dose or concentration or quantity of material getting into the body, that there will be an increasing response up to a level where there is no further response of that particular type.

If it is to increase a heart rate, it will increase to a certain rate and then tend to level off.

If it is the ultimate effect, causing death, then it will come up and truncate at that location.

Conversely from a particular point downward, the same. As you decrease the dose, it will be ever decreasing effects observed.

Typically the association is expressed as a sigmoidal relationship.

If one were to look at this on a chart such that it would appear if it were to be graphed like an S, so it sort of levels off as you get down to the lower end and level off a little as you get up to the upper end, but it is a well-established principle and for every chemical that has been investigated with sufficient intensity, it has been demonstrated.