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Observer Error and Sampling Variability Tested in Evaluation of Hepatitis and Cirrhosis by Liver Biopsy

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In 50 patients with chronic active liver disease, observer and sampling error in histologically evaluating hepatitis and cirrhosis after blind-needle biopsy of the liver was assessed from coded tissue. This was done by repeated readings of the same specimens by the same pathologist, by sequential biopsies from the same patients with cirrhosis, and by multiple simultaneous biopsies from adjacent areas of the liver. Observer error was small. The consistency of grading the individual histologic characteristics of hepatitis was 90%, and the reproducibility of the degree of either hepatitis or cirrhosis was 94%. Sampling error was also trivial in hepatitis, indicating that a single needle biopsy accurately reflects the type and degree of inflammation and necrosis in adjacent areas of the liver. By contrast, sampling error was of considerable magnitude when the presence of cirrhosis in patients known to have the lesion was sought, since confirmation by simultaneous or sequential biopsies was made in only 33% of the cases.

Accuracy of aspiration needle biopsy in evaluating or diagnosing hepatitis (1) and cirrhosis (2) has hitherto been assessed by multiple postmortem biopsies. Under these circumstances, accuracy in each condition can approach 100%, but such biopsies were not taken blindly. Since determination of histologic appearance, which is accessible only by blind biopsy of the liver, is of practical value in diagnosing and managing several chronic liver diseases, it is essential to define, for a single needle biopsy, the reliability of a single interpreter (observer error) and the representative nature of the tissue acquired (sampling variability). Results

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treated for chronic disease. The criteria of persistent tenfold elevation of SGOT, globulin, and in hepatitis with macrophages when observed on

Biopsies were cosin and van randomly assigned, evaluated by the edge of clinical or examined for severity of the summation (istics), and for cirrhosis. Each characteristic together with the was graded on a severe). Cirrhosis regenerative nodules

Parenchymal nec diffuse, piecemeal Parenchymal inflammation, lymphocytic, lymphocytic (Kupfer cell) Bile stasis (liver central, peripheral) Parenchymal mitoses, multinucleated cells, fatty change with proliferation, mitoses Portal tract inflammation, acidophilic, lymphocytic Portal tract duct proliferation, atypical cell reaction, ducts of ducts Portal tract mitoses, collagen, septal fibrosis Totals

* All graded 0 to +2-grade difference
† 1-grade difference
‡ Whole table: x

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MATERIALS AND METHODS

Trans thoracic or subcostal liver biopsies, taken with a Vim-Silverman needle from 50 patients being

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treated for chronic active liver disease, were studied. The criteria for the diagnosis (5) included disease of at least 10 weeks' duration, with a persistent tenfold elevation of SGOT, or a fivefold elevation of SGOT coupled with a twofold rise in γ -globulin. In addition, all patients had severe hepatitis with moderate or severe piecemeal necrosis when observed on initial biopsy.

Biopsies were prepared using hematoxylin and eosin and van Gieson stains. Each biopsy was randomly assigned a different code number and was evaluated by the same pathologist without knowledge of clinical or biochemical data. Biopsies were examined for seven general features (each representing the summation of four to six specific characteristics), and for the degrees of hepatitis and cirrhosis. Each characteristic and feature (Table 1), together with the degrees of hepatitis and cirrhosis, was graded on a scale from 0 (normal) to 3 (most severe). Cirrhosis was diagnosed by the presence of regenerative nodules. Grade 1 indicated early or

doubtful cases in which only segments of nodules were seen. Grades 2 and 3 indicated that cirrhosis was definite and that the normal lobular pattern had been largely or completely replaced by regenerative nodules.

To test observer error, the same 12 slides were submitted twice for evaluation of each histologic characteristic and feature, separated by periods of months to years, with different code numbers. To determine consistency in evaluating the degree of hepatitis and cirrhosis, 34 slides were submitted for a second reading in the same way.

Sampling error regarding the presence of cirrhosis (assuming the lesion to be irreversible) was tested in 19 patients from whom three to five biopsies were taken at intervals of 6 or 12 months after cirrhosis was demonstrated. Next, to test the representative nature of the diagnosis of hepatitis or cirrhosis from a single biopsy, two or three biopsies from adjacent areas of the liver were obtained simultaneously through the same intercostal site in

Table 1. Reproducibility of Histologic Grading (Same Biopsy)

Features*	No. of comparisons	Disagreement		Full agreement
		Marked†	Minimal‡	
Parenchymal necrosis (acidophilic, lytic, focal, diffuse, piecemeal)	60	2	20	38
Parenchymal infiltration (polymorphonuclear, acidophilic, lymphocytic, plasma cell, fibroblastic, Kupffer cell)	72	3	24	45
Bile stasis (liver cells, Kupffer cells, canalicular, central, peripheral)	60	0	7	53
Parenchymal miscellaneous (vacuolization of nuclei, multinucleated giant cells, collagen, fatty change, fatty change with cysts, pseudoductular proliferation, mitoses)	84	2	13	69
Portal tract inflammation (polymorphonuclear, acidophilic, lymphocytic, plasma cell, fibroblastic)	60	3	18	39
Portal tract ductular change (typical duct proliferation, atypical duct proliferation, ductular cell reaction, duct degeneration, reduced number of ducts)	72	7	16	49
Portal tract miscellaneous (size of portal tract, collagen, septal formation, granulomas)	48	0	13	35
Totals§	456	17	111	328

* All graded 0 to 3; characteristics are in parentheses.

† 2-grade difference between the 2 readings.

‡ 1-grade difference between grades 0 and 1, 1 and 2, or 2 and 3.

§ Whole table: $\chi^2 = 12.74$ ($P < 0.05$) = table is not homogeneous.

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13 patients. The needle was pointed in three different directions during the procedure, and each biopsy was separated from the others by an angle of at least 30°. Eight patients had three, and 5 patients had two such simultaneous biopsies.

RESULTS

Observer error. The reproducibility of grading the same biopsy was established from 12 biopsies, with 38 specific histologic characteristics grouped into seven general features, all of which were evaluated twice (Table 1). There was full agreement in 328 of 456 comparisons (72%), a difference in only 1 grade in 25%, and a greater discrepancy of 2 grades in only 3%. There were no 3-grade differences. The group of comparisons which demonstrated 1-grade differences (25%) were composed of 44 (9%) in which the difference was between grades 0 and 1, and 67 (16%), in which the difference was between grades 1 and 2 or grades 2 and 3. Among the general features, errors were found more frequently in evaluating portal or parenchymal inflammation and bile ductular changes, whereas excellent accuracy was achieved in estimating bile stasis. Because of these deviations, the accuracy of diagnosis among general features (Table 1) was not homogeneous ($P < 0.05$). Among 12 evaluations of diffuse necrosis, there was only one 1-grade difference (between grades 2 and 3), and in 12 evaluations of piecemeal necrosis, there were three 1-grade differences (between grades 2 and 3) of no practical significance.

To assess reproducibility of the degree of hepatitis or cirrhosis, 34 slides were evaluated twice. Overall severity of hepatitis was exactly reproducible in 30 of 34 slides (88%). Two specimens were interpreted differently between grades 2 and 3, and two, between grades 1 and 2. The grade of cirrhosis was exactly reproduced in 26 of 34 biopsies (76%). Five biopsies differed by only 1 grade; in two instances, the differ-

ence was between grades 0 and 1, and in the others, there was one 2-grade difference.

Sampling variability. Evaluation of multiple simultaneous biopsies (Table 2) showed that the presence and grade of hepatitis in a single biopsy accurately reflected hepatitis in adjacent areas. The only discrepancies noted were 1-grade differences in 4 of 21 pairs: 2 between grades 2 and 3, which had no diagnostic significance; and 2 between grades 1 and 2. By contrast, there were many discrepancies in the presence and grade of cirrhosis. In five sets of three and in three sets of two biopsies, in which grade 1 or 2 cirrhosis was seen in at least one specimen of the set, there was only one instance of uniform grading. Only three of seven sets showed cirrhosis in all biopsies (Table 2).

Further, to judge the consistency of the diagnosis of cirrhosis, three to five sequential biopsies from 19 patients were exam-

Table 2. Evaluation of Multiple Simultaneous Biopsies from Same Patient

Patient	Hepatitis*			Cirrhosis*		
	A	B	C	A	B	C
	Biopsies			Biopsies		
1	3	3	3	0	0	1
2	3	3	3	2	2	1
3	3	3	2	1	2	0
4	2	2	2	0	0	0
5	2	2	2	0	0	1
6	1	1	2	1	1	1
7	1	1	1	0	0	0
8	1	1	1	0	0	0
9	3	2	—	1	2	—
10	2	2	—	0	0	—
11	2	1	—	0	1	—
12	1	1	—	0	1	—
13	1	1	—	0	0	—

* Graded 0 to 3 (0 = normal).

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ined during the 1-3 years after cirrhosis was diagnosed. In only 8 patients was the diagnosis consistent (Table 3). Assuming cirrhosis to be irreversible, the disappearance of cirrhosis in 6 patients was apparently inconsistent and represented a sampling error. Further, in five instances, a biopsy not demonstrating cirrhosis, but preceded and followed by biopsies in which cirrhosis was present, was more clearly inconsistent. Even in the minority in which cirrhosis was consistently present, the grade of cirrhosis varied.

DISCUSSION

From our experience, the observer error of an individual in grading the degree of hepatitis was small, and the consistency of interpretation approximated 94%. Further, there was full agreement regarding the many features and characteristics comprising the histologic diagnosis of hepatitis in 72% of cases. However, even a 1-grade difference in interpretation may occasionally contribute to clinical errors. Thus, between grades 0 and 1, disease may be overlooked, as with the portal inflammatory change in chronic persistent hepatitis (6); and, between grades 1 and 2 of piecemeal necrosis, imperfect differentiation between chronic persistent and chronic active hepatitis (6) could lead to mistaken therapy. Sampling error by blind biopsy, which also encompasses observer error, is probably of even less importance in hepatitis, since simultaneous biopsies from adjacent areas of the liver showed a high degree of consistency and were therefore representative. Others have reported a similar conclusion (1,7) from autopsy specimens. The occasional discrepancies found were of similar magnitude to the observer error documented earlier. The most difficult areas to evaluate included the type but not the severity of portal and parenchymal inflam-

mation, because plasma cells and lymphocytes are difficult to distinguish on routinely stained specimens; it was also difficult to assess lesions of the bile ductules, a category previously reported to present difficulties in diagnosis (8).

By contrast, the diagnosis of cirrhosis was unreliable. Observer error (24%) was slightly greater than with hepatitis (12%), but not significantly different. But the magnitude of sampling variability, tested in two ways, was such that failure to demonstrate cirrhosis in patients with chronic active liver disease offers no assurance that the lesion is not present. This finding

Table 3. Diagnosis of Cirrhosis* on Sequential Biopsies from Same Patient with Cirrhosis

Patient	Months after original diagnosis				
	0	6	12	24	36
CONSISTENT					
1	1	2	2		
2	—	1	1	—	3
3	3	3	—	2	1
4	2	—	3	3	3
5	2	2	3		
6	1	2	2	2	
7	1	1	3		
8	3	2	1	2	
APPARENTLY INCONSISTENT					
9	2	1	0		
10	1	1	0	0	0
11	2	—	0	0	
12	2	1	—	2	0
13	1	0	0		
14	2	0	0		
INCONSISTENT					
15	1	0	2	1	1
16	2	0	1		
17	1	0	1	0	0
18	1	0	1		
19	1	0	3	2	

* Graded 0 to 3 (0 = normal).

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differs from the results of series done from postmortem material (2), but accords with a report in which blind biopsy failed to demonstrate cirrhosis in 51% of 254 patients in whom the diagnosis was made at laparoscopy (9). In chronic active liver disease, cirrhosis is usually of the postnecrotic (macronodular) variety (10), and bioptic confirmation of this type of cirrhosis is acknowledged to be more difficult than is portal (micronodular) cirrhosis.

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Effect of Vagotomy on Response Curves

S. J. Konturek, MD.

Pancreatic dose-response curves for duodenal ulcer before and after vagotomy were determined by progressively increasing and pyloroplasty dose curves for the volume of vagal nerves is an exogenous secretin.

The role of vagal innervation in the secretion in man has been the subject of a number of authors, and the vagotomy and pyloroplasty increase of gastric secretion has attracted little attention has, however, the effect of this procedure on the response to pure natural secretin (2, 3).

This report was designed to study the influence of vagotomy on the entire range of pancreatic response to pure natural secretin.

METHOD

Six men (28-41 years of age, all volunteers who were hospitalized for ulcer disease, were selected for the study. The diagnosis, established by endoscopy, was confirmed by the presence of an ulcer crater, was confirmed at the time of surgery.

Prior to surgery, pancreatic function was determined in the early morning, after a double-lumen Dreyer's fast. A double-lumen Dreyer's

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