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CONTENTS

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WHAT THE EDITOR THINKS:

Putting Our Shoulders to the Wheel	269
The Kind of Christmas Presents That Help	269
Safety Has its Thanksgiving	270

ACCIDENT PREVENTION AND SAFETY:

Has Development of Safety Codes Helped Accident Prevention in Industry?—By Cyril Ainsworth	271
Often There is a Better Way	274
One Million Miles of Safe Bus Driving—By Herbert W. Hoover	275
Wood Products Company Operates over 400 Days Without an Accident	276
Proceedings of National Safety Congress ..	277
Some Representative Exhibits — National Safety Congress	279
Education as an Essential Factor in the Protection of Children and Pedestrians on the Streets and Highways—By Albert W. Whitney	281
Safety for the Boiler—By G. E. Sams	282
Common Causes of Industrial Accidents—By L. L. Spencer	283
Coal Mining Makes Excellent Safety Record ..	285

FIRE PROTECTION AND PREVENTION:

Precautions Against Freezing of Fire Extinguishing Appliances	287
Vocational Educator Advocates Courses for Fire Fighters	290
Fire Tests of Partitions	291
Heating Plant Fires	294
Reducing Industrial Fire Losses	295
Blasting Caps Cause Many Injuries to Children—By George G. King	297

HEALTH CONSERVATION:

Orderliness and Cleanliness in Mines—By J. A. Voss	298
Rheumatic Disease Among Industrial Workers	304
Curative Qualities of Violet Rays	305
Sickness Among Male Industrial Employees —By Dean K. Brundage	307
Men, Money and Sickness—By Philip P. Jacobs	308
Gas Hazards and How to Meet Them ..	311
What is Being Done to Protect the Eyes of Industrial Workers—By Lewis H. Carris ..	314
Skin Diseases from Brazilian Walnuts	316
The Very Least an Employer Should Know About Dust and Fume Diseases—By Frederick Willson, M. D.	317

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The Very Least an Employer Should Know about Dust and Fume Diseases

By FREDERICK WILLSON, M.D.

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THE harm wrought in industry by diseases due to inhalation of dust and fumes is, as yet, not so well recognized as are those visible injuries caused by industrial accidents. Nevertheless, the employer who has at heart the welfare of his workmen and the best monetary interests of his company should wish to have some information on this subject, that he may not err through ignorance of the danger of dust and fumes or of the liability under the law which he must always face.

Although industrial respiratory diseases are not included in Workmen's Compensation Acts in most states, employers are in no sense relieved thereby from their duty and responsibility. Probably one of the most indicative of recent opinions bearing on this subject is that of Judge Cutler sitting in the Supreme Court of the State of New Jersey. Judge Cutler said:

"It was the duty of the defendant company to exercise reasonable care that the place in which it set the deceased at work, and the system or method adopted by it for doing the work, should be reasonably safe for the plaintiff, and free from latent dangers known to the defendant company, or discoverable by an ordinary prudent master, under the circumstances. It was also the duty of the defendant company to exercise reasonable care and skill to provide safe machinery and appliances in which the deceased was employed, and in keeping such machinery and appliances in a reasonably safe condition for such use, including the duty of making inspections and tests at proper intervals while he was so employed. If the defendant failed to perform this duty, and the plaintiff contracted the disease from which he died by reason of such neglect, the plaintiff can recover unless the deceased assumed the risk of his employment, or was guilty of what the law terms contributory negligence."

The above opinion places great stress on "reasonable care" and, of course, no employer can observe reasonable care unless he has at least a little knowledge about the nature of dust and fume hazards.

It may be said, first of all, that large and heavy particles of earthy and metallic matter generally do not constitute a respiratory hazard, because such particles, being large, do not remain in suspension in the air and even when breathed by workmen are almost invariably

caught on the mucus membrane of the nasal and pharyngeal passages. Such large particles may unpleasantly dry the secretions, causing the workman to hawk or spit, but the inconvenience occasioned is so marked that the nose and throat are soon cleared of these large particles of dust. In other words, large dust particles continue a source of local irritation instead of lung irritation.

Foreign particles in the air become dangerous to human beings when their mass is so slight that they readily remain in suspension in the atmosphere. Such particles when subjected to measurement generally indicate a size under 5 or 10 microns (a micron equals 1/25,000") and are therefore so minute as separately to be invisible, although when in great concentration such dust can be detected in the atmosphere in the form of a cloud, and in the accumulations of powdery material which settle on everything and everywhere.

Under 5 microns in size dust particles readily pass through the mouth and nose, traverse the bronchial passages and lodge in the alveolar tissue, from which remote parts of the lung structure they cannot be dislodged by hawking or coughing.

Suspended matter in air may come under the classification of fumes as well as dust. Fumes signify, "Liquid or solid particles from 0.2 to 1 micron in diameter formed by physico-chemical reactions such as distillation, condensation and combustion. Acid mists, ammonium chloride, lead, zinc oxide, and the like, can be produced in the form of fumes."

Naturally, the more concentrated the quantity of dust and fume in suspension in the atmosphere the greater the danger to which the workman is exposed and the smaller the particles the greater the likelihood that entrance into the lung interstices will ensue. The size of particles in prolonged suspension in the air is more likely to be under 5 microns than over; probably the most dangerous sort of dust is that ranging from 2 microns to 0.5 micron, or smaller, because, as just stated, these impalpable particles readily remain in suspension in the air. The size of fume particles, as already given, ranges from 1 micron to 0.2 micron in diameter. In other words, the smaller the particles the greater the danger; unaware of this fact employers and workmen

cially warned, are prone to regard such dust as altogether harmless.

To the lay mind it seems strange that the human body reacts so differently to the character of these microscopic particles which find their way into the lungs. Some substances can be inhaled for considerable periods with comparatively slight physical effect, while other substances even on brief physical exposure tend to start inflammatory processes in the lung tissue, some kinds of which advance progressively, even if exposure ceases, until death results. All types of fine dust containing "free silica" as "quartz" are prone to set up inflammatory processes in the lung tissue, serious conditions which cannot be completely checked when once started and which result in much physical suffering and in premature death. Other dust and fumes entering the lungs may become absorbed into the blood stream and cause general poisoning with symptoms of bodily effect varying according to the toxicity of the substance. Long continued absorption of toxic dust and fumes often results in complete disability, ending in death.

Scientific knowledge of the results of dust exposure has not progressed far enough to exactly predicate the danger in every kind of dust and fume. The way for an employer is to regard all dust in industry as a hazard. Under best conditions it cannot help but be harmful to a degree, while under adverse conditions the shortening of life is almost inevitable.

We do know, however, that breathing of dust under the following conditions is seriously harmful:

Lead dust and fumes as found in smelting and burning operations, pottery manufacturing, painting, lead tempering, paint spraying, battery, rubber manufacturing and all other occupations in which lead is an essential material.

Arsenic dust and fumes as in smelting, manufacturing insecticides, spraying of fruit trees, and the like.

All kinds of operations in which dust of free silica is present, as granite cutting, stone crushing, sand pulverizing, sandblasting, the mixing of glass materials and glazes, and so on through a long series of industrial operations.

Asbestos and every operation in which it is used.

Fur cutting and felting (mercury poisoning).

The making and handling of spraying material with nicotine content.

Fumes of zinc and brass, from brass founding, smelting, autogenous welding, and other operations of like character in the presence of zinc. (In this group the results are unpleasant and temporarily incapacitating but not cumulative in effect.)

Besides the above operations, unpleasant results may follow exposure to such dusty conditions as cleaning of factory floors and walls in the presence of germ laden dust; threshing and cleaning of grain, and numberless other operations tending to introduce into the human system irritating and poisonous material.

Cooperation Between Employer and Employee

A REMARKABLE event has recently taken place at Endicott, New York, where 40,000 persons marched and 150,000 persons viewed the parade in celebration of fifty years' development of the Endicott Johnson Corporation, manufacturers of shoes.

George F. Johnson fifty years before located in Endicott with no other assets than health, youth and ambition to begin work at the bench in a small shoe factory. Today Mr. Johnson is chairman of the board of the Endicott Johnson Corporation which employs 17,000 workers with a productive capacity of 135,000 pairs of shoes per day and running at capacity at a time when practically the whole world is in the depths of an economic depression. This "Golden Jubilee" celebration of the Endicott Johnson workers was honoring George F. Johnson. The whole community joined in the celebration.

Mr. Johnson has always considered himself as one of the Endicott Johnson associate workers. He has been the pilot in this great organization and has been not only untiring in advancing the Endicott Johnson Corporation to a position of leadership in the shoe industry.

Secretary of Labor Doak, United States Senator Wagner, Congressman John D. Clark and many other distinguished citizens were present and expressed their admiration for what George F. Johnson's life has represented as a great industrial builder, as a great humanitarian, and in maintaining prosperity and happiness to many thousands of families.

This is the type of industrial leadership which any company or community is fortunate to possess, the type that does not fail and even in the hardest times of business depression keep the working force employed and safeguards the community from the suffering of unemployment.

Old Man Accident Says:

"With Carefulness, I Cannot
Succeed; with Carelessness I
Cannot Fail"