

To: Hupp, Millan[hupp.millan@epa.gov]
From: GEHA
Sent: Fri 8/4/2017 6:01:10 PM
Subject: Earn rewards and get a free health screening

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Don't miss out on free screenings and rewards in 2017

As a GEHA health plan member, you and one covered dependent have the opportunity to complete a FREE biometric health screening to earn \$75 in Health Rewards points, which can be redeemed for your choice of health and wellness-related items at the online FSAstore.

A biometric screening is a quick and easy way to identify your risk for diseases and medical conditions like heart disease, hypertension and diabetes. It's this simple:

- A health examiner will conduct your confidential screening in the comfort of your own home, at your workplace, or at one of the 2,200 Quest Diagnostics Patient Service Centers nationwide.
- You choose the time and location that is convenient for you.
- Once you've taken your biometric screening you will receive an email within 6 weeks with a link to redeem on fsastore.com/gehahealthbalance. You can use the \$75 credit for any items sold on the site.

Call our health screening partner, ExamOne, at (888) 234-1314 or visit geha.com/screenings to schedule your appointment.

[Learn More](#)

Homework may not be the only thing your kids bring home from school

When you or your children are sick, you can talk to a doctor by phone, tablet or PC from work, home or on the go. GEHA health plan members can call the GEHA Health Advice Line at 888.257.4342 to speak with a registered nurse who can connect you to a telemedicine physician.

[Learn More](#)

Get help to overcome your health barriers, at no extra cost

hupp.millan@epa.gov. You can use these links to

Better Choices, Better Health® is a free online program designed to help eligible GEHA health plan members work strategies to manage their health and wellness.

[Learn More](#)

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