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Report on Visit to Saranac Lab

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A. J. Fisher

MINUTES OF MEETING HELD JANUARY 21, 1947 AT GENERAL HEADQUARTERS TO RECEIVE AND DISCUSS
REPORT OF DR. A. J. LANZA RE. THE STATUS OF DIAPHRAGMATIC BARTH TEST EXPERIMENTS,
AS DETERMINED ON HIS RECENT TRIP TO THE SARANAC LABORATORY

Present were:

A. J. Lanza
R. W. Lee
A. B. Fisher
A. S. Elcombert
V. Brown
G. W. Hite
F. M. Armstrong
H. M. Jackson
J. E. Hamilton
J. P. Woodard

Mr. Woodard served as chairman of the meeting.

Drawing

The meeting was called to order shortly after 2 P.M. in A.B. Fisher's office. No agenda had been prepared, the meeting primarily having been called for the purpose of hearing a report by Dr. A. J. Lanza, of the Metropolitan Life Insurance Company, summarizing the present status of the experiments with diaphragmatic earth at the Saranac Laboratory.

The chairman dispensed with a review of the industrial hygiene problems at Loupes which had been covered in a previous meeting, and invited Dr. Lanza to give a report of the information which he had gathered on his recent trip to the Saranac Laboratory.

Report by Dr. Lanza

Dr. Lanza reported that during his recent visit at Saranac he had had access to all the memoranda and notes left by the late Dr. Gardner, and he had talked with practically everybody there who was concerned with the work. Fortunately, Dr. Gardner had had a very capable secretary, but, unfortunately, she had worked for him only approximately one year before he died. While her own knowledge of the experiments did not go back beyond that year, she did have at her finger tips everything that had happened during the year and she was also able to provide from the files substantial information in connection with earlier experiments with asbestos.

Evidently, Dr. Gardner had planned to issue a comprehensive article on asbestos: its effect on animals, its effect on human beings; as well as related research problems, production problems, the control of dust in different kinds of industrial plants, etc. He had practically finished the part of his report dealing with the effect of asbestos dust on human beings, and had annotated the rest of it, making rough notes and comments.

Dr. Lanza wrote to Dr. Kenneth Lynch at the Medical School in Charleston, S.C., who had been associated with the late Dr. Gardner and himself on a lot of the early work on asbestos cases, informed him of the situation as he had found it at Saranac, and, as far as being able to provide "smooth copies" was concerned, told him it had been arranged to have the late Dr. Gardner's secretary make the necessary copies and forward them. (Incidentally, the Trustees of the Prudden Sanatorium and Foundation authorized Dr. Lanza to offer Dr. Lynch a fee of \$500 to put the material in order.)

Dr. Leam has informed Dr. Lynch that the material will be forwarded to him as soon as it is in shape so that he will not have to try to decipher the late Dr. Gardner's handwriting; and he has received a reply to the effect that, after Dr. Lynch has had an opportunity to examine the material, he will determine whether it is possible to put it together in publishable form.

Dr. Leam plans to leave on a trip to the West Coast about the first of February and has advised Dr. Lynch that he will arrange if possible to have the material sent to him before that time, but, should it not be ready then, it will be transmitted nevertheless during Dr. Leam's absence.

Dr. Leam said he would keep in touch with J-K about this, and also about what Dr. Lynch considers he can do with the material. He stated that there was quite a lot of material and at least the basic part--that dealing with the effect of asbestos dust on human beings--seemed to be fairly complete and he believed it would make a satisfactory report.

Dr. V. Brown inquired as to whether Dr. Leam thought Dr. Lynch would attempt to produce the entire work covering "asbestos" which Dr. Gardner had had in mind, or whether he would concentrate only on the part dealing with the effect of asbestos dust on human beings; to which Dr. Leam replied he did not know, since Dr. Lynch would not decide about it until after he had received the notes -- but he was hoping that all of it could be put into some sort of shape.

Mr. Brown referred to the tests with asbestos which Mr. Fernal, of the Metropolitan Life Insurance Co., had conducted at the Ninoy some time ago, and suggested that Dr. Lynch might make use of the information obtained from these tests, in connection with the work which he is about to undertake. Dr. Lanza agreed that this might be done.

Mr. Fisher remarked that the company has a definite job to do in Canada to offset the effects of a lot of propagandizing that has been done in relation to the harmful effects of asbestos dust, and he expressed the opinion that a report, if prepared by Dr. Lynch along the lines outlined, would be of material help to the company.

Referring to Dr. Lynch's statement to Dr. Lanza that he would see if the material sent him could be put into "publishable" form, Mr. V. Brown called attention to a stipulation in our arrangement with the Soranus Laboratory which provided that there would be no publication of the results of experiments without our consent. He said, if it does turn out to be the sort of report we would be glad to have published, he hoped Dr. Lynch would not include any objectionable material from our point of view, as, for example, any relation between asbestos dust and cancer, such as the reference which Dr. Gardner had made to this in his monograph. He added, that even though the report contained some material that wasn't too favorable, from our point of view, we still would probably be willing to have it published because of the benefit to be gained from the balance of the report.

Dr. Lanza assured Mr. Brown that the intent of the statement in question was that any report prepared by Dr. Lynch would first be submitted to Johns-Manville before being published elsewhere.

Mr. Fisher commented that he wouldn't want to see any report on asbestos "one thousand percent perfect". He mentioned the eight dust cases which had been filed against the company at asbestos during the past two or three years, all of which had been summarily thrown out, and commented upon the fact that this quick action with respect to all eight of the cases had had an adverse effect where community opinion was concerned, as the reaction had been some too good.

Mr. Woodard remarked that the ninth case, however, had turned out quite differently, since it developed that the individual involved was reported to have had lung changes and pathological changes, which had not been found in the other eight.

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Dr. Lanza made the observation that very, very few deaths ever have resulted from asbestosis as such. He referred to the large number of cases which he had followed through, years ago, and which allegedly had been caused by the inhalation of asbestos dust, but in all of which he had found the individuals had been affected by other diseases, such as cancer, Bright's disease, tuberculosis, etc., and none had died from asbestosis uncomplicated by something else.

Getting back to the progress of the experiments at the Saranac Laboratory, he said the work is going along in good shape on everybody's projects, so far as the ground work is concerned. The technician who has charge of the dusting of animals is extremely capable and probably the equal of anybody to be found in the United States. There has been no let-up in the dusting of the animals, and after the experiments have been run for the required length of time, the animals are killed and their remains sectioned for tests. However, the services of an expert pathologist are necessary to interpret the findings, and that takes time.

Dr. Lanza paid a glowing tribute to Dr. H. E. Packard, who is now Acting Director of the Foundation, whom he described as "a very sane, solid individual who 'never rocks the boat'". They had had a very competent pathologist at Saranac by the name of Berveld. During the war he had gone into the service and had finally emerged as head of research for the Navy. Dr. Lanza understood that he was going to become a permanent member of the National Research Council. Dr. Berveld had gone up to Saranac on January 17th, and was still there. Dr. Packard hoped to persuade him to resume his duties there with a title of director in charge of the laboratory. If he does, one of his jobs will be to tackle the tremendous backlog of pathological material and interpret it.

Another new man had arrived to work in the Laboratory, at the same time that Dr. Lanza visited there, and he, too, is engaged on the material. Although they have a crew of good, expert men in the Laboratory at this time—men who thoroughly know how to do the job—nevertheless, when they are through, their part of the job is finished and they can go no further. The co-ordinating hand is what is missing. If Dr. Berveld consents to resume his work, it will save a lot of time and trouble that would be involved in orienting a new man. Primarily, the problem now is one of getting caught up on the huge backlog of work, and that is going to take considerable time.

Dr. Brown inquired of Dr. Lanza whether, when speaking about the dusting of animals, he referred to dusting with asbestos, or with diatomaceous earth. Dr. Lanza answered that he meant diatomaceous earth.

In connection with the experiments at Saranac with diatomaceous earth, Dr. Lanza said he had found the notes in Dr. Gardner's handwriting, apparently intended for a report to Johns-Manville. Dr. Lanza copied this material and brought it along with him. He read the copy, as follows:

"On looking through the notes and records of Dr. Gardner, I find that there were 11 different series of experiments on experimental animals using diatomaceous earth; these included experiments with crude or raw earth, calcined earth, and fluxed calcine. Heating diatomaceous earth to 1710 degrees F. forms free silica with inversion to crystobalite. If quartz is present, there is inversion to trypidite and crystobalite.

"Experiments with the calcined earth started on February 7, 1948 with 100 guinea pigs with 50 more projected with a view to supplement the information on raw earth. After visiting Loupee, Dr. Gardner realized that the investigations would need to be more extensive than originally contemplated.

"One persistent trouble in connection with the dusting of animals with calcined diatomaceous earth was that it apparently caused them an unusual susceptibility to pneumonia and 28 guinea pigs died in the first month, and up to August, 1946, 87 guinea pigs had died from this cause. There were still surviving 11 with 14 months exposure, 24 with 7 months exposure; there to be kept as long as practicable for a study of immune effects.

"After 20 months exposure the maximum effects of the calcined earth were no definite fibrinosis in the lungs, but an unusual foreign body reaction with chronic inflammation and nodules that obtained from the nose. The changes noted in the lymphatics suggested that a fibrinosis of the alveolar type would later appear.

"In January, 1946, the dust concentrations were increased without any notable change. This was done for it was thought that the danger of pneumonia was over. One hundred and fifteen more guinea pigs were added.

"Injection experiments into animals, that is, intravenous, intramuscular, intratracheal, and into the heart, were all completed some considerable time ago. In general, they show that the raw and natural earth has about 80% bactericidal activity. This was the earth which goes to about 8 points (trypanite). Also completed were the inhalation experiments with raw kaolin, using guinea pigs injected also with a mild type of tubercle. No marked changes were shown from this experiment and no tendency to cause spread of disease.

"Now underway are experiments using calcined earth with intratracheal injection in guinea pigs using Hyflo. By the x-ray refraction method, this shows 80% crystalloidal. This was the earth calcined with soda ash. Inhalation experiments were carried on with guinea pigs previous to exposure to tubercle infection, along with tubercle infection, and after exposure to tubercle infection. These experiments will continue for at least one more year; also inhalation experiments with Hyflo without any added infection.

"The indications are so far that Hyflo stimulates tubercle infection."

It was felt that the conclusion reached at the end, to the effect that the indications are that Hyflo stimulates tubercle infection, was rather disturbing and was the part of the report that might give us some concern. Dr. Lums was asked for his opinion as to how much time would be required before a definite conclusion could be reached about this, and he stated that it probably would take until the end of the year; he thought the technician who has charge of the dusting of animals would have to carry on his experiments for the rest of the year, and, by the time he gets through, the pathologist will have been able to catch up with his interpretations of the slides. He added, that when he gets back from his trip to the West Coast, about the first of June, he would like to go back to Sarum, as soon as possible after that, to find out just what progress has been made.

So an inquiry from Mr. Klemm as to whether the indications are that Hyflo stimulates tubercle infection was the late Dr. Gardner's opinion. Dr. Lums replied that it was not, but that it was Mr. Deleham's impression, and that he is considered a very experienced man. Mr. Klemm inquired further whether there was any evidence that Dr. Gardner had reached any such conclusion himself; and Dr. Lums answered in the negative.

Mr. Lums observed that the asbestos product produces the effect mechanically. With materials that are chemically active, however, he said the finer they are, the more active they are. His impression was that the technician at Burnas takes the Hyflo powder just as he receives it from Lampco (which is the regular commercial grade), and that it has many particle sizes in it. He promised, however, to write to Burnas and inquire whether it was used just as it was received, or whether any effort had been made to separate it and use different particle sizes in the flaring experiments. He added, that he believed the technician would routinely determine what the average particle sizes were.

Belief was expressed, however, that the determination of such facts would have no effect in changing the industrial Hyflo problem at Lampco or the experiments being made at Burnas. Both fine and coarse materials are involved in the problem affecting Lampco, and it was felt that no further time need be lost in coming to a decision as to what must be done to control the dust situation at that plant.

Planning

Before leaving the meeting, Mr. Lums offered his services in any capacity while on the West Coast during the next four months. He was informed of the company's desire to engage a competent Ventilation Engineer at Lampco. He said he would keep this in mind and let Mr. Klinehart know if he came across an applicant whom he would recommend.

Mr. Eisenhart also referred to a previous request he had made, that Dr. Loomis check, if possible, at Laramie on the dating experiments with a sample of electrocyclic earth which had come from the Gurnhart Refractories, which was found to contain dihydrobomite, and which had produced the results that had influenced Mr. Gurnhart's thinking. Loomis has shipped material orders to Gurnhart, but has never shipped fused sodium material to them, and inasmuch as we had never seen the particular sample of material in which Mr. Gurnhart first detected dihydrobomite, Mr. Eisenhart felt it was of interest to determine the source and origin of that sample. This prompted his inquiry as to whether Dr. Loomis had found any reference to it in the late Mr. Gurnhart's notes.

Mr. Loomis stated that while he had not been able to make a check on this sample, he thought it would not be sufficient for anyone to obtain the desired information by writing to Gurnhart, as they probably could provide it from the record they keep where of samples covering the different samples used in experiments.

Mr. Brown expressed doubt that Mr. Gurnhart had carried on any dating experiment with the sample in question. The "Gurnhart" sample had given him the same end, in following up that line, he had analyzed some Loomis fused sodium material and found a substantial percentage of dihydrobomite in it. He knew, then he found material with this percentage of dihydrobomite, that he had a "bad order".

Mr. Eisenhart contended, however, that the Gurnhart material--to which a man's death had been attributed, could have been a product of different properties from Hyflo, or the percentage of dihydrobomite it contained might have been greater than in Hyflo, and for this reason he believed it important to try to establish the source and origin of the Gurnhart sample.

As far as Loomis material was concerned, Mr. Eisenhart thought it should be established whether or not the physiological effects he caused by the particles arise of the dust inhaled, or by the chemical make-up of the material.

When mention was made of the text book which will deal with "Silicosis", and on which Mr. Johnson, of Los Angeles, is presently engaged in writing, Mr. Lanza stated that he knew Mr. Johnson well and doubtless would discuss with him, at Los Angeles, his recent request that we provide for the book any material on diatomaceous earth which we know to be sound.

Mr. Brown suggested to Mr. Lanza that, should he have occasion to talk with Mr. Smart in Los Angeles, he might want to discuss with him a recent report he had made of a case where he believed diatomaceous earth had had the effect of retarding, or sealing off, the progress of tuberculosis in a certain individual who, if he had been an ordinary case, would have died at a much earlier date than he did.

Mr. Lea said he hoped Mr. Lanza would visit Lampco during his visit to the West Coast. Mr. Lanza assured him that he expected to; and Mr. Fisher suggested that, when he visits the plant, he sit down and talk over industrial hygiene matters personally with Mr. Vestment, rather than with a group of five or six people. Mr. Vestment, he said, had a more intimate and thorough knowledge and understanding of the whole problem which he could better impart in a conversation alone with Mr. Lanza than he could if a larger group were called in.

Mr. Lanza asked Mr. Bloomhart to inform Mr. Vestment that he probably would visit Lampco sometime during the latter part of February.

Mr. Woodard assured Mr. Lanza that all those present felt quite relieved over the notes he had been able to obtain from Mr. Gardner's files, as well as the report he had made on the experiments in progress at Saranac, for it now seemed apparent that the company would get practically all that it would have got had Mr. Gardner not died, except, of course, his own expert interpretation of the experiments.

J. R. Hamilton