

**Electric
Co.**

Corner Sixteenth

side 3696



Colds, Coughs and Grippe

BY DR. SAMUEL HAMILTON

Commonly the first symptom of a cold is a chilly feeling, accompanied by sneezing or a tickling in the throat. The frequent causes are getting wet or cold, or going from hot rooms suddenly into cold ones, catching cold from contact with others in crowded street cars or assemblies. There is an inner cause, namely, the impurity of the blood, caused by constipation or indigestion. No one ever takes cold unless cornered exhausted, and having what we call a cold, which is attended with impoverished blood, exhaustion of nerve force. There is a gradual absorption of poisons into the system, and as clean as possible. For this there is a reliable extract of May-apple, aloes, jalap, every drug store as Dr. Pierce's Pleasant Laxative, a doctor in the land to give a good purge, what will develop. The first thing to do is to get the cough there is nothing better than a botanical extract which Dr. Pierce put in no alcohol but does contain wild cherry botanical extracts which are not only good for the stomach, lungs and blood than any other in liquid or tablet form.

plain the "J. B. L. Cascade" to you, and will also give you free on request a most interesting booklet by Dr. C. A. A. T. T. of New York, specialist on Internal Medicine. Ask for free booklet "Why Man of Today is Only 50 per cent Efficient" today.—Ad. Payment.

On Saturday evening, will be in the nature of an amateur night, in which a group of girls of the War Camp Community Service will entertain the thousand girls who are expected to be present. Among the

Mistake Cause Girl's Death

SAN FRANCISCO, April 25.—A mistake in fixing medicine to be the cause of the death of Myra Treat, local soccer body was found yesterday. Treat died at 2301 P. when the family returned to Berkeley. Miss Treat had been taking medicine, a lack of influenza, for indications found by the doctor were that she had medicine with a poison found in the medicine apparently under the impression she was using distilled water in a similar bottle was supposed to have with the remedy.

An inquest will be held to determine the cause of death.

Captain Kentzell Fire Department

SAN FRANCISCO, April 25.—Captain P. Kentzell, captain of company 10, died at the hospital this morning from a heart attack Tuesday when he was standing upon which he was standing dropping him four stories.

The captain was one of the most popular and efficient of the fire department here and was known for bravery during the fire in 1906. He was a widow and two children at 517 Eighth avenue.

J. H. DOLSEN TO
Lincoln hall, 411 Third
Sunday evening at 8
subject will be "The
Class War." The meet
under the auspices of
party and admission will

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Dr. King's New Discovery
Them and Keep You
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Fifty continuous years of unflinching checking and coughs, colds and kindred ailments is the proud achievement of King's New Discovery. Grandparents, fathers and the kiddies—all have used it as the safest, most pleasant-to-take remedy of the age.

Sold by all druggists at 50c and \$1.20.

Keep Bowels on Schedule. Late, retarded function of the whole day's duties. Keep the system cleansed and lively, the stomach at Dr. King's New Life Pills. Tonic in action. Sold at 25c.—Advertisement.



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Till May 1st we will make our \$15.00 "Roofless" Double Suction Plate for \$10; does not cover the roof of mouth; lightest plate known. Our minimum prices: Set of Teeth, \$10; Crown and Bridge Work a Specialty. Painless extracting. OPEN EVENINGS TILL 3. PHONE LAKESIDE 2784.

DR. T. E. GASTON, Painless Dentist
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or a prospective buyer entering your own house. What would be your first impression? A shabby entrance with a porch badly in need of paint? Then why not change it?

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