

Minnesota Department of Health
Fish Consumption Advisory Program
April 2008

MEAL ADVICE CATEGORIES BASED ON LEVELS OF MERCURY IN FISH

	<u>Level of Mercury in Fish (ppm)</u>	<u>Meal Frequency</u>
Women not planning to become pregnant and men	< = 0.16	Unrestricted
	> 0.16 – 0.65	1 meal / week
	> 0.65 – 2.8	1 meal / month
	> 2.8	DO NOT EAT

Pregnant women, women who may become pregnant, and children under age 15	< = 0.05	Unrestricted
	> 0.05 – 0.22	1 meal / week
	> 0.22 – 0.95	1 meal / month
	> 0.95	DO NOT EAT

MEAL ADVICE CATEGORIES BASED ON LEVELS OF PCBs IN FISH

<u>Level of PCBs in Fish (ppm)</u>	<u>Meal Frequency</u>
< = 0.05	Unrestricted
> 0.05 – 0.22	1 meal / week
> 0.22 – 0.95	1 meal / month
> 0.95 – 1.89	1 meal / 2 months
> 1.89	DO NOT EAT

MEAL ADVICE CATEGORIES BASED ON LEVELS OF PFOS IN FISH

<u>Level of PFOS in Fish (ppb)</u>	<u>Meal Frequency</u>
< = 40	Unrestricted
> 40 - 200	1 meal/ week
> 200 – 800	1 meal / month
> 800	DO NOT EAT

**Exhibit
2579**

State of Minnesota v. 3M Co.,
Court File No. 27-CV-10-28862

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