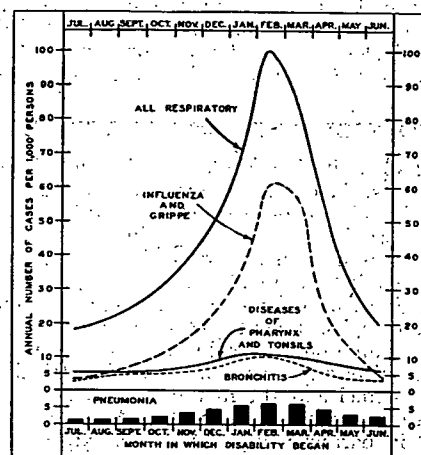


Intensive studies on air disinfection have indicated two distinct control measures, (a) suppression of dust and lint, and (b) disinfection of droplet-nuclei.

Well controlled, large scale tests of the various methods of air sterilization conducted in barracks^{7, 8} have confirmed the importance of dust control in minimizing the spread of airborne disease, a consideration which has guided the practices of ventilating engineers for a number of years. The importance of the dust factor has been emphasized by many engineers and has been convincingly demonstrated by subsequent bacteriologic studies aboard ships.

Treatment of floors and bedclothes with oil emulsions has proved effective in reducing bacterial dispersion by as much as 90 per cent in



Occurrence of diseases causing disability for 8 consecutive days or longer in a group of 100,000 wage earners (10 per cent women) in different industries.

*Graph obtained from Dean K. Brundage, U. S. Public Health Service.

FIG. 1. STUDY OF AVERAGE MONTHLY FREQUENCY (1921-1926 INCLUSIVE) OF SPECIFIED RESPIRATORY DISEASES⁹

Army barracks and station hospitals⁹. The incidence of acute respiratory infections was from 10 to 30 per cent lower in barracks with oiled floors and bedclothes than it was in control barracks which received no special treatment.

No simple method for disinfecting droplet-nuclei has yet been devised. Under favorable laboratory conditions, propylene glycol in concentrations of 0.07 to 0.14 milligrams per liter, and triethylene glycol in a concentration of 0.0045 milligrams per liter were highly germicidal for most airborne bacteria in clean air when the relative humidity was between 40 and 60 per cent^{9, 10, 11}. Under practical conditions, however, particularly in the presence of dust in the air, glycol effectiveness is much reduced. The use of other chemical aerosols that have been tried is limited by their toxicity, odor, or destructiveness to fabrics and metals.

Ultraviolet radiation of floors and upper air has proved more effective

than glycol aerosols in reducing respiratory illness. In barracks housing naval recruits, hospital admissions for respiratory infections (mostly *catarrhal fever*) were 25 per cent lower in a group of men exposed to ultraviolet radiation—(2537 Angstrom Units, 1 to 7 ergs per (cm²) (sec) at bed level)—than they were in adjacent control barracks without ultraviolet radiation¹². A combination of ultraviolet radiation and dust control measures is believed to be more effective than when either one of the two is used alone, but the proof for this has yet to come.

VALUE OF AIR COOLING UNDER TROPICAL CONDITIONS

The commissioning of a class of naval hospital ships with all wards, laboratories and living spaces air cooled is a notable achievement to provide better treatment of patients, especially those suffering from extensive burns, by control of environmental factors. Although statistics

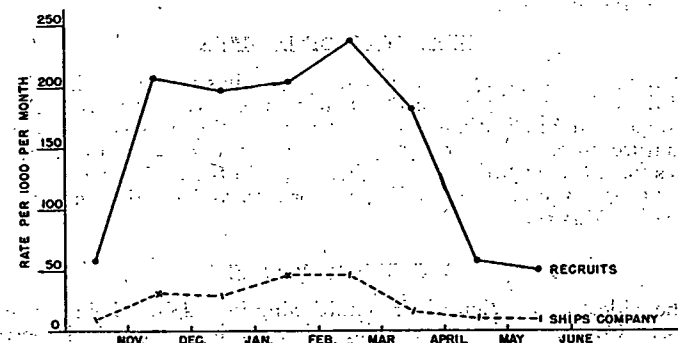


FIG. 2. MONTHLY INCIDENCE OF ACUTE RESPIRATORY ILLNESS AMONG NAVAL RECRUITS AND SHIP'S COMPANY (PERMANENT PERSONNEL)

are not at hand to indicate the deaths or retarded recoveries of patients due to lack of air cooling in ships operating in tropical waters, it is generally agreed among competent observers that high temperature and humidity are major factors in prolonging disability and increasing mortality of the sick and injured. Physiologic data obtained on healthy men, moreover, show the large loss of body fluids and the stress on the cardiovascular system in terms of increased pulse rate when these men are continuously subjected to high temperatures. Even at rest about 50 cc of fluid per hour are lost as sweat¹³ through intact skin. In burn patients the difficulty, encountered in temperate climates, of maintaining fluid and electrolyte balance is tremendously augmented by the additional evaporative fluid loss in hot environments.

Frequently from 50 to 75 per cent of personnel aboard naval vessels operating in tropical waters are afflicted with heat rash to a degree that interferes with rest and sleep. In carefully controlled experiments¹⁴ it was possible to produce a fulminating type of rash in all men living continuously at an effective temperature of 85 (90 F dry-bulb and 83 F wet-bulb). In the control group, 12 out of 24 hr were spent in a relatively cool atmosphere of 75 F (80 F dry-bulb, and 70 F wet-bulb). These