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ACUTE LEUKEMIA AND CELL- DIFFERENTIATION

ACCUMULATING evidence for a unicellular (clonal) origin of leukemia, based on the studies of Fialkow and coworkers employing isozymes of the X-linked gene, glucose-&phosphate dehydrogenase (G6PD), as clonal markers,¹ combined with evidence from rigorous karyotyping,² leaves little doubt that acute non-lymphocytic leukemia (ANLL), chronic myelogenous leukemia, and acute lymphoblastic leukemia originate in the transformation and subsequent clonal expansion of a hematopoietic precursor, often (at least in the myeloid leukemias) a precursor with multipotent developmental capabilities. The goal of antileukemic therapy seems clear enough: to destroy the transformed blastic clone and encourage repopulation by residual normal precursors. Common sense dictates that the disappearance of leukemic blast cells from blood and marrow and the reemergence of adequate numbers of functioning erythrocytes, platelets, and granulocytes constitute irreducible evidence of therapeutic success, whether short-lived, prolonged, or even permanent. Reports of chemotherapy-induced remissions of ANLL accompanied by disappearance of the chromosomal markers of the malignant clone and reappearance of functionally normal blood cells of polyclonal origin¹ reinforce the wisdom of the common-sense view. Yet, some disquieting evidence has also accumulated. Two years ago in these pages, Fialkow and his colleagues³ described a patient with ANLL, a chromosomal abnormality, and enzymatic evidence of clonality of the leukemic blasts, in whom complete remission was characterized by a normal karyotype but persistent evidence for a clonal origin of the repopulating normal blood cells. This strongly suggests that a leukemogenic clonal population of blood precursors can generate apparently normal progeny, as well as serve as a source of an overtly leukemic, chromosomally abnormal blast-cell population. Yet, the implications of this observation remained uncertain; is this a rare event or the common underlying biologic pattern in ANLL?

Much of the uncertainty is dispelled by a report in this issue of the *Journal*, by Fearon et al.,⁴ which provides further compelling evidence for the developmental capabilities of clonal leukemogenic blood-cell precursors, this time based on recombinant-DNA techniques. The new genetic tool provided by DNA restriction-fragment-length polymorphism,⁵ which has been so powerful in mapping the human genome and detecting elusive genetic traits, has been brought to bear decisively on the somatic-cell genetics of leukemic cells. Restriction-fragment-length polymorphisms are produced by small local variations in DNA sequence in the vicinity of identifiable genetic loci; these variations are recognized because they change the size of DNA fragments generated by the cleavage of DNA by restriction enzymes, which have very specific base-pair sequences as their cutting-site tar-

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gets. A restriction-fragment-length polymorphism is passed, like any other genetic feature, in germ-line and somatic cells; heterozygosity can be detected, and the analysis is independent of the actual expression of any particular gene; In any population of nucleated cells, whether dividing or quiescent, the restriction-fragment-length polymorphism will be revealed to the investigator armed with the appropriate molecular probes. To detect clonality in leukemic blast cells and the normal blood cells of patients with ANLL, whether at diagnosis or during remission, Fearon et al. used molecular techniques and restriction-fragment-length polymorphisms according to three strategies: (1) to detect X-linked markers entirely analogous to the G6PD isozymes studied by Fialkow et al., but without the need to detect expression of an enzymatic gene product; (2) to detect clonal aneuploidies, but without the need for a dividing cell population to generate visible chromosomes; and (3) to detect the immunoglobulin gene rearrangement that normally occurs early during E-cell differentiation and that for unknown reasons may occasionally occur during the evolution of a myeloid leukemia clone.

Three major conclusions can be drawn from these studies. First of all, clonality in at least a large majority of cases of ANLL seems certain: 7 of 10 patients who were heterozygous for the X-linked restriction-fragment-length polymorphism locus had the telltale monoclonal pattern. Second, clones of leukemic precursors seem quite frequently capable of sustaining apparently normal differentiation to mature granulocytes during active disease; five of six patients evaluated according to one or another of the three strategies had this phenomenon. Third, in elegant confirmation of Fialkow's prediction, 3 of 13 evaluable patients had evidence that their remission-stage granulocyte populations were of clonal origin and presumably (although not proved) of the same clone as the blasts of their active-stage disease.

Taken together, these studies, the work with G6PD isozymes, and the results of karyotype analysis begin to point out a more complex pathophysiology for AKLL than might have been supposed. As proposed by both Fialkow and Fearon et al., emergence of a clone of hematopoietic preleukemic precursors capable of essentially normal differentiation, but with variable levels of proliferative advantage over normal precursors, may constitute an early event in leukemogenesis. Such a stage could be hematologically undetectable except by analysis of clonality. Overt blastic disease would supervene with a second somatic genetic event, perhaps signaled by a chromosomal abnormality. Successful chemotherapy may suppress the blast population (and the chromosomal marker), leaving both the clonal preleukemic cell lineage and normal precursors, in variable proportions, to reemerge as hematologically normal blood-cell elements.

Exciting questions and uncertainties remain. Would it be clinically useful, if it were actually possible, to be able to detect the presence of a hematologically normal

but preleukemic clonal population? At present there seems little likelihood that such a population could be detected before the onset of overt hematologic disease, either blastic leukemia or dyshematopoiesis (such as refractory anemia). But a remission-stage clonal population is fair game for detection by using — if necessary — additional genetic markers for clonality. Could the behavior of such a clone and its potential, on the one hand, to support normal hematopoiesis or, on the other, to allow the reemergence of blastic leukemia in relapse be modified by therapeutic intervention? It is clear from studies with experimental leukemia cell lines of both murine and human origin^{6,7} that both chemical cytodifferentiation agents and natural growth factors can modify the expression of developmental potential. The possible role of simultaneous and sequential combinations of cytotoxic chemotherapy and cytodifferentiation agents must surely be considered in the light of these findings, as must the future role of ablative therapy followed by bone marrow transplantation. Whatever the practical outcome, the studies provide powerful new insights into the natural history of a hematologic neoplasm — insights that may apply equally to non-hematopoietic cancers.

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ADVANCES IN CORNEAL TRANSPLANTATION

DISEASE of the cornea is the most common cause of blindness in the world.¹ The cornea is the normally transparent anterior structure of the eye that functions similarly to the lens of a camera and has the appearance of a watch crystal. The normal cornea is a layered, avascular structure in which an outer epithelium and an inner endothelium surround the central stroma. The stroma imparts its optical properties to

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F. H. GARDNER, M.D.



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Current Concepts in Chronic Myelogenous Leukemia

By P. A. Stryckmans

A 50% 5-YR LEUKEMIA-FREE SURVIVAL and possible cure rate can be expected in children with acute lymphocytic leukemia treated with the best treatment schedules available today.^{62,65} This is not the case for chronic myelogenous leukemia in which the median duration of survival is still of the order of 3-3.5 yr, which is almost the same as for the patients with no treatment, described by Minot in 1924.¹⁰⁴ Most reviews dedicated to the treatment of chronic myelogenous leukemia in recent years have emphasized this point. It must be recognized that, on the other hand, many important new facets of the disease, related to its pathogenesis, are continuously described.

New forms of treatment such as more aggressive chemotherapy, maneuvers to decrease physically the total mass of myeloid cells (early splenectomy and leukapheresis) and others to increase the immunologic defense of the patient have been proposed in the last few years. Whether these new approaches will significantly improve the survival of the patients is not clear yet, but the new experimental facts certainly constitute a logical and ethical basis for the use of more aggressive therapeutic procedures in a disease still rapidly fatal.

The basic concepts and some of the emerging concepts will be discussed first, and the classical and the more recent therapeutic procedures will be reviewed thereafter. Only the classical Ph⁺-positive CML will be considered in this article because the evaluation of new therapeutic procedures is easier in this form of the disease than in the Ph⁻-negative form. The reasons therefore are: that the Ph⁺-positive CML is more frequent, that it represents probably a nosologic entity distinct from the Ph⁻-negative CML³⁸ and finally that eradication of the disease by therapy may be indicated by disappearance of the marker.

THE PERSISTENCE OF REGULATORY MECHANISMS FOR MYELOPOIESIS IN CML

Although Ph⁻-negative myeloid cell lines have been so far described in only a few patients with Ph⁺-positive CML,^{20,49,41,85} it is conceivable that they do exist in all these patients. If so, they probably represent what is left of the normal nonleukemic population.

From the Service de Médecine Interne et d'Investigation Clinique de l'Institut Jules Bordet, Centre des Tumeurs de l'Université Libre de Bruxelles, Brussels, Belgium.

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The obvious proliferative advantage of the Ph⁺-positive cell lines could be inherent to the cell or related to feedback mechanisms. The second possibility would be realized if the normal cell line were depressed because its normal sensitivity to regulatory mechanisms which would not affect, to the same extent, the Ph⁺-positive cells. In fact, this Ph⁺-positive cell line produces large numbers of mature cells which, directly or indirectly, by feed-back effect could depress the Ph⁻-negative cells more than the Ph⁺-positive cells. This hypothesis implies partial retention of normal homeostatic control. Granulopoiesis has been proposed as a negative feed-back system containing a time delay and therefore may show oscillations under appropriate circumstances.¹⁰⁵ The cyclic oscillations of the granulocytes blood level which occurs in CML spontaneously^{106,153} or during chemotherapy given at a constant dose⁷⁵ suggest therefore that a homeostatic control is still acting on myeloid cell proliferation in CML.

A humoral factor has been proposed for the homeostatic control of granulopoiesis operating in normal individuals⁵⁰ and the colony-stimulating factor (CSF) found in serum and urine which brings about differentiation of myeloid precursors cells in vitro, could very well be the humoral factor responsible for the regulatory mechanism operating in vivo.^{50,102} Gatti et al.⁵¹ found an inverse relationship between the level of CSF and the peripheral count in their patient with CML who had oscillating leukocyte counts. This is an additional argument for the persistence of some regulatory mechanisms in CML.

Two characteristics of the leukocyte oscillations seen in CML should be pointed out; the great amplitude of individual cycles (some exceeding 100,000/cu mm) and the length of the cycles: 30, 40, 50, 110,¹⁰⁶ 66,¹⁵³ and 72 days.⁵¹ These amplitudes and cycle lengths are considerably greater than those found in cyclic neutropenia and normal individuals.¹⁰⁵ Cronkite and Vincent¹⁰⁵ found that the cycle length of 20 days seen in normal individuals and in cyclic neutropenia fitted what we know of humans on the time for a stem cell to produce polymorphonuclear cells (PMN). This time is normally around 10 days. Such a delay of 10 days from maximal signal from the blood (the level of PMN) to maximum response from bone marrow will produce oscillations of 2 x 10 days. Therefore the observation of long oscillation periods in CML suggest that in this disease more time may be needed to produce a mature PMN. One possible explanation for this long delay could be an increased number of successive divisions, which, in turn, could explain the great amplitude of the oscillations. On the other hand, the high amplitude of oscillation could also result from an abnormal sensitivity of the Ph⁺-positive stem cells to the regulation system. How this fits with the observation of high levels of colony-stimulating activity found in the urine of CML patients¹²⁵ is not yet clear.

THE TRANSIT TIME IN THE BLOOD OF POLYMORPHONUCLEAR CELLS (PMN) IN CHRONIC MYELOGENOUS LEUKEMIA

A remarkable observation was the fact that the transit time of PMN of CML in the blood is considerably longer than in normal individuals during the active phase of the disease and tends to become normal when the blood leukocyte count decreases as a consequence of treatment.^{144,122} In order to reduce the artifacts due to the presence, in the blood, of immature myeloid cells in the determination of the $T_{1/2}$ of the PMN, irradiation of the labeled cells when the blood contained a large proportion of myelocytes was performed to stop the

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maturation of these cells into labeled PMN.⁴⁵ This technique has given more accurate values for the $T_{1/2}$ of PMN in CML. Around 210,000 WBC/cu mm, a $T_{1/2}$ of 26 hr was found, instead of 6.4 hr as for normal subjects. This study thus confirmed that the PMN of CML had a longer transit time in the blood than normal PMN. This prolonged transit time, although it potentiated the leukocytosis once it had developed, was of secondary importance in the pathogenesis of the increased number of blood PMN.

The conclusion is that the increased number of PMN in CML is due to an increased production. This would suggest that the chances are small of inducing a good remission only by removing the excess of myeloid cells in the peripheral blood.

FUNCTIONAL CAPACITY OF POLYMORPHONUCLEAR CELLS (PMN)

The prolonged transit time of PMN of CML in the blood has been shown to be due to cellular rather than to extracellular factors.¹⁴⁴ This suggests that these cells may be deficient and may not function normally. As a matter of fact, the capacity of CML mature neutrophils to egress from the blood to the tissues has been found to be decreased in CML.^{4,120} By means of plastic chambers at the site of mechanical abrasion, a defect in cell migration was found in all stages of CML. It was inversely correlated with the clinical state.⁴ Moreover, once at the site of inflammation, the PMN of CML may be less active than normal.^{11,119} Pedersen and Hayhoe¹¹⁵ have compared leukocyte alkaline phosphatase activity (LAP) and phagocytic capacity in PMN from CML patients and have observed that the cells with demonstrable enzyme content were more active phagocytes than the LAP negative ones. This is in agreement with an improved phagocytic ability found during remission." However, although deficient, PMN of CML were found useful in the treatment of severe infections in neutropenic non-CML recipients.³⁷ This suggests that their decreased functional capacity observed in vitro may be due to their immaturity but that with time, in vivo, they are able to mature into normally functioning cells.

THE PHILADELPHIA CHROMOSOME

The Philadelphia or Ph¹ chromosome, discovered in 1960,¹⁰⁸ is still the only chromosomal marker consistently found in a human neoplasm. It represents a deletion of the long arm of chromosome 22.^{21,112} It has been shown recently that it probably results from a translocation between the long arm of chromosome 22 and the long arm of chromosome 9.¹²⁶ It persists throughout the course of CML both in relapse and during remission.^{140,154} The myeloid, erythroid and the megakaryocytic cell lines presumably have the marker,^{129,150,154} whereas other cells such as skin cell lymphocytes and bone marrow fibroblasts¹¹ do not have the anomaly. CML is apparently an acquired disease since concordance among identical twins is exceptional. In only one pair did both twins have Ph¹-positive CML.¹⁴⁸ In the other pairs, there was no Ph¹ chromosome in the normal twins whose leukemic twins showed typical Ph¹-positive CML.^{32,54,55,66,67} This strongly supports the postulate that the Ph¹ chromosome is an acquired abnormality rather than a hereditary defect of the chromosome. It seems to be acquired long before the appearance of clinical symptomis as in a patient described by Canellos¹⁵ in whose marrow cells the Ph¹ chromosome was consistently detected for almost 6 yr in the absence of hematologic disease.

All these observations are compatible with the concept that eradication of the Ph⁺-positive cells could be a way to eradicate the disease. However, the Philadelphia chromosome is said to be neither constant nor specific for CML. As a matter of fact, it is found in approximately 85% of the cases of CML, and, on the other hand, it has been described occasionally in all sorts of myeloproliferative disorders. It should be stressed however that several studies^{38,149,155} have indicated that the clinical features of the Ph⁺-negative cases are somewhat different from those of Ph⁺-positive cases. The Ph⁺-negative cases are more frequent in infancy and in the older adults, they have usually enlarged lymph nodes and lower leukocyte and platelet counts. They respond poorly to treatment, they transform earlier and have a much shorter median survival than the Ph⁺-positive cases. The Ph⁺-negative cases therefore probably represent a nosologic entity distinct from a classical CML associated with the Ph⁺ chromosome.^{38,149,155}

On the other hand, a low percentage of Ph⁺-like chromosomes have been found in occasional cases of acute myeloblastic leukemia,^{81,94,111,156} erythro-leukemia,^{17,81} thrombocytopenia,⁷⁷ polycythemia,⁸³ myelofibrosis,^{77,158} agnogenic myeloid metaplasia,⁴³ untreated pernicious anemia.⁷⁷ For several reasons, all these observations do not rule out with certainty the possibility that the Ph⁺ is still specific of CML. First, most of these diseases share clinical features with CML and therefore some of these cases may have been particular forms or phases of a true CML mistakenly labeled; secondly, most of these data should be reviewed today since they were obtained between 1965 and 1970, at the time when the more accurate banding techniques were not then available; thirdly, because these cases may have been CML in their preclinical stage since we know that the Ph⁺ chromosome may be present many years before the clinical onset of CML.¹⁵ The finding that the Ph⁺ is probably constant and specific for CML reinforces the idea that its eradication may be of therapeutic value in this disease.

A crucial finding which has important therapeutic implications is that although in most cases of CML, all or practically all cells in the bone marrow have the Ph⁺ chromosome, Ph⁺-negative myeloid cells also exist. Occasionally, in a few patients who had been intensively treated or at least deeply myelo-depressed, clearly Ph⁺-negative myeloid cells have been seen in vivo.^{41,49,85,150} The existence of Ph⁺-negative myeloid cells in Ph⁺-positive CML was confirmed on bone marrow grown in vitro. This technique allows observation, in bone marrow cultured in a petri dish of many granulocytic colonies each arising from a single granulocyte precursor. It was found that all metaphases from a single colony were either Ph⁺-positive or Ph⁺-negative suggesting that leukemic and normal cells may coexist in CML.²⁰

THE CLONAL ORIGIN OF CML

The Ph⁺ chromosome being acquired and limited to the myeloid, erythroid, and megakaryocytic series, strongly suggests but does not prove however that the disease is originated from one single transformed cell. G6PD heterozygote patients with CML provide an additional strong argument for the theory of the clonal origin of CML. G6PD heterozygotes have two distinct populations of cells: one producing the type A isoenzyme only and the other the type B iso-

enzyme only. It was found that when these patients who have type A and type B enzyme-producing fibroblasts, get CML, that their red cells and granulocytes had either type A or type B enzyme but not both.^{3,40} The single enzyme phenotypes in leukemic cells of CML most probably reflect a clonal origin of the disease. Studies on experimental animals indicate that the concept of clonal origin is not incompatible with a viral origin of CML which is suggested by the finding of reverse transcriptase associated with 70 S-RNA in the leukocytes of three CML patients.⁶

Nevertheless, one observation exists which does not support that CML is originated from one single cell. It concerns a patient with Klinefelter's syndrome and CML who had a sex chromosome mosaicism of the XY/XXY pattern in the blood cells and was found to have the Ph¹ chromosome in some cells of both cell

PROLIFERATION OF MYELOID CELLS IN CML

As it was indicated in a previous paragraph, there is good evidence from studies on PMN blood transit times that the production of these cells is increased. This may be due either (1) to an increased rate of cell division, (2) to an increased number of successive divisions in the recognizable myeloid cells, (3) to an increased number of myeloid precursors at the stem cell level.

The first possibility can easily be tested by measurement of the ³H-thymidine labeling indices, providing the duration of DNA synthesis is known. The duration of DNA synthesis during the chronic phase of the disease, whether it was measured by the double labeling technique¹¹ or by the stathmokinetic method,² was found to be in the normal range of 10-15 hr.¹⁴⁴ This information made it interesting to compare the labeling index of the myeloid cells in CML and normal individuals. The labeling index of the proliferating bone marrow myeloid cells taken as a whole was of the order of 23% in 12 studies on nine CML patients in the chronic phase of the disease, i.e., in the order of what was found in normal individuals.¹⁴⁵ This value was the same whether the patient had a high number of leukocytes/cu mm of blood or a nearly normal number as a consequence of treatment (Fig. 1). When only the granulated precursors (pro-

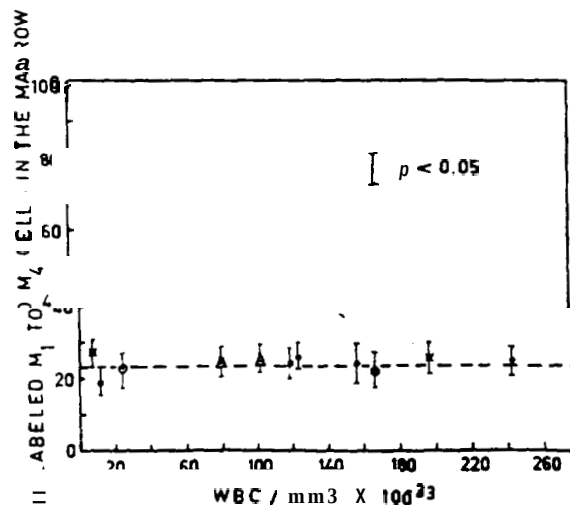


Fig. 1. Ordinate: the percentage of ³H-TdR labeled myeloblasts, promyelocytes, and myelocytes in the marrow of nine CML patients. Abscissa: the blood leukocyte counts. The bone marrow of three patients (e, m, and Δ) was examined twice, at different WBC levels.

myelocytes + myelocytes) were examined for their labeling index, the mean value was of the same order of magnitude, i.e., 24.7 in seven CML patients.¹ In contrast, when the myeloblasts in the bone marrow of these patients were examined separately, at the onset of the disease they showed a mean labeling index of 16.9, a value considerably lower than in normal individuals but of the same order of magnitude as in blastic transformation² and only slightly higher than in blasts of acute myeloblastic leukemia.^{52,78,97} Thus CML myeloblasts, from the clinical onset of the disease on, seem to behave as the blast cells of acute myeloblastic leukemia. It is still not clear, however, whether the labeling index of the myeloblasts remains low when a remission with a normal spleen and a normal blood picture have been obtained. The answer to this would tell us whether the decreased labeling index is directly related to the disease or rather indirectly related through the effect of homeostatic mechanisms probably still operating in this disease. The answer to this question will have considerable implications for the treatment of the chronic phase of CML. These observations do not support the hypothesis of an increased rate of cell production in the recognizable myeloid cells.

The second possibility, namely an increased number of successive divisions in

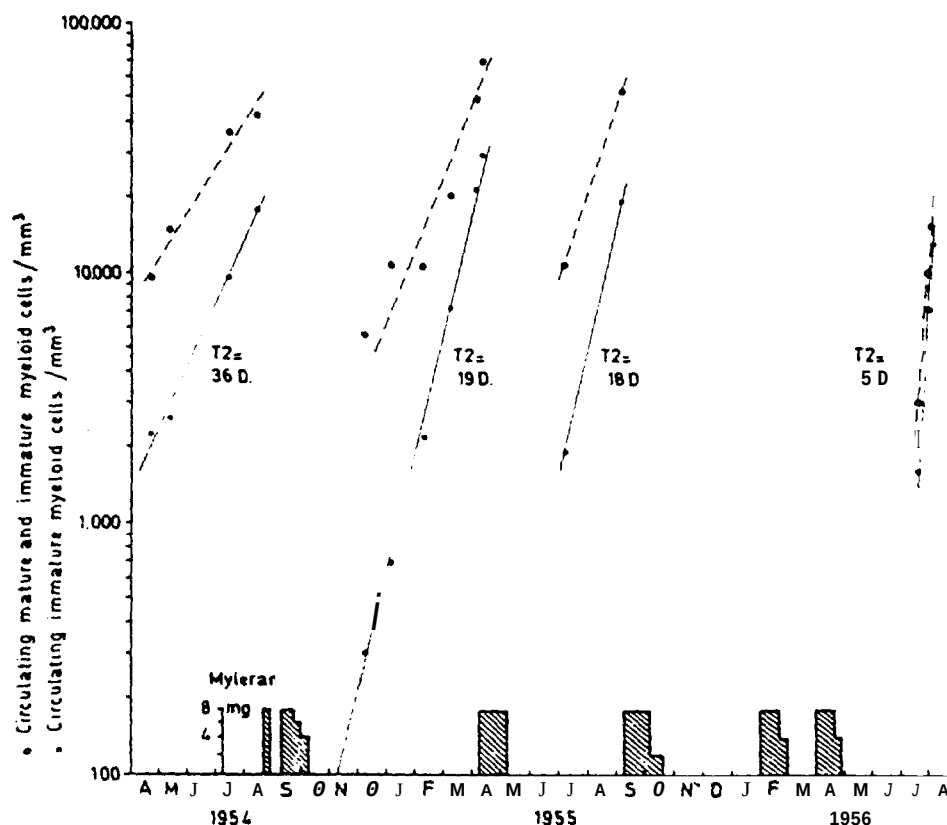


Fig. 2. Four increases of the number of total (O) or only immature (●) myeloid cells/cu mm of blood after discontinuation of busulfan during periods with no maintenance treatment. The doubling times (T_2) got progressively shorter. The last before death under blastic transformation was 5 days. The T_2 s were always shorter for immature myeloid cells than for the total of mature and immature.

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the recognizable myeloid cells, could be suggested, as explained above, by the long period of the oscillations seen in the patients who exhibited cyclic variations of their leukocyte counts. However, as Bresciani¹² has pointed out, an additional division would increase the number of cells produced, but in order to increase it continuously, the number of divisions should also increase continuously, a modification which seems unlikely. For the reasons explained below, the last alternative is the most probable namely an increased pool of precursor cells. The fact that the immature myeloid cells in the blood between two successive courses of busulfan increase progressively faster and faster after each course of myleran up to the blastic transformation (Fig. 2), suggests that the total mass of immature myeloid cells in the body also increases faster and faster, in view of the traffic existing between marrow, blood, and spleen. This observation and the fact that **no** real change of the labeling index in the bone marrow occurs during the course of the disease (Fig. 1), suggest a progressive maturation defect of the self-perpetuating precursors. The consequence of this could be an exponential expansion of the precursor compartment which in turn would explain a more and more rapid increase of the number of recognizable precursors in the blood after discontinuation of busulfan.'''

THE BLASTIC TRANSFORMATION OR BLAST-CELL CRISIS

This event is the main threat of **CML**. Sixty to seventy per cent of the patients die in this stage of the disease which is clinically and **hematologically reminiscent of acute myeloblastic leukemia (AML)**.¹⁰ There is almost **no** effective treatment for this complication once it has arisen; it is more resistant to therapy than AML. Prevention of this acute phase of the disease should therefore be the principal aim of all our efforts. However, so far most of our classical treatments of the chronic phase of CML have failed in delaying significantly the onset of the blast crisis.

Several modifications which have been found to precede and herald the blastic transformation could shed some light on the pathogenesis of this event: (1) myelofibrosis in the bone marrow biopsy;⁵⁶ (2) additional chromosomal abnormalities on top of the Ph¹; ^{3,4,11,12,13,14,15} (3) a marked increase of the LAP;⁵⁷ (4) a short doubling time of the immature myeloid cells in the blood.^{8,47,145}

In 181 patients with CML, myelofibrosis was found in seven patients at time of initial diagnosis of CML.⁵⁶ Four of them died from blastic transformation with a mean survival of 8.8 mo. Thirty-two patients who developed myelofibrosis late in the course of CML had a mean survival of 4.9 mo after the diagnosis of myelofibrosis was established. **In 27 of them, the cause of death could be attributed to blastic transformation. This report thus stresses that myelofibrosis was an ominous prognostic sign. This observation raises an important question concerning the pathogenesis of blastic transformation namely, is this complication exclusively related to a modification of the leukemic cells or also the consequence of changes in the microenvironment of these cells?** The last possibility is suggested by reports on exceptional cases such as the five cases in whom blastic transformation started with destructive-lytic lesions in the bones.''' the patients with typical blood and marrow features of the chronic phase in whom

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blastic transformation was seen only in lymph nodes (two patients) or in the cerebrospinal fluid (two patients)⁵¹ and the patient in whom blastic transformation started in a post-traumatic hematoma.⁷⁹

The Ph¹ anomaly persists during the blastic transformation, but all sorts of additional chromosomal abnormalities appear on top of it in about two thirds of the cases.^{22,38,57,71,87,113,130,137,149,151,155} In most cases, abnormalities of several autosomes are seen often associated with the appearance of aneuploidy. Hyperploidy represents the most frequent finding but hypoploidy may also be seen. The appearance of two or more Ph¹ chromosomes either heralds or accompanies the development of the blastic phase.^{29,33,73} It may appear a considerable period of time before the blastic phase develops.³⁵

Serial investigations have provided evidence that progression of the disease is accompanied by a karyotype evolution which leads to chromosome complements with increasing numbers of numerical abnormalities.^{29,42,114} It has been proposed that the nondiploid cells differentiate less successfully than diploid Ph¹-positive cells.¹¹⁸ This will result in a more dedifferentiated appearance of the marrow and is supported, not only by the increased proportion of myeloblasts in the marrow and the blood, but also by findings suggesting disorganized differentiation with nucleo-cytoplasmic asynchrony, namely, premature development of PAS⁶⁰ and Sudan black B¹⁴² positivity as well as peroxidase activity⁹² in blast crisis myeloblasts.

Serial karyotypes during chemotherapeutic treatment of the blast crisis have demonstrated the heterogeneity of the leukemic cell population. Several leukemic clones could be recognized which responded differently to chemotherapy since some decreased as a consequence of treatment while others were recorded for the first time after chemotherapy.¹¹⁷ The cell line not seen before treatment may have been dormant and therefore resistant to therapy. This observation supports the idea to treat intensively CML in the chronic phase since it suggests that if a Ph¹-negative cell line in a dormant state exists in all CML patients, an assumption for which we have arguments, it may survive to the treatment better than the Ph¹-positive cells and, by proliferation, become predominant thereafter.

An important question which is intimately related to the treatment of CML and which has been extensively discussed in the last few years is whether CML in its chronic phase is a true leukemia or rather a preleukemic condition. In other words, is the acute blastic transformation "built into" the disease from the very beginning⁷⁹ or is it rather an additional event¹¹⁸ which does not necessarily occur but has only a high risk to occur in a disease characterized by a chromosomal abnormality and therefore predisposing to leukemia.¹¹⁹ The fact that the development of cytologic and PAS anomalies in the myeloblasts late in the disease is positively correlated with karyotype alterations and the fact that the leukocyte alkaline phosphatase decrease seen early in the disease, may be due to incomplete maturation of granulocytic end-cells on early release from the bone marrow rather than to a maturation defect,¹¹⁶ have been argued for the theory of CML being a preleukemic state.¹¹⁹ However, strong arguments exist for the opposite theory of CML being leukemic from the very beginning. One is the correlation found by Bergsagel between the duration of remission

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following the first course of busulfan and total survival from diagnosis.' Another is the fact that the doubling time (T_2) of the white blood cells after each course of busulfan was found to get shorter with time.⁴⁷ In the same line,¹⁴⁵ in 10 out of 12 cases of CML, the T_2 of the number of immature myeloid cells in the blood between successive courses of intermittent treatment with busulfan and/or ³²P has been found to become progressively shorter with time, up to the blastic transformation (Fig. 3). In one additional patient followed for more than 10 yr and still in the chronic phase of her disease 20 yr after its onset, a very slow shortening of the T_2 could be seen. The shortening of T_2 was not found to be related to the treatment but appeared rather as the natural evolution of the disease. It strongly suggests that, at the time of diagnosis, the disease was already progressing towards its terminal phase. This concept is

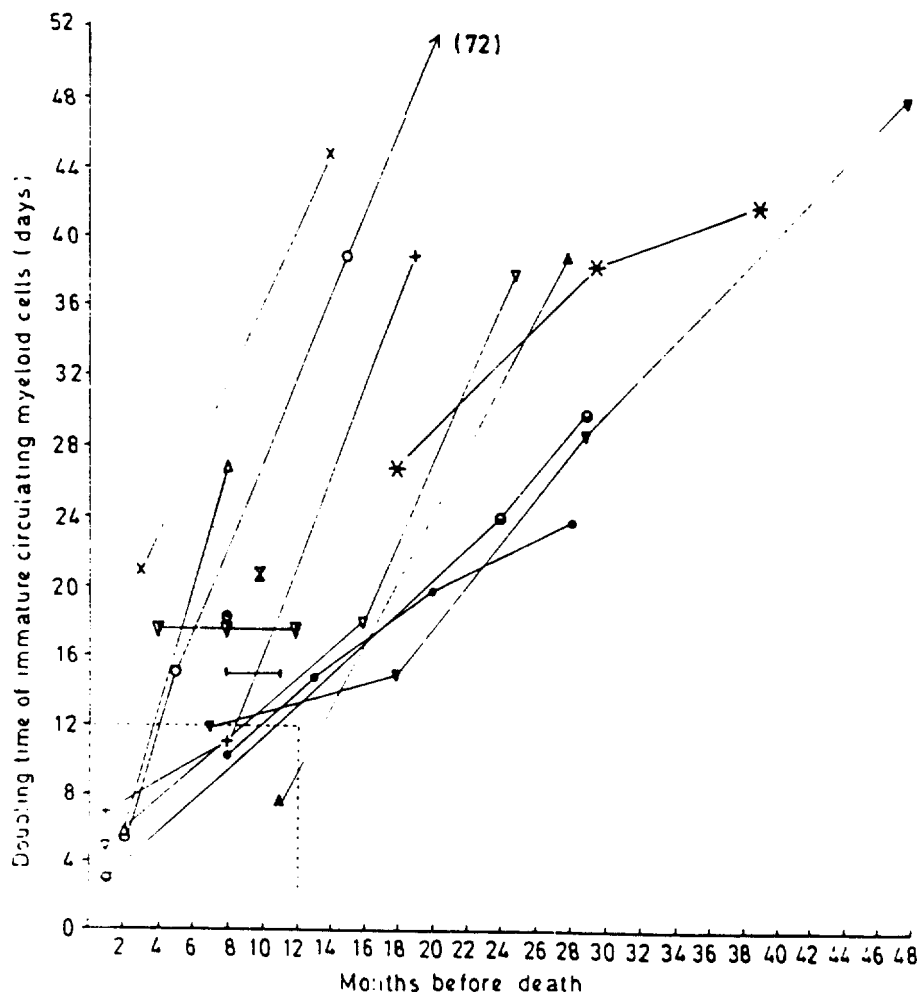


Fig. 3. Shows for 12 patients deceased the correlation between the doubling time (T_2) of the number of immature myeloid cells/cu mm of blood (in ordinate) and the time at which this was determined before death (in abscissa). A different symbol is used for each patient, and each line joins the successive estimations of T_2 for each patient. The eight cases whose T_2 became shorter than 12 days all died within a year (dotted square).

compatible with the finding that, at the very beginning of the disease, the ³H-thymidine labeling index of the myeloblasts was considerably lower than in normal myeloblasts and as low as it is seen in acute transformation or in acute myeloblastic leukemia.* These findings strongly support the hypothesis that the blastic crisis is the fully expressed end of a continuous process which is progressing, more or less rapidly, from the very beginning of the disease and is not affected by our actual treatments.

THE TREATMENT OF CHRONIC MYELOGENOUS LEUKEMIA

A large number of drugs have been found to have sonic activity in CML. All these studies were different in their aims and methods and will therefore be classified as follows:

(1) The studies which indicate that a drug is able to induce a remission (decrease of WBC, spleen, and platelets and eventual increase of hemoglobin). The drugs only studied in this way are the following: nitrogen mustard,⁶⁹ uracil mustard,¹⁵⁷ vinblastine,⁶¹ thioguanine,⁸⁴ TEM,¹²⁷ melphalan,¹³³ Colcemid,⁹⁰ etc.

(2) The studies in which a drug in its capacity to induce remissions was compared to a reference drug (usually busulfan) in a randomized way for a limited period of time. Such studies have shown that **GMP**,⁶⁴ chlorambucil¹²⁸ and cyclophosphamide⁷⁰ are less active than mylerari in inducing a remission.

(3) The studies in which one mode of treatment was given over most or all the duration of the disease. These studies make it possible to evaluate the median survival of the patients so treated. Splenic irradiation,¹¹¹ ³²P,¹²⁴ busulfan,¹¹¹¹¹ hydroxyurea,⁷⁶ and dibromomannitol²⁸ have been studied in this way (Table 1).

(4) Only rare studies of this type exist. The MRC study compared on a random basis, the median survival obtained with two different modes of treatment namely busulfan and splenic irradiation¹¹¹ (Table 1).

BUSULFAN (MYLERAN)

Busulfan has been considered up to now as probably the best treatment available in CML.⁴⁸ This view may be challenged, now that new approaches

Table 1. Survival of Patients Treated for CML

Treatment	Number of Patients	Median Survival (mo)	Survival From	Ret.
None	52	31	—	104
³² P	118	32	EO	124
Busulfan	30	42	EO	58
Busulfan	48	40	BT	100
Splenic irradiation	54	28	BT	100
Dibromomannitol	73	43	D	28
Hydroxyurea	10	50	D	76
Hydroxyurea	43	39.6	—	132
(+ or - splenectomy)				
Chemo. + immunotherapy	15 ¹	> 84	—	136

EO, estimated onset; BT, beginning of treatment; D, diagnosis

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to treatment of CML seem promising. The method of administration, the advantages and the hazards of myleran in CML, which have been remarkably described by Galton in a 1969 issue of this journal,⁴⁸ have practically not changed since then. Therefore, major points only will be stressed here.

The individual daily dose seems more important in terms of toxicity than the total dose. The daily dose should not exceed 6 mg or even 4 mg.⁴⁸ Since the rate of fall is dose related, with these relatively low doses, the decrease of the leukocyte count in the blood is slow and weekly blood controls are therefore sufficient to adapt the dose and avoid overdosage. The decrease of the leukocyte count is generally a good indicator of the therapeutic effect of the drug since this decrease is usually accompanied by a decrease of the size of spleen and by correction of anemia. A decrease of the leukocyte count without effect on the spleen or without correction of the anemia often announces blastic transformation. The leukocyte count still increases during the first 10-15 days of the treatment.⁷² This occurs in most patients and should not be considered as resistance to the drug and the daily dose should thus not be increased. The leukocyte count may continue to fall more than 1 mo after treatment has been stopped. Therefore, busulfan should be stopped around 15,000/cu mm and not only when a normal leukocyte count has been reached. When a normal leukocyte count is reached, no more immature myeloid cells are generally seen in the blood. At that time, smears of blood and marrow may be undistinguishable from normal, a result rarely obtained with other chemotherapeutic agents.

When the platelet count falls below the limits of normal during treatment, vigilance is required since persistent thrombocytopenia and irreversible marrow aplasia have been encountered in these cases when treatment was continued. A trend for platelets to decrease faster than expected may herald blastic transformation.

In most cases, at least in the beginning of the disease, the anemia is completely corrected by the intake of busulfan. Transfusion is not part of the treatment and should be given only in exceptional cases of severe anemia. As for the platelets, a tendency for red cells to fall, should make one suspect either overdosage or blastic transformation.

Busulfan appears to be as effective as irradiation of the spleen in its capacity to shrink the spleen and to maintain it in a state of regression for long periods.¹⁰⁰

Whether a maintenance treatment with myleran should be given or whether the treatment should be discontinued when the leukocytes are nearly normal is a question which has never been definitely settled. The possibility to re-treat with busulfan with the same efficacy several times over many years is an argument for intermittent treatment. In this case, the patient may not be treated until the WBC reaches 50,000 or even 100,000/cu mm, since the majority of patients start to complain of fatigue, perspiration, and headache only at these levels of WBC. Evidence has been put forward for a better maintenance of normal or subnormal levels of hemoglobin in the case of continuous therapy.⁴⁸ However, no controlled study answered the question in terms of survival. Anyway, either type of treatment seems compatible with a long survival: Galton⁴⁸ describes a case surviving more than 13 yr on almost continuous therapy

whereas one of our patients treated intermittently with busulfan only, is still in the chronic phase of her disease after 20 yr. When resistance to busulfan is achieved, several other drugs (dibromomannitol, hydroxyurea, melphalan, etc.) have still been found active.

Only a few controlled studies exist in which busulfan has been compared with other sorts of treatment. The classical study which was conducted by the Medical Research Council¹⁰⁰ has very clearly demonstrated the superiority of busulfan over splenic irradiation. This was true for quality of remission and for survival. Another randomized study has shown clearly the superiority of busulfan over cyclophosphamide in its ability to normalize or to decrease the leukocyte count, to normalize the platelet count, to increase the hemoglobin, to reduce the spleen, and to improve the performance status of the patient." Cyclophosphamide was also considerably less active in maintaining the remission. Moreover, early development of resistance was seen with cyclophosphamide. Busulfan was also found superior to 6-MP for the over-all control of CML during a 12-wk course of study⁶⁴ and considerably superior to chlorambucil as evaluated after a period of 12 wk.¹²⁸

Among the several toxic effects of busulfan, the bone marrow depression is certainly the most constant one. In most patients, this toxic effect seems dose-related and can thus be avoided if the daily dose is maintained low and is reduced in time. It has been pointed out^{9,48,58,99,121} that a few patients appear much more sensitive than the others and are brought into deep marrow aplasia very rapidly, usually, with doses well tolerated by the large majority of patients. The mortality of these cases was high. Interestingly, survivors seemed to have long remissions some lasting one or several years. Whether busulfan should be administered deliberately at a dose inducing aplasia in order to obtain longer remissions has been questioned several times.^{48,121}

Rare forms of busulfan toxicity include: amenorrhea,⁴⁶ skin pigmentation,⁴⁶ germinal cell atrophy,⁷² fetal malformations,²⁷ and a wasting syndrome.⁸⁶ The most dangerous of these rather rare complications is probably the "busulfan lung syndrome."^{88,110,134} This is seen in patient on busulfan therapy generally for more than 1 year or much longer. The clinical picture is characterized by progressive dyspnea, cough, fever, weakness, and bilateral crepitations in the lungs. The chest x-rays show characteristic widespread mottling. A needle biopsy of the lung is useful for differential diagnosis with miliary tuberculosis, mycotic infection, leukemic infiltration, etc. Pulmonary function studies show an alveolar capillary block. Cessation of the drug led to progressive clinical and radiologic improvement in some cases." Some cases responded to large doses of prednisone.¹¹⁰ Most cases developed progressively increasing dyspnea and died.^{68,134} Histology of the lungs shows cellular atypia, fibrinous edema, hyaline membranes and interstitial and intraalveolar fibrosis.^{99,91} It should be noted that anyone of these are frequently seen in symptomless CML patients whether they were treated with myleran or not." The cellular atypia of long-term administration of busulfan are not restricted to lung; generalized nuclear abnormalities have been reported."

DIBROMOMANNITOL (DMB)

Dibromomannitol, a polyalcohol derivative synthesized in 1961, was found to be active in the treatment of CML but to have no advantages over busulfan.

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The daily dose in most clinical studies on CML patients was 250 mg/day decreasing to 250 mg every 2 or 3 days. Given in this way, partial or complete remissions were obtained in 60%, 80% of cases^{16,34,95,123,141} instead of 85%, 50%, response rate for busulfan. The leukocytes tend to decrease from the beginning as opposed to busulfan which causes an increase for 10-15 days. The time required to normalize the WBC depends on the daily dose. Using the dose indicated, 80% of the patients were in remission within 3 mo of treatment. Only 13% though achieved a complete remission, i.e., normalization of cell blood parameters and complete regression of splenomegaly.¹⁶ The beneficial effect on anemia was differently appreciated in the different studies. DBM given in doses over 5 mg/kg per day causes considerable and long-lasting granulocytopenias and thrombocytopenias. Neither erythropoiesis nor lymphopoiesis are severely affected. The toxicity appears to be restricted to the hemopoietic system. The gastrointestinal side-effects are rather insignificant. Complete remissions may last 1-9 mo.

In a retrospective study the Dibromomannitol Co-operative Study Group⁷⁷ has shown that the median survival of a group of 122 patients treated with DBM was 43.3 mo or 3.6 yr. The median survival of the 73 patients treated with DBM only was not significantly different from the one of the 49 patients who received DBM for more than half the duration of the disease. This is of the same order of magnitude as that obtained by busulfan in other studies. The 25% survival is at 62 mo for DBM: perhaps somewhat better than for all the other groups (48 mo). The analysis of the causes of death in this group indicated that the blast crisis occurred with the same frequency as in the other studies, i.e., 68.7% and more probably 74.8% depending on the definition of blast crisis. As in other series, death due to marrow toxicity was not negligible: 8.4% of the cases.

HYDROXYUREA

Hydroxyurea, synthesized a century ago, is a cell cycle-phase-specific agent: a specific inhibitor of DNA synthesis. Since more than 90% is excreted within 12 hr,⁷ it was recommended to give the drug every 12 hr. Given to hematologically normal individuals, it causes several hematologic anomalies such as anemia, neutropenia, thrombocytopenia, megaloblastosis. Howell-Jolly bodies, macrocytes, and hypersegmented PMN.⁷⁴

A clinical study was performed on 20 cases of CML⁷⁶ who received 50 mg/kg/day in two divided doses until the WBC was below 10,000/cu mm. The WBC was rapidly normalized within a week or two in all of the cases. An increase in hemoglobin to more than 12 g/100 ml occurred in 12 of the 16 patients with anemia. Splenomegaly which was present in the 20 patients was reduced by more than 90% in 18. In the 11 instances of thrombocytosis, a reduction of platelets to normal values occurred following the decrease of WBC. These excellent results were obtained despite the fact that ten patients were no longer responsive to busulfan. The bone marrow returned to a near normal differential count in all patients studied serially unless myelofibrosis had developed. Subsequently, a maintenance dose of approximately 20 mg/kg/day was employed. This dose was found to produce a continuing suppression of the WBC. The median duration of improvement was 41 mo. and the median sur-

vival from diagnosis to death was 50 mo for ten patients who had not had previous chemotherapy.

In another study,⁷⁵ lower doses were given: 1500-2500 mg/day for induction. A complete remission, i.e., a complete disappearance of all blood and marrow signs of CML (except the chromosomal abnormality), as it is often obtained with busulfan, was only rarely seen. In fact, in 43 cases so treated, a "complete remission" was observed only once. Another difference with busulfan, probably related to the previous one, was that a rapid increase of the WBC was observed as soon as HU was stopped. The median survival (40 mo) appeared similar to that obtained by the other classical treatments. It should be pointed out that this last study does not allow a precise evaluation of the antileukemic activity of HU, since for 15 of these patients, the treatment consisted of splenectomy followed by HU and repeated leukapheresis. However, this study probably indicates that when a complete remission or nearly normal whitecell count is not maintained most of the time, the results are not worse in terms of survival. An important information which has to be kept in mind when using HU is that, in certain patients, even when the dose is kept constant, cyclic oscillations of the leukocyte count may be observed.⁷⁵ In one single cycle the WBC was found to vary from normal to 15 or 80 or even 170,000/cu mm. The cyclic periods usually ranged from 30 to 50 days with considerable similarity in each individual. Similar oscillations with the same periodicity as the leukocyte count were observed for the platelet counts. The recognition of this phenomenon during HU treatment is of course of great practical importance for the dosage regulation.

Despite a mechanism of action apparently very different from the one of the other treatments effective in CML, the median survival obtained in these two studies appeared similar to that obtained by the other classical treatments. It is clear that as all the other agents tested so far, on one hand, it does not prevent the development of myelofibrosis and blast crisis, and, on the other hand, it may be responsible for fatal bone marrow aplasia. Besides the bone marrow suppression, systemic reactions were seen. They consisted in mild anorexia and dermatologic alterations such as partial alopecia, pigmentation, dry skin, atrophy of the skin and subcutaneous tissue, nail changes, and erythema of the face and hands which occurred mainly with long-term continuous maintenance therapy.⁷⁶

The mode of administration of HU has not been entirely examined and could probably be improved. For instance, there are studies on solid tumors, suggesting that larger doses (80 mg/kg) given every third day in a single dose are better tolerated and might have greater antitumor effects.⁸⁷

SPLENIC IRRADIATION

This method of treatment has been somewhat abandoned at the moment, although it has been extensively used in the past. At a dose of 600-1000 rads, it is effective not only to shrink the spleen but also to normalize the peripheral blood and the bone marrow.⁶³ Several observations give an explanation for the systemic effect of this local treatment. The myeloid metaplasia seen in the spleen of these patients has suggested for a long time that an abundant cell production

occurs in this organ. This impression was confirmed by kinetic studies conducted by Clarkson et al.¹⁰⁹ who showed, using infusions of ⁵¹Cr-labeled cells into the splenic artery, that the great majority of the immature myeloid cells in the blood of these patients originate in the spleen. However, splenectomy is not very efficient in decreasing the WBC, and the arrest of production in the spleen is probably not the only way of action of splenic irradiation. The observations made by Moxley¹⁰⁷ and Galbraith⁴⁴ may explain the normalization of blood and bone marrow after irradiation of the spleen only. These studies indicate that the immature myeloid cells in CML circulate from blood to marrow, from blood to spleen and from spleen to marrow. However, they still do not give a complete explanation for the bone marrow aplasia sometimes observed after splenic irradiation.¹¹⁰ Such clinical observations would support the theory of the release into the circulation by the irradiated spleen cells of an inhibitor of the myeloid cell proliferation.⁹⁸

Splenic irradiation is capable of maintaining a state of regression for long periods of several months. However, progressively, courses of radiotherapy using successively higher doses are required and cause less regression. Splenic irradiation as the sole form of treatment of CML has been rather abandoned. This was due to the publication of the results of the controlled clinical trial by the Medical Research Council's Working Party for Therapeutic Trials in Leukemia conducted on 102 untreated CML patients who were allocated at random for treatment by either splenic x-irradiation or busulfan.¹⁰⁰ It has shown that busulfan was significantly better at obtaining and maintaining a higher level of hemoglobin concentration. Moreover, the median survival time was longer in the group allocated to myleran (170 wk) than in the group allocated to splenic irradiation (120 wk). The incidence of blast crisis being the same in both groups (70%), suggests that treatments may be different in their capacity to delay or to enhance the blast crisis. An important conclusion from this clinical study is thus that it seems possible by the treatment to influence the time of onset of the blast crisis. Splenic irradiation has, since then, no longer been used alone for the treatment of CML. However, it remains a practical way to obtain a rapid decrease of the size of the spleen even in some cases resistant to myleran.

EXTRACORPOREAL IRRADIATION OF THE BLOOD (ECIB)

First described by Cronkite et al.^{23,131} and Thomas et al.,¹⁴⁷ this technique permits the irradiation of the peripheral blood cells only. It takes advantage of the radioresistance of the erythrocytes and in the case of CML of the existence of a rapid traffic of myeloid cells existing between marrow and spleen via the blood. A chronic arteriovenous shunt inserted in the forearm is connected to an extracorporeal circuit at the time of irradiation. The blood then flows through a radiation source, and the system is built so that the amount of radiation (500 rads) received by a segment of blood as it passes completely through the irradiation one time (the transit dose) is sufficient to kill the cell. Only few patients with CML were treated by this method. For instance two patients¹¹¹ with 90,000 and 140,000 WBC and 36% and 14% immature white cells, respectively, were submitted to 2-4 hr ECIB sessions, respectively, 14 and 32 times. The re-

sult of this treatment was a decrease of the WBC (to **21,000** and **12,000**), a decrease of the per cent of immature cells in the blood (to 24% and 3%) and a considerable decrease of the size of the spleen in the second patient. Complete remissions were not obtained. Moreover, after cessation of ECIB, relapse of leukemic process occurred in a matter of days to several weeks. Whether this was due to increased cell production has not been elucidated. There are no studies on the proliferative capacity of the bone marrow cells before and after ECIB in CML patients. However, studies on the bone marrow of patients with acute leukemia using tritiated thymidine labeling indices and mitotic indices before and after ECIB suggest that it may be increased as a consequence of the irradiation of the blood.^{19,36} An increased proliferative activity of the myeloid precursors in CML may explain the disappointing results obtained with this technique. Obviously, this form of therapy is not a cure for CML and therefore in view of the existence of other much more convenient forms of treatment, its use should be restricted to very special cases such as pregnancy, a situation in which all chemotherapeutic agents should be suppressed at least in the first months.

LEUKAPHERESIS

As a consequence of the rapid traffic of cells existing between marrow and spleen via blood,^{44,107} a depletion of the blood should theoretically affect the bone marrow also. The continuous flow centrifuge (NCI-IBM Blood Cell Separator) has been used in CML in order to investigate the possibility to use CML patients as granulocyte donors and the possibility to improve CML patients by subtracting regularly large amounts of blood myeloid immature cells. The efficiency of leukocyte separation and collection was variable from patient to patient with median yields of 18%-53%.¹³ In 98 separate centrifugations completed in 12 CML patients, the average decrease of WBC expressed in per cent of the pretreatment value was only 16.5% (range 45 to 0). Moreover, in most patients, 2-3 days only were required for the WBC to return to baseline level. Since, moreover, red blood cells were always lost during continuous flow centrifugation and technical problems encountered in more than 25% of the sessions, it appears that this technique is not very efficient and practical as the only treatment of all CML patients.

The explanation for these disappointing results may be the same as the one suggested for ECIB. A complete evaluation of the role of leukapheresis in the treatment of CML has still to be done since some patients appear to respond better than others. This was the case of a patient, described recently, in whom intensive leukapheresis (12 and 18 sessions) appeared able, by reducing to total amount of leukemic cells, to come back on two occasions to a previous, apparently more benign, stage of the disease.⁵¹ Whether the patient who exhibited this promising response to leukapheresis had a very peculiar form or a rather classical form of CML is important to know but still unsettled.

SPLENECTOMY

The constancy of splenomegaly in CML has suggested for more than a century to remove the spleen as a therapeutic procedure. This was followed by an opera-

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tive mortality of 25%¹⁴³ or more which was due partly to the difficulties still existing at that time for blood transfusions, anesthesia, and treatment of infections. Since splenectomy was, in most cases, performed in order to control the chronic phase of the disease and since it did not generally modify greatly either the blood picture or the late outcome of the disease, it fell into disrepute as **CML** became easily controlled by progress in radiotherapy and chemotherapy. Strumia¹⁴⁴ reviewed 34 cases published in the literature between 1940 and 1964 including five of his own cases and found still an operative and post-operative mortality of the order of 25% as it was during the period 1902-1939. Great improvement was noticed in five patients out of 34, minor improvement in nine. It should be pointed out that, at that time, splenectomy was generally performed because of loss of control of the disease in its chronic phase and, therefore, on large spleens when the leukocyte count was high^{101,143} and that the transient decrease following splenectomy in some of these cases could have been unrelated to splenectomy but rather due to undisturbed cycling of the leukocyte count. This explanation is certainly not valid in all the cases who improved after splenectomy. For instance, it seems improbable in a case²⁶ who had a remission lasting 8 mo.

Three indications for splenectomy have been suggested but have not been fully evaluated. Decreased platelet production due to busulfan in one of them. It has been shown on a small group of six patients that splenectomy may considerably improve thrombocytopenia consecutive to long-term myeleran therapy.¹⁴⁵ In this study, splenectomy was performed in the chronic phase of the disease. Although the platelet count was generally very low (6000/cu mm in one case), no operative mortality was observed. There was an immediate postoperative rise in platelet count in all six patients which was sustained in five patients. In these five patients with bleeding and thrombocytopenia, no further hemorrhagic problems or platelet transfusions were required as long as they remained in the chronic phase of **CML**. Splenectomy as a part of the treatment of blastic transformation is a second possible indication. It has been advocated only rarely. It was performed in eight cases in blastic transformation, caused no operative death, and apparently improved most patients.¹³⁵

Splenectomy as prevention of blast crisis is the third possible indication still the subject of an unsettled debate. It consists of removing the spleen during the chronic phase of the disease when the size of the spleen and the hematologic picture have been normalized or almost by a conventional treatment, in order to reduce, as much as possible, the operative risk. Late in the course of the disease the surgical procedure is certainly more difficult. The rationale is that the spleen contains Ph¹-positive cells,¹⁴⁶ and constitutes therefore a large reservoir of cells susceptible to transformation. As a matter of fact, abnormal sublines of Ph¹-positive cells have been found in the spleen at the time of blastic transformation,¹³⁹ and it is conceivable that this transformation may start in the spleen (cited by Galton¹⁴⁷). Early splenectomy per se is certainly an inadequate treatment. It is proposed as an adjuvant procedure in combination with an intensive chemotherapy in order to get rid of the Ph¹-positive cell line or at least to decrease the number of abnormal myeloblasts seen in the bone marrow already at the time of diagnosis.

Single cases have already shown us that blast crisis **may** still occur after early splenectomy. Moreover, no randomized study has so far demonstrated that splenectomy performed in the chronic phase **during** a period of remission is certainly a useful procedure in CML. In a clinical study performed by the group of Villejuif, splenectomy was performed **as soon as** the first remission had been obtained by chemotherapy.¹¹ This study suggests that the blast crisis **may** be delayed by splenectomy, since the median survival of 15 splenectomized patients (43 mo) **was** 6 mo longer than the median survival of 25 patients who refused splenectomy (37 mo). However, the incidence **of** the blast crisis (13/15) **was** of the same order as in the reference patients (19/24) and the morbidity, mainly venous thrombosis due to thrombocytosis, was not negligible. We also experienced this in one of our early CML who reached more than 2,000,000 platelets/cu mm. Finally, mortality in the last years, although in decrease, remains prohibitive as it can be seen in Table 2.

Whether early splenectomy is a useful procedure for the patient in terms of survival cannot be settled from the available studies. Controlled clinical trials are needed to evaluate the effect of splenectomy performed early in CML. Such a trial is presently conducted by the Medical Research Council's Working Party on Leukemia in Adults and one has been started by the European Organization for Research and Treatment of Cancer (EORTC), but conclusive results have not yet been obtained. Studies on the usefulness of splenectomy in early CML might have to be repeated in association with different regimens of chemotherapy.

PROPHYLACTIC TREATMENT OF THE BLASTIC TRANSFORMATION OF CML

The observation that at the clinical onset of CML the bone marrow already contains a population of abnormal myeloblasts having kinetic features highly reminiscent of those of the blasts of acute myeloblastic leukemia² suggests the

Table 2. Mortality of Splenectomy in CML

Authors	Indications	No. of Cases	Operative or Postoperative Death	Evolution	Ref.
Strumia 1940-1964	Resistance, severe pain	34	8 (23%)	5 great improvement 9 minor improvement	143
Meeker et al. 1967	Hypersplenism, splenomegaly	15	3	8 improved	101
Sokal et al. 1971	Hypersplenism, blast crisis	17	0	Immediate benefit 1/2 Lasting improvement 1/4	135
Canellas et al. 1972	Thrombocytopenia after busulfan	6	0	5 improved	14
Schwartzberg et al. 1973	Prevention of BC in early CML	18	3	6 mo increased median survival?	132
Spier 1973	Prevention of BC in early CML	(17)	(0?)		140
Stryckmans et al. 1973	Prevention of BC in early CML	3	0		
Total 1967-1973		59	6 (10%)		

prevention of their accumulation by destroying them as soon as possible during the chronic phase of the disease. Since busulfan appears to have more tendency than the other agents to produce long-lasting cytopenias and since, moreover, it is not a cell cycle-phase specific agent, it does not seem reasonable to recommend its use at higher doses. In the present state of our knowledge, it is logical to believe that the best chemotherapeutic regimens for acute myeloblastic leukemia could also be the best candidates for this prophylactic chemotherapy. Arabinosyl-cytosine is therefore probably a drug of first choice. There are data suggesting that this drug might act selectively on myeloblasts since it has been shown, in CML, to be more active on myeloblasts than on promyelocytes and myelocytes.¹ There are presently several clinical studies going on in order to test the validity of this sort of chemotherapy for delaying the blast crisis.

In the same line as studies carried out in acute lymphoblastic¹⁶ and acute myeloblastic¹⁷ leukemia, another approach has been to stimulate the immunologic defenses of the organism presumably against the leukemic blasts. Sokal et al.¹³⁶ have recently published the results of a study of CML patients who were subjected to repeated vaccination with BCG and allogeneic cultured cells. Fifteen patients with uncomplicated Ph¹-positive CML were treated with conventional chemotherapy whenever it was found necessary and moreover, except for one receiving BCG alone, they were immunized with one or both of two cultured cell lines mixed with BCG organisms. One of the cell lines was established from the peripheral blood of a patient with acute myeloblastic leukemia, the other was established from the blood of a patient in blastic crisis of Ph¹-positive CML. Most patients received their first three vaccinations at 3-6 wk-intervals. The interval was extended gradually so that they received three to four vaccinations per year when the maintenance schedule was reached. These 15 patients were compared to 28 unimmunized historical controls whose initial prognosis and chemotherapeutic management were comparable to those of the immunized patients. A survival curve for the immunized patients was constructed despite the fact that they entered the immunotherapy program at widely varying times after diagnosis (0.5-7 yr). The median survival of the immunized patients (more than 7 yr) was strikingly better than that of the selected controls (about 3.5 yr). This study certainly suggests a favorable effect of immunotherapy but does not prove it, firstly, because the treatment was not randomly assigned and, secondly, because immunized patients were admitted in the study any time after diagnosis which may have resulted in the selection of patients who survived longer than the average. A controlled trial on a random basis has been started by the same group (personal communication). If their initial results are confirmed, many questions would still remain unanswered. Is the mechanism of action immunologic? If so, is it a specific or nonspecific immunologic stimulation? What is the part played, respectively, by BCG and leukemic blasts? What are the hazards of BCG administration?

ERADICATION OF THE LEUKEMIC CELLS

This term will be used here indifferently for eradication of the Ph¹-positive cell line. There are important facts which justify the concept of eradication.

The first is that all the chromosomal analyses of blast metaphases during

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acute transformation have shown the persistence of the Ph¹ chromosome, implying that it is always in this cell line that transformation will occur.

The second fact is that in vitro studies clearly indicate the coexistence of Ph¹-positive and Ph¹-negative myeloid cells in the bone marrow.²⁰ The absence of Ph¹-negative cells as it is observed in most direct karyotype analyses, probably reflects the inhibition of proliferation of these cells rather than the absence of these cells.

The third fact is that in a few cases, as a consequence of chemotherapy, the Ph¹-negative cells became predominant in the bone marrow. In most cases it was unexpected and occurred as a consequence of a busulfan-induced aplasia. Finney⁴¹ has described a patient who, after a busulfan-induced bone marrow insufficiency, has had a remission lasting 10 yr. During this period of time, seven chromosome studies on bone marrow cells have shown that 70%-100% of the mitoses were Ph¹-negative. Galton⁴² has recently reviewed several of his cases of CML treated with busulfan who showed a preponderance of normal Ph¹-negative cells with persistence of only some Ph¹-positive cells. All these cases were found among patients whose bone marrow had become severely hypoplastic after treatment with busulfan. Within this subgroup, the few who showed regeneration of apparently normal bone marrow with Ph¹-negative cells and restoration of an apparently normal blood picture had received relatively small amounts of busulfan, treatment having been discontinued or reduced rapidly because of an exceptional sensitivity to the drug. Maurice et al.⁴³ have reported a case of CML, who, after busulfan treatment, had severe pancytopenia for 1 yr and had still, 9 yr later, a completely normal hematologic status with Ph¹-negative cells. This study was only very suggestive of eradication of the Ph¹-positive cells since chromosomal analysis was not yet available at the time of diagnosis. It should be kept in mind that the long duration of a normal hematologic status only does not imply "cure" since relapses have been observed after more than 6 yr complete remission."

These clinical observations allow us to draw two conclusions and to make certain working assumptions. Firstly, in some cases at least, preferential cytotoxic effect can be obtained on the leukemic cells and it may be assumed that is not intrinsic to the cell and specific to busulfan but, instead, a consequence of a greater proliferative activity of the leukemic cells and therefore obtainable by other drugs. Secondly, these observations also indicate that the Ph¹-positive cells have probably to be considerably decreased in number before the "normal" cell line is able to reappear. This second finding may be explained by a negative feed-back exerted by the abnormal cell line, on the normal cell line. The persistence of a regulatory mechanism in CML, strongly suggested by the cyclic oscillations of the leukocyte counts in CML, is compatible with this hypothesis. Thus, excellent arguments do exist to induce deliberately an intense marrow aplasia. It should be of short duration to be able to give the patient the best supportive treatment available if necessary. Moreover, cycle phase-specific agents should probably be used in order to protect the "dormant" Ph¹-negative cells. Therefore, the long duration and the unpredictability of the aplasia induced by busulfan and the absence of cell cycle phase-specificity of this agent make it a bad candidate for this sort of eradication treatment.

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A prospective study based on this concept of therapy of CML has been started in an attempt to determine if intensive treatment might alter the course of the disease by elimination of the leukemic stemline.⁸⁸ The regimen consisted of radiotherapy of the spleen followed by splenectomy, then an intensive course of chemotherapy with arabinosylcytosine and thioguanine, and usually further maintenance therapy with various chemotherapeutic agents. In eight of the patients studied, two showed disappearance of the Ph¹ chromosme. In one of those, it reappeared in 6 wk whereas the second was still free of the chromosome abnormality more than 2 yr after its disappearance.

The information available indicates clearly that the Ph¹-negative cells occasionally seen in Ph¹-positive patients must have been present before treatment was begun, although they could not be found in chromosome analyses. Since eradication has so far been rather exceptional, it raises the questions whether Ph¹-negative myeloid stem cells are present in all the cases of CML. The difficulty of obtaining a Ph¹-negative bone marrow by chemotherapy in the great majority of the cases, does not exclude the universal presence of Ph¹-negative myeloid cells in CML. This difficulty could only reflect the inability of our treatments to affect preferentially the Ph¹-positive cells.⁴⁹ If this is the case, it holds out the hope that with better Chemotherapy the return to a Ph¹-negative bone marrow is possible in all the patients. Unfortunately, so far the return to a Ph¹-negative state usually was neither complete nor permanent; nevertheless, it appeared to be associated with a long survival.^{41,49,85,99}

SUMMARY

None of the classical treatments have so far significantly increased the survival of CML patients. This general statement includes all the treatments suitably tested, namely, ³²P, splenic irradiation, busulfan, hydroxyurea, or dibromomannitol. However, there is no doubt that all these treatments have all, each in a different way, improved the quality of the survival. Moreover, the possibility to choose among several treatments makes it more and more possible to find in individual cases, with toxicity or resistance, another more suitable treatment. Other therapeutic procedures which are not able to control the disease by themselves have to be evaluated for their capacity, as adjuvant, to improve the results obtained by chemotherapy. These procedures include early splenectomy, extracorporeal irradiation of the blood, leukapheresis, etc.

The therapeutic effect of immunotherapy, which appeared in humans to be restricted to acute myeloblastic and lymphoblastic leukemia, could perhaps include CML. This deserves additional evaluation.

Finally, the few patients in whom intensive chemotherapy was able to induce a normal hematologic state with disappearance of the Ph¹-positive cell line allow us to hope that, with better drug administration schedules, such results could be obtained on more patients and maintained indefinitely.

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