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The Ship-builder
- Addendum

**PLAINTIFF'S
EXHIBIT**

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The issue of personal protection equipment to those employed on dangerous workplaces means no alteration in the hazard. Besides, it is a familiar fact that the most consistent program of safety gear affects only a fraction of the cause of accidents.

Also to be countered with resolute refusal are attempts to achieve "adjustment" to hazards and their avoidance by means of bonuses offered to individual workers or the labor force as a whole, as a reward for periods free of accidents. Such attempts should be resisted above all if their sole objective is to keep injured workers on the job, so as to evade the consequences emanating from insurance law.

All these measures become meaningful only when they are component parts of a program designed to ensure that dangers are realized and consistent action is taken to eliminate those hazards.

With an understanding for these facts, Western European union have drawn the following conclusions. Their efforts to achieve greater safety on the job are directed primarily to:

- A comprehensive investigation into the reasons for accidents.
- Safety analyses of jobs recognized as being dangerous.
- Detailed statistics of the causes of accidents, and,
- Establishment of comprehensive safety programs, adapted to the peculiarities of each plant.

The battle against accidents in the future lies as in many other spheres, in education and training, and in providing regular inspections and maintenance of equipment, testing new processes and substances before they are put into use, and above all ensuring that every employee contributes to the promotion of safety, knows his responsibilities and is thoroughly trained to perform his work in the right and safe way.

All employees have a part to play in the promotion of safety and one of the most effective ways of achieving this is through the machinery of a properly functioning union safety committee.

In some plants, the most obvious dangers continue to be ignored.

In many cases, the diseases now causing concern are those which show themselves many years after the first exposure to risk and perhaps only after minimal exposure to those materials which were the causes.

The first essential of healthy working environment is that the workplace should be kept clean and well ventilated. Industrial dust still remains a bane of industry. It is a problem of

industry rather than of medicine and can be satisfactorily solved only by those in control and whose decisions in the long run are responsible for creating it. All dust is physiologically harmful, although some dusts are more deadly than others. While it is difficult to maintain good health in dirty surroundings, the problem is made much more acute because the biologically harmful dust which has to be controlled to ensure safe conditions is in itself normally invisible as a dust cloud. Workers in plants can, therefore, be at risk in conditions which appear to the naked eye clean and satisfactory.

The problems of dust control are difficult, but the best control of dust is not to make it. The best method of preventing harmful dust entering the atmosphere is to use harmless materials in preference to harmful ones.

Asbestos is recognized as one of the most dangerous of all industrial poisons and inhalation of asbestos dust can cause asbestosis. Asbestosis is known as a progressive disease. Any silicosis in an ex-miner may fall away and not affect him after he leaves the industry. But asbestosis can linger, and kill workers many years after they have been exposed to asbestos dust.

One source states that 50% of asbestosis cases between 1961 and 1964 developed lung cancer. But asbestos dust can cause another malignancy - mesothelioma, a tumor known to attack not just asbestos workers, but relatives in contact with them, and people living near asbestos factories.

Low-level exposure to asbestos is thought to increase the possibility of pulmonary disease. Not only can someone totally unconnected with asbestos work become diseased; but it can strike many years after work with asbestos has been totally abandoned.

Medical opinion is pushing for study of working population that handles asbestos to discover exposure and the real dangers. In shipbuilding, it is used for bulkheads, which in accordance with the requirements of the International Convention for the Safety of Life at Sea, must be fire resistant. Those bulkheads are machined in joiners' shops, similarly to wood and generate a fine dust.

As fire-consciousness increases, builders may make wider use of asbestos for homes and other construction. This factor, plus the present weight of medical evidence and opinion, may hurry new asbestos regulations through, to give a greater proportion of Britain's working population protection from this deadly substance.

The most common noxious substance inhaled by everybody is dust. In large quantities it can be dangerous. Lungs will be harmed even when exposed to only small amounts of certain dusts such as ground silica or asbestos. Beryllium and radioactive dusts are also very poisonous.

Whilst the lungs have a tremendous capacity for mopping up foreign material, there comes a point when breathing becomes difficult and in middle age this is frequently followed by a bronchitic condition.

The suppression of dust is largely a matter of good housekeeping and this demands keeping the workshop clean and keeping the air fresh and clean.

Dust is produced by hundreds of industrial processes. Even the simple pedestal grinder produces great volumes of it.

As well as being breathed in, dust can also be swallowed with food and saliva and enter the system through the skin. However, most damage is done by inhalation.

There are many ways apart from exhaust ventilation to control dust. In most cases they are also simpler and more economic. For instance, a less harmful material may be used. This might also improve and speed up the process by doing away with the necessity of protective clothing.

Perhaps the process can be isolated, either by completely enclosing and changing from a dry process to a wet one may prevent air contamination.

Respirators are generally suitable only for intermittent or emergency use. They should be regarded as a last line of defense.

Where these steps are impracticable, local exhaust systems will have to be used. The most important part is the hood. If all the dangerous dusts, gases and vapours are not trapped, the system is not effective.

One of the most common specific diseases attributable to welding is metal fume fever, often caused through working on galvanized metal in poorly ventilated conditions. The symptoms are shivering, pains in the limbs, headaches, tightness in the chest and pyrexia, then a fall in temperature accompanied by sweating. The worker is only comparatively rarely absent from work the next day, although he may experience nausea, chest pains and lassitude on the day following the attack.

Serious complications are unusual, although the irritation to the respiratory system may sometimes be severe enough to be followed by pulmonary oedema and pneumonia.

Metal fume fever has been known to occur in other industries, especially where zinc fume may be inhaled, such as brass founding.

While zinc fume from welding galvanized metal, brass, etc. is the most common cause of the condition in welders, fume from other metals can produce the same symptoms, for example antimony, cadmium, chrome, cobalt, copper, magnesium, manganese, mercury, nickel, silver, tin, etc. Welders working with any of these metals or their alloys might conceivably, under certain conditions, suffer from metal fume fever.

Apart from the hazards of metal fume fever, other dangers of intoxication may arise in welding, chiefly from breathing fumes containing poisons derived from the metal or electrodes or their coverings.

Lead poisoning is probably the best known. The burning and welding of lead painted metal carry probably the highest risk of lead poisoning to any trade.

Manganese poisoning, although rare in welders, has occurred when alloy steel containing manganese was welded in confined spaces.

Cadmium fume exposure results in the typical symptoms of industrial cadmium poisoning, consisting of severe irritation of the respiratory tracts tending to be followed by pneumonia, pulmonary oedema and bronchitis. The symptoms are similar to those of metal fume fever but tend to be more marked and prolonged, with a greater tendency for serious complications to arise.