

Our Children

SUNDAY SCHOOL HELPS

By ANGELO PATRI

Our days, filled as the are with war and the rumors of war, give us great concern for the future of the nation.

Wars are a symptom of moral disorder, the spiritual illness that has before now destroyed nations and destroyed nations again. Peoples have risen to great power only to fall in ruin caused by inner decay.

We would not have this so for our beloved land. Then we must rise and do something about it.

Religion has always been the source of man's spiritual strength.

For some years past our churches have shown a falling off of attendance, a lack of interest on the part of the larger proportion of our people.

Crime seems to be on the increase. Conscience seems to be weakened and grow faint in places where we would expect high moral courage and spoiled honor.

Material prosperity seems to be the first and last thought of a host of our citizens. Old ways have gone out and the newer

ways have lost the spark of spirituality that is the very core of healthy life in individual or nation. We must go back.

Then being agreed on this basic ideal all of us, heads of homes, of schools, of churches, of the community, must arrange for the instruction, the leadership and the experiences that will wrap the children in an environment that enables them to know good, to feel it, to accept it as right and natural. Religious instruction is essential to wholesome, healthy childhood and youth.

Our schools cannot provide this but Sunday schools can, and do when the children are registered in them and attend them. This is something too many of us neglect.

Example is the best possible teacher children can have. The "rest" Sunday sets a pattern for idleness, boredom, waste of precious hours of childhood.

After all the day is long, 12 to 15 hours long, the children can be taken to Sunday school and to church, and there will still be hours and hours for rest.



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Basic FASHION for '52 is filled with hints to make your clothes budget go further—time-saving and economical designs that are easy to sew. Gift pattern printed inside. 25 cents.

Case D-35: Jessica B., aged 22, is an unusually attractive brunette.



"Dr. Crane, do you believe in love at first sight?" she asked me eagerly.

"I met a man six weeks ago who affected me more strangely than any person I had ever encountered previously."

"When we finally were introduced, I couldn't think of anything to talk about. I felt shy and tongue-tied, though I am usually nonchalant and fairly adept at conversation with boys."

"Since then I keep dreaming of this man and can't get him out of my mind. I have since learned that he is married, so I feel as if I can never be happy again."

Love at first sight is a very real thing. As a matter of fact, that is how I fell in love with Mrs. Crane.

But it is a very hazardous type of fascination and not nearly as safe as the "earned" type of love.

It is not possible to fall in love with a total stranger who does not thus represent some familiar characteristics.

The danger lies in the fact that a person may fall in love with the wrong individual! Sometimes this may be a rotter or a gold digger.

The answer is rather simple. That person is symbolical of a familiar loved one in your past.

Or else he may be a fusion of several outstanding characteristics possessed by Jessica's favorite brother or father or cousin or uncle, etc.

And Jessica feels overwhelmed, even before she says a word to him. He might be a crackpot or a villain. He might be a cruel and selfish man. He might disgrace her without a qualm of conscience.

Or he might be an excellent individual. Regardless of his merits, however, she and other victims of love at first sight feel enslaved. They think life is worthless if they cannot have the one they love.

Jessica must likewise ride her emotions by her head. She can fall in love many times if she will give herself the chance.

Besides, this man is already married, so she must resolutely banish his memory by quickly dating other attractive men who really are eligible.

Direct mail service to Dr. Crane has been started to speed handling of the large volume of letters. Please address correspondence to Dr. George W. Crane, L.B. Independent Worry Clinic, c/o the Hopkins Syndicate, Melott, Ind. Enclose a long 8c stamped, addressed envelope and a dime when you send for a psychological chart. (Copyright by the Hopkins Syndicate, Inc.)

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BETWEEN TEEN-AGERS

Choosing the Right Gift

By NANCY MOTTRAM

DEAR NANCY: "I've never given a girl a present of any kind before, except at those child birthday parties when parents chose the gifts."

"And even though I have two sisters, buying things for them was never much of a problem. But now I'm going steady with a very wonderful girl and her birthday is next month."

"I haven't wanted to ask advice from my family, because I know I'll be ribbed about it for weeks, but I would like to give her something that will help prove how much I think of her. Would you give me some suggestions as to what I might properly choose?"

(A) The two big taboos on gifts from a boy to a girl, and vice versa for that matter, are very personal or very expensive items. In the old days, flowers and candy and books were the only acceptable offerings, but the rules have relaxed a little, although no girl breathes who wouldn't be thrilled by a florist's box on the big day! That's a favored and very effective present!

Sometimes, she might have mentioned a certain book she'd like to have or if she's an artist at heart, a folder of prints of one of her favorite painters would be different and most welcome.

In the jewelry line, use care and caution. You're right in remembering that her parents' opinion will be important, so don't let your enthusiasm carry you away. A small, distinctive compact is a good choice, or one of the clever link bracelets so popular this season.

A pair of costume pins would be a pretty present or a choker of the chalk white beads that are high style this spring. If it's simple but good workmanship and definitely not costly, you're on the safe side.

Mme. Qui

Vive

Bathing's Not Just a Task

By Helen Jameson

Cleanliness is the first beauty law. The daily bath is of cosmetic value.

It not only gives one a feeling of energy and self respect, but also has a favorable effect upon the complexion, because it normalizes the functioning of the skin. To be presentable, to carry an appearance of freshness, requires time and a certain amount of intelligence.

Bathing should be thorough, and it can't be unless a brush of firm bristles is used. It should be a period of relaxation.

It is about the only time that some busy women can find to relax. It should not be considered a task, but a pleasure.

Small children should be taught to wash their faces properly, not just go over their cherubic maps with a wash of a soaped washcloth. Before going to bed they should brush their teeth, wash their faces and hands.

Unless the complexion has scrupulous care, blackheads can appear when a child is still quite young. Pores become enlarged and the texture of the skin is coarse. That is a bad beauty beginning. At the age of thirteen or fourteen, acne may appear.

This skin blemish is no minor good-looks grief. Medical men who treat diseases of the skin and scalp seldom promise a speedy cure. They have various means of combating it, but give strict instructions about keeping the skin surface extra clean. Atmospheric dust clings to a dry oily skin more than to a dry one. Unless removed twice a day, it will burrow into pores that are already filled with a waxlike substance, caused by a thickening of sebumous fluids.

Some specialists suggest that patients who are bothered with these unsightly blemishes should clean their faces with shaving soap that is bland and lathers quickly.

After the soap is rinsed away with warm water, hot moist applications are applied. The purpose is to soften the waxlike plugs in the pores.

When the face has been dried via gentle pats with a soft towel, the blackheads can be removed—not by pressure of the fingers.

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