



Control approach R



This guidance sheet is for **employers** to help them comply with the requirements of the Control of Substances Hazardous to Health Regulations 2002 (COSHH) by controlling exposure to chemicals and protecting workers' health.

The sheet is part of HSE guidance *COSHH essentials: easy steps to control chemicals*. It describes the key points you need to follow to help reduce exposure to an adequate level. It is important to follow **all** the points, or use equally effective measures.

Work with sand creates silica dust. Crystalline silica can cause serious respiratory diseases including cancer.

Control approach R (respiratory protective equipment) with control approach 2 (engineering control) is recommended to control dust and fume from knock-out tasks.

You need also to control exposure to noise.

For environmental advice see Further information on the back page.

Dust and fume in knock-out, shakeout and attrition

Respiratory protective equipment

FD06

Access

- ✓ Restrict access to those staff who need to be there.

Design and equipment

- ✓ Respiratory protective equipment (RPE) is needed for manual knock-out.
- ✓ Control dust and fume with extracted knock-out tables, booths and attrition machinery.
- ✓ Where possible, fit flexible strips to the front of the shakeout enclosure.
- ✓ You need an air speed between 1 and 1.5 metres per second into the enclosure and at the down-draught knock-out table.
- ✓ Make sure a manometer or pressure gauge is fitted near the extraction point, to show that the extraction is working properly.
- ✓ Always confirm that the extraction is turned on and working at the start of work. Check the gauge.
- ✓ Discharge cleaned, extracted air to a safe place outside the building, away from doors, windows and air inlets.
- ✓ Have a supply of clean air coming into the workroom to replace extracted air.
- ✓ To reduce exposures, have workers work to one side of the enclosure.
- ✓ Ensure workers stand away while rumbling is underway.
- ✓ Consult a qualified ventilation engineer to design new control systems (see Control guidance sheet FD14).

Maintenance

- ✓ Follow instructions in maintenance manuals.
- ✓ Keep equipment in effective and efficient working order.
- ✓ Repair faulty extraction systems immediately. Meanwhile, wear respiratory protective equipment (RPE).
- ✓ Sand is very abrasive and plant wears out quickly. Plan regular maintenance.

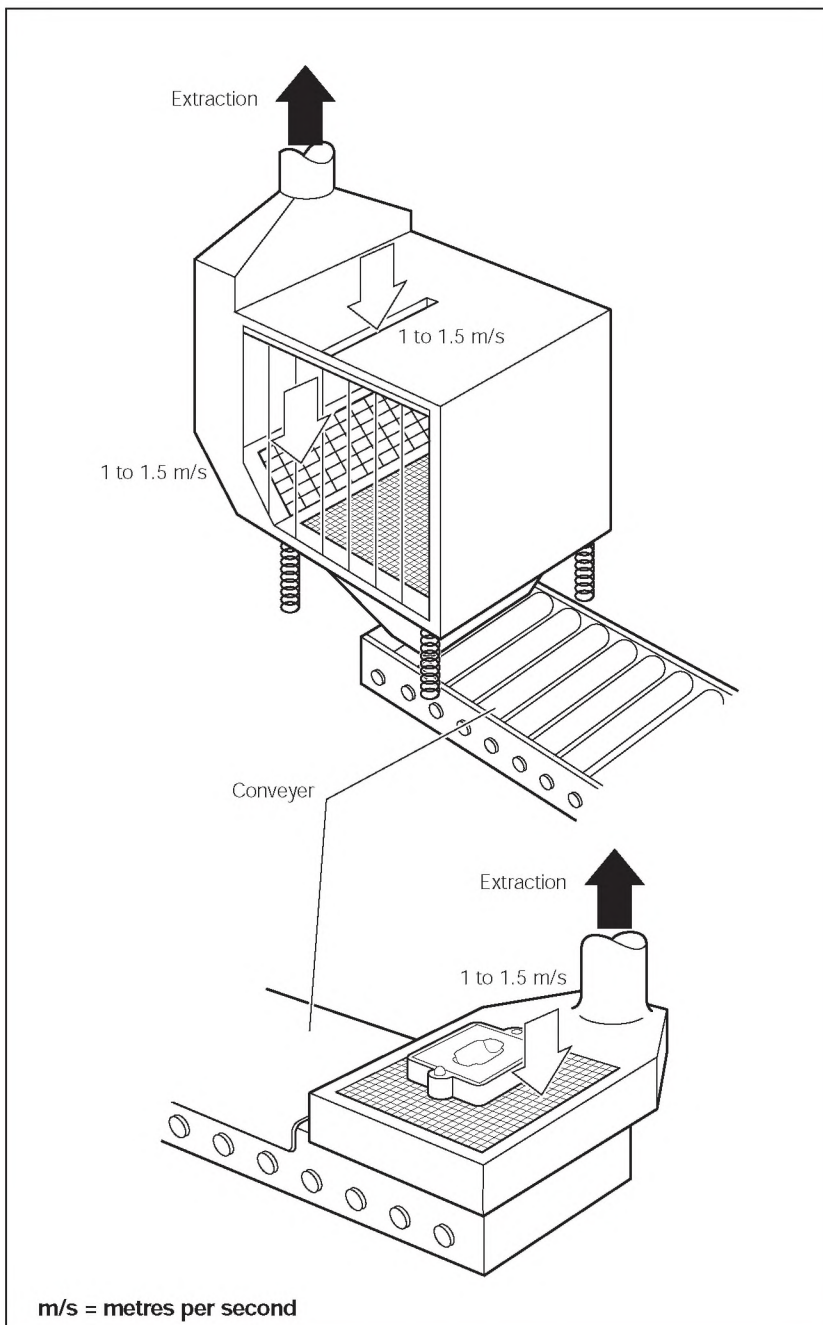
Examination and testing

- ✓ Look daily for signs of damage to the ducting, fan and air filter. Noisy or vibrating fans can indicate a problem. Repair damage immediately.
- ✓ At least once a week, check that the extraction system and gauge work properly.
- ✓ You need to know the manufacturer's performance specification to know if extraction is working properly.
- ✓ If this information isn't available, hire a competent ventilation engineer to determine its performance.
- ✓ The engineer's report must show the target air speeds.
- ✓ Keep this information in your testing logbook.
- ✓ Get a competent ventilation engineer to examine the system thoroughly and test its performance at least once every 14 months (see HSE publication HSG54).

- ✓ Keep records of all examinations and tests for at least five years.
- ✓ Review records to see if there are failure patterns that make planning maintenance easier.

Cleaning and housekeeping

- ✓ Every day, clear up accumulations of dirt in areas where people work all the time.
- ✓ Clean general workrooms once a week to stop dust being stirred up and to reduce slips.
- ✓ Use a Type H vacuum cleaner fitted with a HEPA filter to clear up dust.
- ✗ Don't clean up with a brush or with compressed air.
- ✓ Shovel large spills carefully to avoid stirring up dust.
- ✓ Deal with spills immediately. This needs coveralls, a respirator and single-use gloves.



Personal protective equipment (PPE)

- ✓ Ask your safety-clothing supplier to help you get the right PPE.
- ✓ Respiratory protective equipment (RPE) is needed for manual knock-out, maintenance and cleaning, and for clearing up spills.
- ✓ Use a P3 standard of RPE (Assigned Protection Factor 20). Consult your supplier for advice.
- ✓ Replace RPE filters as recommended by your supplier. Throw away disposable masks after one use.
- ✓ Keep RPE clean and store it away from dust.
- ✓ Protective gloves are needed to help prevent injuries.
- ✓ Skin creams are important for skin protection and help in washing contamination from the skin. These are **not** 'barrier creams'. After work creams help to replace skin oils.
- ✗ Never allow compressed air use for removing dust from clothing.
- ✗ Workers must not take their coveralls home for washing. Use a contract laundry.

Health surveillance

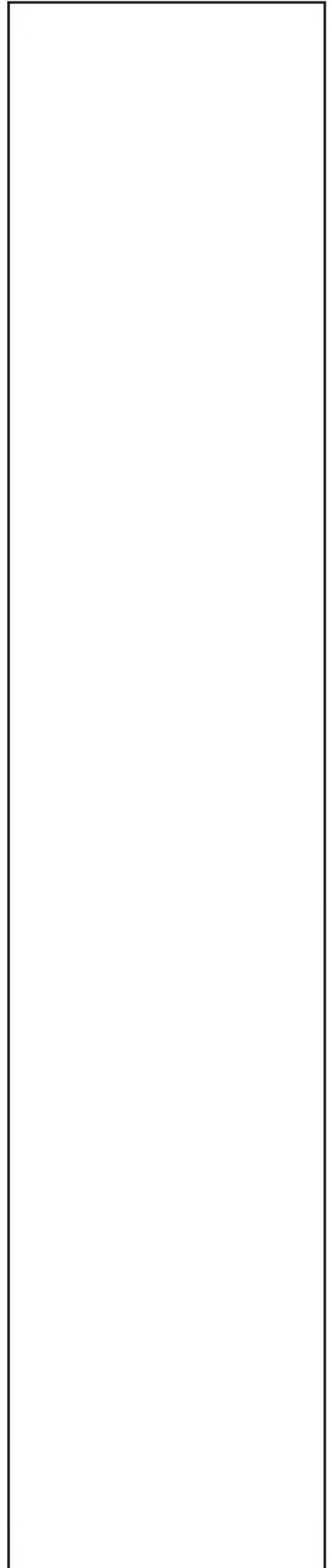
- ✓ Consider health surveillance for lung function and other health effects.
- ✓ Consult an occupational health professional (see Further information).

Training

- ✓ Tell your workers that foundry fume is hazardous to health when breathed in.
- ✓ Silica dust from work with sand can cause serious lung diseases.
- ✓ Provide health and safety training. Include supervisors and managers.
- ✓ Ensure training includes how to keep exposures low; how to check that the extraction system is working; how to use and look after PPE and RPE; and what to do if something goes wrong.

Supervision

- ✓ Check that the extraction is working properly; PPE is being used properly; and the rules on personal hygiene are being followed.
 - ✓ Ensure the health surveillance programme is being carried out for everyone that needs it.
 - ✓ Ask your workers to check their skin for dryness or soreness every six months. If these effects appear, check the proper use of skin creams and PPE.
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Further information

- *Maintenance, examination and testing of local exhaust ventilation* HSG54 (Second edition) HSE Books 1998 **ISBN 0 7176 1485 9**
- *An introduction to local exhaust ventilation* HSG37 (Second edition) HSE Books 1993 **ISBN 0 7176 1001 2**
- *The selection, use and maintenance of respiratory protective equipment: A practical guide* HSG53 (Second edition) HSE Books 1998 **ISBN 0 7176 1537 5**
- *Controlling airborne contaminants in the workplace* Technical Guide TG7 British Occupational Hygiene Society 1987 **ISBN 0 9059 2742 7**
- Health and safety consultants: the BOHS Faculty of Occupational Hygiene keeps lists of qualified hygienists who can help you. Contact BOHS on 0133 229 8087 or at www.bohs.org/
- Occupational health professionals: details of doctors and nurses can be found in the Yellow Pages under 'Health and safety consultants' and 'Health authorities and services'. Also visit the NHS website at www.nhsplus.nhs.uk

Depending on the scale of work, releases into the atmosphere may be regulated within the pollution prevention and control (PPC) framework. You should consult your local authority or the Environment Agency. In Scotland, consult the Scottish Environment Protection Agency (SEPA). They will advise you if PPC legislation applies to your company, and about air cleaning and discharging emissions into the air. Otherwise, minimise emissions into the air.

Employee checklist

- ☐ Always follow the standard operating procedures.
- ☐ Is the extraction switched on and working properly?
- ☐ Check the gauge.
- ☐ Look for signs of leaks, wear and damage.
- ☐ Check that your RPE works properly every time you put it on.
- ☐ If you find any problems, tell your supervisor. Don't just carry on working.
- ☐ Co-operate with health surveillance schemes.
- ☐ Use, maintain and store your PPE in accordance with instructions.
- ☐ Clear up spills immediately.
- ☐ Wash your hands before and after eating, drinking, smoking and using the lavatory.
- ☐ Never use solvents to clean your skin.
- ☐ Use skin creams provided as instructed.



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