4. Measure up net outside wall, glass and roof next to heated spaces, as well as any cold walls, floors or ceilings next to unheated space. Such measurements are made from building plans, or from the actual building.

5. Compute the heat transmission losses for each kind of wall, glass, floor, ceiling and roof in the building by multiplying the heat transmission coefficient in each case by the area of the surface in square feet and the temperature difference between the inside and outside air. (See Items 1 and 2.)

6. Select unit values and compute the heat equivalent of the infiltration of cold air taking place around outside doors and windows. These unit values depend on the kind or width of crack and wind velocity, and when multiplied by the length of crack and the temperature difference between the inside and outside air, the result expresses the heat required to warm up the cold air leaking into the building per hour. (See Chapter 5.)

7. The sum of the heat losses by transmission (Item 5) through the outside wall and glass, as well as through any cold floors, ceilings or roof, plus the heat equivalent (Item 6) of the cold air entering by infiltration represents the total heat loss equivalent for any building.

Item 7 represents the heat losses after the building is heated and under stable operating conditions in coldest weather. Additional heat is required for raising the temperature of the air, the building materials and the material contents of the building to the specified standard inside temperature.

The rate at which this additional heat is required depends upon the heat capacity of the structure and its material contents and upon the time in which these are to be heated.

This additional heat may be figured and allowed for as conditions require, but inasmuch as the heating system proportioned for taking care of the heat losses will usually have a capacity about 100 per cent greater than that required for average winter weather, and inasmuch as most buildings may either be continuously heated or have more time allowed

TABLE 1. WINTER INSIDE DRY-BULB TEMPERATURES USUALLY SPECIFIED[a]

TYPE OF BUILDING	DEG FAHR	TYPE OF BUILDING	DEG FAHR
SCHOOLS		THEATERS—	
Class rooms	70–72	Seating space	68–72
Assembly rooms	68–72	Lounge rooms	68–72
Gymnasiums	55–65	Toilets	68
Toilets and baths	70		
Wardrobe and locker rooms	65–68	HOTELS—	
Kitchens	66	Bedrooms and baths	70
Dining and lunch rooms	65–70	Dining rooms	70
Playrooms	60–65	Kitchens and laundries	66
Natatoriums	75	Ballrooms	65–68
		Toilets and service rooms	68
HOSPITALS—			
Private rooms	70–72	HOMES	70–72
Private rooms (surgical)	70–80	STORES	65–68
Operating rooms	70–95	PUBLIC BUILDINGS	68–72
Wards	68	WARM AIR BATHS	120
Kitchens and laundries	66	STEAM BATHS	110
Toilets	68	FACTORIES AND MACHINE SHOPS	60–65
Bathrooms	70–80	FOUNDRIES AND BOILER SHOPS	50–60
		PAINT SHOPS	80

[a]The most comfortable dry-bulb temperature to be maintained depends on the relative humidity and air motion. These three factors considered together constitute what is termed the *effective temperature*. (See Chapter 2.)

for heating-up during the few minimum temperature days, no allowance is made except in the size of boilers or furnaces.

INSIDE TEMPERATURES

The inside air temperature which must be maintained within a building and which should always be stated in the heating specifications is understood to be the dry-bulb temperature at the breathing line, 5 ft above the floor, or the 30-in. line, and not less than 3 ft from the outside walls. Inside air temperatures, usually specified, vary in accordance with the use to which the building is to be put and Table 1 presents values which conform with good practice.

The proper dry-bulb temperature to be maintained depends upon the relative humidity and air motion, as explained in Chapter 2. In other words, a person may feel warm or cool at the same dry-bulb temperature, depending on the relative humidity and air motion. The optimum winter *effective temperature* for sedentary persons, as determined at the A.S.H.V.E. Research Laboratory, is 66 deg.

According to Fig. 6, Chapter 2, for so-called still air conditions, a relative humidity of approximately 50 per cent is required to produce an effective temperature of 66 deg when the dry-bulb temperature is 70 F. However, even where provision is made for artificial humidification, the relative humidity is seldom maintained higher than 40 per cent during the extremely cold weather, and where no provision is made for humidification, the relative humidity may be 20 per cent or less. Consequently, in using the figures listed in Table 1, consideration should be given to whether provision is to be made for humidification, and if so, the actual relative humidity to be maintained.

Temperature at Proper Level: In making the actual heat loss computations, however, for the various rooms in a building it is often necessary to modify the temperatures given in Table 1 so that the air temperature at the proper level will be used. By *air temperature at the proper level* is meant, in the case of walls, the air temperature at the mean height between floor and ceiling; in the case of glass, the air temperature at the mean height of the glass; in the case of roof or ceiling, the air temperature at the mean height of the roof or ceiling above the floor of the heated room; and in the case of floors, the air temperature at the floor level. In the case of heated spaces adjacent to unheated spaces, it will usually be sufficient to assume the temperature in such spaces as the mean between the temperature of the inside heated spaces and the outside air temperature, excepting where attic temperature may be calculated as discussed later or where the combined heat transmission coefficient of the roof and ceiling can be used, in which case the usual inside and outside temperatures should be applied. (See discussion regarding the use of combined coefficients of roofs, attics and top-floor ceilings Chapter 4.

Attic Temperature: It is the practice in many cases to estimate the heat loss through top-floor ceilings by assuming the attic temperature to be the mean between the inside and outside temperatures. In the case of attics with thick insulations between the ceiling joists, the attic temperature will ordinarily be only a few degrees above the outside temperatures rather than the mean between the inside and outside temperatures.