities:

clinical examination — pre-placement

Each new employee accepting a position as insulator or whose work involves contact with asbestos, receives a complete preplacement medical examination prior to actual work assignment, consisting of medical and occupational histories, standard organ system function inventories, a visual acuity evaluation through use of the Ortho-Rater, audiometry (5 through 6,000 Hz), complete urinalysis, a chest X-ray (14" X 17"), and a screen pulmonary function evaluation consisting of VC, FVC, FEV₁, FEV₂₅, and FEF. If suggestive positive findings are encountered, and if radiographic definition is not adequate for diagnosis of such entities as pleural thickening or interstitial disease, additional views (right and left anterior obliques) are obtained. Medical record jackets are appropriately marked "ASBESTOS WORKER," and Radiograph Report Forms are comparably imprinted with "ASBESTOS WORKER."

clinical examination — periodic

At a yearly interval, each exposed employee returns for a repeat of the evaluative procedure.

ships and on a surveillance. With the long lag period, it is difficult to include workers who were employed at the shipyard years ago. In the shipyard workers considered at risk, for they will be encountered.

One of the need for observation is that of a worker who was employed for one year, in 1943, and then came to us. When X-rayed typical bilateral changes characteristic of asbestosis were seen. The dose was unknown. Lesion development was later, the signs were

all observation consisted

pre-placement

When a position as an asbestos worker involves contact with asbestos, complete preplacement examination prior to actual work is required. Medical and occupational system function is evaluated through chest radiography, audiometry (50% hearing), urinalysis, PA chest X-ray, and a screening examination consisting of a physical examination, EEF. If suggested abnormalities are entered, and if they are not adequate for further thickening of the lungs, views (right and left) are obtained. Medical records are appropriately marked and Radiographic films are imprinted with

periodic

Exposed employee
active procedure

As stated above. Again, to maintain a minimal exposure to ionizing radiation, a PA film only is required unless there are indications for additional views. If a worker demonstrates more extensive disease radiographically, or if it is the suggestion of the radiologist or the pulmonary disease consultant that he be followed because of suspected development of malignant change, the interval of examination will be shortened to six months or even less. When indicated, chest radiography may be conducted. During the medical examination, special attention is given to the presence of clubbing of the terminal digits, to symptoms arising from the respiratory, cardiovascular, or gastrointestinal systems. On each occasion, a recheck of the patient's smoking history is carried out.

clinical examination — termination

At the time of separation from employment, each worker exposed to asbestos has a repeat of the procedures outlined previously. The examination may be conducted as part of a disability retirement evaluation or may arise as part of a worker's compensation disability claim. If a terminee has moved from Long Beach, a follow-up letter will be sent to him with a copy of chest X-ray findings — if significant — so that he may seek medical consultation where he has settled as a resident. He is also invited to call the Medical Director by telephone if additional details are needed. In a rare instance, arrangements have been made for the extremely ill terminee to have additional X-rays taken at an adjacent Naval facility. Copies of the correspondence or the content of the telcons are made part of the Out-patient Treatment Record.

clinical examinations — asbestos worker register

A special register has been maintained of all personnel manifesting changes on chest radiography indicative of asbestos-related disease at one stage or another. Included also are welders or pipefitters who may not have manifested asbestotic changes. This register provides constant information as to the status of all exposed personnel who have been or currently are exposed to asbestos products. In addition, in the second segment of the register, a list is

maintained of all personnel demonstrating normal chest X-rays. Further, as part of the register, the Medical Director retains copies of death certificates, insofar as he has been able to acquire them, of Shipyard employees who died from asbestosis or an asbestos-related disease, such as carcinoma of the lung. Copies of forwarded reports on selected patients from the University consultant are maintained with the register.

clinical examination — special consultation

Nearly two years ago, a special arrangement was made with the Office of Workers' Compensation Programs (OWCP), U.S. Department of Labor, in San Francisco, whereby the Medical Director at Long Beach Naval Shipyard was granted authority to refer certain asbestos workers for extensive clinical evaluation. The primary examiner selected, among others, is Professor of Medicine and Chief of the Pulmonary Disease Service, School of Medicine, University of Southern California, Los Angeles. He is an internationally recognized authority in pulmonary disease, and has one of the most outstanding laboratories in the western states. After preliminary examination, the Medical Director will refer the patient and will receive a five- or six-page detailed report of his findings, subsequent to interpretation of a clinical history, medical examination, chest radiography, and multiple pulmonary function studies. The report along with appropriate other documents will be sent to the OWCP, which will accept the report, and consider the study definitive and the statement of cause and work relationship as clinically and administratively sound.

The workers who are referred for this special kind of evaluation are those persons who are disabled, or who are considering retirement, or who have an admixture of work-generated and non-occupationally caused pulmonary findings, wherein a separation must be made of the effects of each causative agent. An example of the latter would be a patient with extensive pulmonary emphysema who shows, in addition, pleural or interstitial asbestosis.

On receipt of the report from the consultant, the patient is called into the office of the Medical Director and a full interpretation of every aspect

of the study is carried out. The employee is given a copy of the report and it is on these occasions where the worker's wife may accompany the individual. At these sessions, also, if the patient is sufficiently disabled, full explanation of the retirement options is given.

At the time of the inception of this special evaluative procedure, a clarifying meeting was held with representatives of the Metal Trades Council (MTC), and their complete support has been obtained at all times. If, in the consultant's opinion, the asbestos worker is in need of treatment, a copy of the report will be forwarded to the physician he selects for this purpose. At the time of this visit, the names of Board-certified pulmonary disease specialists close to the patient's residence are given for his choice.

To date, approximately 66 workers have been studied at the University of Southern California, and elsewhere, and appointments are pending at a rate of one per week through the next three months. The referral form used for such employees involves the completion of a history, physical examination, and report of laboratory findings. A copy of the completed referral form is maintained in the Outpatient Treatment Record. Frequent telephone conversations with the consultants are held for clarification of specific clinical findings or details needed for interpretation to the patients once seen and who are still working in the Shipyard.

clinical examination — special consultation by mail and telephone

At the request of certain asbestos workers, chest films will be forwarded to Irving J. Selikoff, M.D., Department of Community Medicine, Mount Sinai School of Medicine, New York City, who is a recognized authority on the medical effects of asbestos. These workers wish authoritative review of their films and frequently may not be satisfied with interpretations given locally. Only in a rare instance, in the past, has there been disagreement between Dr. Selikoff and the radiologist who reviewed the films. There is never any hesitancy in forwarding the films for, were this to take place, the credibility of the medical facility would be suspect of parochialism. Frequent telephone conversations are held with Dr. Selikoff in which new issues are

presented for discussion and guidance obtained relative to problems in placement, interpretation, records, and the like.

clinical examination — special survey

In June 1977, a special chest X-ray survey was conducted of 500 persons who comprised a percent representative sample of the 500 persons involved in production at the L. Beach Naval Shipyard. Of the numbers studied, 316 were normal (63.1%), 153 (30.6%) demonstrated positive findings related directly to changes secondary to the inhalation of asbestos fibers, and 32 (6.4%) showed findings unrelated to asbestos but demonstrative of other pathologic changes in the lungs or in the heart such as diaphragmatic hernia, pulmonary emphysema, and the like. A few subjects show combinations of pulmonary changes, both occupational and nonoccupational in origin. Correlations have been carried out of the survey with the variables of age, sex, length of Shipyard service, and work location. In the survey, one employee with previously undetected cancer of the lung was found, and one person demonstrated a rare bone disease currently undergoing diagnostic scrutiny. Of the 18 women surveyed, two showed findings indicative of asbestos changes. As a result of the survey, the Shipyard Commander directed a comparable review of all other persons in the Shipyard, a total of approximately 600 workers who had not had X-rays during 1977.

clinical examination — total survey

Beginning 31 October 1977, all remaining personnel of the Shipyard who have not had chest X-rays completed in the calendar year 1977 were scheduled for chest radiography, consisting solely of a single PA view. If findings were questionable or were in need of greater definition, additional views were obtained. At the time of writing, approximately 500 individuals have been seen, at an average of slightly more than 100 per day. This survey should be completed shortly. Correlations will be made on completion of the survey as follows: positive findings as related to age, sex, work location, smoking history, and length of service. The findings from the study will be offered

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social survey

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state report. The survey is characterized by
unusual cooperation of the Metal Trades
Council, AFL-CIO, the Shipyard, and the
NRCMC, Long Beach. It is only through such a
continuing cooperative effort among these
individual bodies that a medical surveillance
program of this type can succeed.

worker education

While it is necessary to know the health status of
workers at special risk, the effort becomes
ineffectual if the results are maintained
unilaterally. It is essential that the members of
work force under clinical study be informed
of the findings and be apprised of the nature of
the risk attendant upon their job assignments.

Although it is mandated by the Occupational
Safety and Health Act of 1970 that employees be
educated in the health aspects of their work
contacts, activities in such training can be
extended as to alleviate much of the anxiety
manifested by those persons who fear asbestosis.
Much rumor is rampant. Some workers equate
asbestotic change with cancer, while others
avoid chest radiography in fear of what might be
discovered. To a great number, notification that
pulmonary fibrosis is present is interpreted as
equivalent to an order that they immediately
must retire and move to Arizona.

It is this kind of misinformation and
erroneous belief systems that must be altered,
and such change can only be effected by a warm,
sincere, dedicated information exchange
between the clinical monitors and the
monitored. The program in education takes
many configurations.

worker education — individual

Certain individual asbestos workers have their
examination findings reviewed by the Medical
Director so that interpretation and counseling
can be offered to those at particular risk of
fibrogenic lung disease. At these sessions, both
normal landmarks and pathologic findings, as
seen in the chest films, are demonstrated to the
employee, the pulmonary function findings are
translated into understandable terms, and he is
counseled as to his work status, e.g., remain at
current work in the Shipyard, seek modified or
alternative employment, consider a special

consultative examination if symptoms or length
of service warrant, consider disability retirement
under U.S. Civil Service Commission
regulations, or consider compensable disability
retirement under the U.S. Federal Employees'
Compensation Act. Infrequently, an employee
will bring with him his spouse, and occasionally
his child, so that there will be family
understanding of the interpretation of his health
status. The family session is ideal, for it is our
experience that the employee's wife usually asks
more significant or penetrating questions than
does the worker himself. On the conclusion of
these sessions, the employee is given a copy of his
chest film interpretation and a duplicate of the
reported results of his pulmonary function
evaluation.

work history

As part of the individual review with the exposed
asbestos worker, a complete work history is
obtained if his chest X-rays for the first time
disclose findings indicative of one form or
another of asbestos-related disease. It is of
interest that in the past few months, the Metal
Trades Council has been in the process of
developing a medical history form, and several
lengthy medical histories have been obtained by
officers of the Council in an effort to aid their
members in documenting their Shipyard work
exposure.

worker education — special employee groups

In keeping with a Navy requirement, at a six-
month frequency the insulators along with their
foremen, attend a training program in divided
groups. In sessions lasting 1-1/2 to 2 hours,
either slides or a film on asbestos use are shown;
updated knowledge of asbestos and asbestos
diseases is offered, and questions which are
submitted in advance are answered by members
of a panel which may include one or more or all
of the following: the Shop Superintendent, the
General Foreman, the Safety Director, the
Industrial Hygienist, and the Medical Director.
A question-and-answer period allows
interchange of information. Of significance to
these workers is not only the potential hazard of
asbestos, but also the potential toxicity of

adhesives and other materials used in lagging. The content is varied from a review of the disease potential, to X-ray findings, to a description of sample collection and fiber counting, to a history of the use of asbestos, to a review of the total surveillance program. An effort has been made to vary the content of each presentation so as to maintain interest for both old and new shop members. At a recent session, the workers were given a complete demonstration of the variety of X-ray findings. Further, the Industrial Hygienist explained the procedures involved in sample collection and fiber counting. The Safety Department representative reviewed the Shipyard's new Asbestos Control Manual which calls for stringent work practices regarding the removal of asbestos. At the same session, the results of the special chest survey were delineated.

Because of the increasing number of positive X-rays returned on Shipyard personnel, a system has been instituted, in keeping with the meetings with employee groups, on coding of the significant findings. Those employees with comparable levels of findings are met with in groups of approximately 40-60 persons for a presentation of the X-rays and other findings applicable to that group. Each worker attending is given a copy of his report, the terms encountered are defined for his and his physician's use, and he is given printed material on asbestos. The sessions provide opportunity for questions and answers relative to asbestos and the clinical conditions resulting from working with that material. This format will continue to be used in the future for the relaying of information and for the opportunity of the workers to meet directly with the Medical Director. During the survey of the entire shipyard, these meetings have been held weekly.

worker education — executive management

Periodically, the Medical Director appears before one of the daily meetings of the Group and Shop Superintendents, the top civilian executive group of the Shipyard. In addition, several of the military heads are in attendance. In these meetings, the problem of asbestos is discussed and at one session, examples of all of

the pertinent chest X-ray findings demonstrated to the group. The various pathologic changes was presented, and a particular meeting led to a voluntary request for chest films by about 50 percent of the superintendents; eventually all of the superintendents participated. At the weekly meeting conducted by the Shipyard Commander, information is provided relating to medical surveillance of asbestos workers, and both civilian and military managerial personnel can be kept current as to the significance of the studies.

worker education — first-line supervisors

In the past 3-1/2 years, subsequent to initiation of the new shipyard effort in occupational health, the Medical Director has been regularly scheduled for inclusion in supervisors' training program, a week-long, hour-a-day series of sessions held for foremen and general foremen. Included in the presentation is information about asbestos findings of clinical surveillance, the need for managerial enforcement of protective measures, and emphasis on the importance of the supervisor's knowledge in disease prevention. These presentations led to some 60 percent of each group attending (average number of persons per session is 25) requesting voluntary current chest radiography, prior to the survey. The supervisors are intensely interested in the material because most of them, as indicated previously, have had long periods of service in this, or other, shipyards.

worker education — new employee orientation

Within the past few months, an orientation program for new employees — those individuals hired during the previous 30 days — has been instituted and both occupational health nurse and industrial hygiene representatives make presentations to the group. The significance of medical surveillance is emphasized, as is the need for continuing chest radiography during the period of employment. Questions presented by the new employees are responded to so that much clarification of an issue can be afforded if possible.

... findings were... The variety... presented, and... voluntary request... 50 percent of the... actually all of the... At the weekly sta... Shipyard Command... relating to the... asbestos workers so the... managerial personnel... the significance of our

first-line supervision

... subsequent to the... shipyard effort in... Medical Director has... for inclusion in the... program, a week-long, 8-... held for foremen... Included in the... about asbestos... the need for... protective measures... importance of the... disease prevention... some 60 percent of... average number in a... voluntary current chest... the survey. The... interested in the... them, as indicated... periods of service at

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interdepartmental communication

... that all occupational safety and health... in the Region be familiarized with the... surveillance program, a review of the... asbestos and asbestos-related disease situation... by the Medical Director at each... Monthly Occupational Safety and Health... These meetings, held at different... locations within the region, are attended by... physicians, nurses, industrial hygienists, safety... factors, union representatives, and... suppressive personnel from both civilian and... military components. After the mid-morning... break, which follows a special guest speaker... material, or the progress being made with... main aspects of the surveillance program, is... presented to the group. For example, just... recently, the writer was apprised of the death of a... former asbestos worker from the Long Beach... Naval Shipyard, who at the time of death, had... cause of death recorded as congestive heart... failure. Autopsy showed carcinoma of the lung... with metastases to bone, the liver, and all nodes... the lungs were complete with asbestos bodies... the pleura was remarkably thickened, and tumor... present at the site of that thickening. These... findings were reviewed at a subsequent meeting... a procedure typical of the method of updating... personnel as to the asbestos situation.

Monthly staff meetings are held for Branch... personnel, and professional staff meetings... held with the same periodicity. At each of... these meetings, personnel are informed of events... the asbestos surveillance program. At a recent... monthly meeting, a presentation was made... descriptive of the asbestos removal project at a... shore facility of the Navy. The planning and the... precautions used were extraordinarily in parallel... with the measures used aboard ship in the... removal of insulation.

interdepartmental communication

... During 1975, an Occupational Health Advisory... Committee was appointed at the Long Beach... Naval Shipyard. The Committee members... present the Employee Relations Division of the... Industrial Relations Office, Safety Office... military personnel, management, and employee... At the monthly meetings of this... committee, the representatives are informed of

the progress being made in medical surveillance... in patient progress (anonymously), and with any... new surveillance activity relating to this type of... work exposure. Trade union representatives... convey the gist of these reports to their... constituents, and by means of minutes, the... Shipyard Commander and others are kept... apprised of developments.

extramural communication

The Medical Director remains in touch with... personnel involved in special studies, such as... those conducted at the other Naval shipyards... gaining information either through the Medical... Directors or representatives of the trade unions... Representative samples of workers have been... studied at other activities and the Medical... Director attempts to remain current in his... knowledge of the results of such studies. For... example, data are on hand of a recent study at a... west coast shipyard and at a northeast facility in... the private sector, which will serve as a good... basis for comparison with the results of the total... Long Beach study.

environmental surveillance

Industrial hygiene control measures are... executed at the Long Beach Naval Shipyard in... the form of environmental measurements... consisting of sample collection and fiber... counting of such samples. The method of... measurement consists of the use of a membrane... filter, 400 to 450 magnification, with phase... contrast illumination, and with the sample... mounted in a high viscosity solution of the... membrane filter material. Sampling is... undertaken in those work compartments aboard... ship where rip-out is being undergone. Records... of such monitoring are maintained in the... Industrial Hygiene Laboratory and in the office... of the Medical Director. Hundreds of such... reports are of file, dating from late 1975... Measurements are made on request from... management, the Metal Trades Council or, in... some instances, from individual workers. The... reports of findings are forwarded to the... originator of the request, the Metal Trades... Council or other employee groups if indicated... the Safety Office, the NRM, Long Beach, and... to other managerial personnel who should be

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apprised of the findings; recommendations are made for control measures when necessary. The Industrial hygienist and Industrial hygiene Chemist have sought knowledge of compliance with recommendations, and notes regarding compliance or noncompliance are entered into subsequent inspection reports when the environmental caseload permits re-investigation.

During the past few weeks through the cooperation of the Production Officer, personnel from one of the shops have been trained to collect air samples for fiber counting in the Industrial Hygiene Laboratory. In addition, certain of the group have been trained in actual counting itself. Through this kind of paraprofessional extension, more samples will be obtained which will permit greater compliance with environmental testing requirements. This personnel will continue to be trained by the Industrial Hygienist and the monitoring which they will conduct will be under the supervision of the Hygienist.

manual on policies and procedures

The Manual for the Branch Clinic, which has been prepared in part, will include procedures relative to the entire asbestos surveillance program. The details of the examination process will be entered, and all of the administrative steps will be described.

participation in control program

The Director and other members of the Branch Clinic staff participate in control programs with Production and Safety personnel. Recommendations have been made regarding respiratory protection, wet-process sanding and cutting, laundry of work clothing, substitution of alternative safe materials, and posting of caution signs. The issue of environmental pay has been left entirely to the Industrial Relations Office, as this is a matter of negotiation, and not scientific rationalization. When opinions are sought regarding any aspect of asbestos toxicity, the issue is reviewed with the Department seeking aid.

literature file

Annotated files of the professional literature on asbestos are maintained and currently number many hundreds of articles relating to the clinical, industrial hygiene, analytic, epidemiological, engineering control, and personal hygiene aspects of work with free asbestos. Included in the collection are those textbooks devoted to the subject of fibrosis, lung disease. Nearly all of the publications emanating from H.M. Dockyards are at hand.

the future

extension to the fleet

A meeting has been held with the medical department representatives from the ships currently in port at which a presentation was made on asbestos and asbestos-related diseases. This kind of session represents an orientation program of fleet personnel to the environmental and medical surveillance needs in work with asbestos.

research projects

Plans are being made currently for the preparation of a research protocol for a multi-year research project to be carried out at Long Beach Naval Shipyard with both Navy and extramural funding. Efforts will be made to define the problem in light of all epidemiologic variables, and an extensive program in worker education will be developed, executed, and evaluated. Special audio-visual aids will be made so that the education program will be extended to employees in crafts other than that of insulator. The aids will be updated as indicated, and at the present time various organizations are being solicited for materials to be used in this aspect of the program. Further plans are being made for the utilization of x-ray processing in the establishment of a call-in roster of employees by asbestosis status, and maintenance of records relating to both recent retired and present employees. Considerable appropriate to this project are in preparation.

discussion

A program of this dimension attains several objectives. It provides display of the health status of the asbestos workers at risk, it brings

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press statements. The truth is
stirring of the emotions without the
inflammatory editorial comments.

provision of all available information to
involved employee is an apprehension-
ing act in itself, for he is assured that no
material re his health is held back. His
are open to him, and he is free to take
reports to his own physician.

Surveillance, education, and conjoint
medical-management-labor efforts in disease
control can spell the eventual ridding of a
potentially disabling occupational disease.

summary

The surveillance program of asbestos workers at
the Long Beach Naval Shipyard consists of a
variety of clinical examinations and
consultations; educational efforts targeted
toward individual patients and groups;
environmental measurement; maintenance of
pertinent monographic and periodic literature;
and records and report maintenance.

Accepted July 24, 1978

new industrial hygiene consultant's specialty codes added . . .

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employees. Code
are in preparation

use of a growing demand, two new
specialty code designations will be available
in June, 1979 and future published
lists of industrial hygiene consultants.

Industrial hygiene chemistry, coded 5A,
and respiratory protection, coded 10A, are
the new specialties. The "A" designations
have been assigned to avoid disturbing long
established relationships of present code
letters to particular specialties.

Those presently listed as consultants who
wish to add either or both new specialty
codes to their present listings should write to
the editor, American Industrial Hygiene
Association JOURNAL, 475 Wolf Ledges
Drive, Akron, OH 44311 NO LATER THAN
APRIL 1, 1979, the deadline for additions or
changes in the listings to be published in the
June 1979 issue. New listings MUST be
received by the same date.

Billing for June and December, 1979
listings will be mailed in January, 1979. In
fairness to individuals placing listings up to
five lines deep, carrying name, street
address, city/state/zip, phone number and
one line of code designations, billing will be
based on the five-line basic standard. Deeper
listings (six or more lines) will be billed for the
five-line base charge, plus 20% additional for
each added line. Billing for a nine-line listing
will be the base charge X 180%. Payment
MUST BE RECEIVED by the April 1
deadline to assure June publication.

All additions, changes or new listing
requests **MUST** be in writing. Telephone
instructions **CANNOT** be accepted.

Only national or organizational members
of AIHA, in good standing, are eligible to be
listed as consultants in the JOURNAL's
semi-annual (June and December) listings.

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