

Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
BASSETT CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
BIG FORK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLUE EARTH R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Rapidan Dam	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Quillback		All sizes			Mercury
below Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Quillback		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
BUFFALO CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
CANBY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
CANNON R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Fairbault to Northfield	Carp	All sizes				
	White Sucker	All sizes				
Northfield to Byllesby Res.	Carp	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Byllesby Res. to Welsch	Carp	All sizes				
CEDAR R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Mill Pond Dam, Austin	Bullhead		All sizes			Mercury
	Carp		All sizes			PCBs
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Redhorse Sucker		All sizes			Mercury
	River Carpsucker			All sizes		Mercury PCBs
	White Sucker	All sizes				
below Mill Pond Dam, Austin	Carp		All sizes			PCBs
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury

Carp from this river contain dioxin, a chemical that may cause cancer in humans. Meat and dairy products also contain dioxin. At this time, MDH does not provide meal advice based on dioxin in fish. You can reduce your exposure to dioxin by choosing to eat a different species and following the consumption guidelines for that species.

Notes:

R. - River, CR. - Creek PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

Contaminants listed were measured at levels high enough to warrant a recommendation to limit consumption.

Listing of consumption advice does not imply the fish are legal to keep, MN DNR fishing regulations should be consulted.

**Exhibit
2398**

State of Minnesota v. 3M Co.,
Court File No. 27-CV-10-28862

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CENTER CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	White Sucker	All sizes				
CHIPPEWA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Northern Pike	All sizes				
	Walleye	All sizes				
CLEARWATER R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
COTTONWOOD R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury PCBs
	Freshwater Drum	All sizes				
	Quillback	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CROOKED CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker	All sizes				
CROW R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
CROW R., N FORK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
CROW R., S FORK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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CROW WING R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
DARK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Brown Trout	All sizes				
ELK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
FORT RIDGELY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
GARVIN BROOK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
GILMORE CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
GRAND PORTAGE CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
HAWK CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Walleye		All sizes			Mercury
HAY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
JUNCO CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
KABEKONA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
KETTLE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Channel Catfish			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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KIMBALL CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
LAC QUI PARLE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
LE SUEUR R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Buffalo		All sizes			Mercury
	Carp			All sizes		PCBs
	Channel Catfish		All sizes			PCBs
	Redhorse Sucker		All sizes			Mercury
LEAF R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Walleye	All sizes				
	White Sucker	All sizes				
LITTLE FORK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Quillback		All sizes			Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
LONG PRAIRIE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	White Sucker	All sizes				
MILL CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
MILLER CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				

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MINNESOTA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Minnesota Falls	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum	All sizes				
	Walleye	All sizes				
below Minnesota Falls	White Bass	All sizes				
	Bluegill Sunfish	All sizes				
	Buffalo		All sizes			Mercury
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Flathead Catfish		shorter than 35"	35" or longer		Mercury PCBs
	Quillback	All sizes				
	Sauger		All sizes			Mercury PCBs
	Walleye		All sizes			Mercury PCBs
	White Bass		All sizes			Mercury PFOS
	White Sucker	All sizes				

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Location	Meal Advice					
MISSISSIPPI R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Lake Itasca to Ottertail Power Dam	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Ottertail Power Dam to Knutson Dam	Yellow Perch	All sizes				
	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Sunfish	All sizes				
	White Sucker		All sizes			Mercury
Knutson Dam to Cohasset Dam	Yellow Perch	All sizes				
	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Grand Rapids Dam to Brainerd Dam	Yellow Perch	All sizes				
	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
Brainerd Dam to Little Falls Dam	Sunfish		All sizes			Mercury
	Walleye		shorter than 19"	19" or longer		Mercury
	White Sucker	All sizes				
	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				

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Brainerd Dam to Little Falls Dam	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Little Falls Dam to Blanchard Dam	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
	Bluegill Sunfish	All sizes				
Blanchard Dam to Sartell Dam	Carp		All sizes			Mercury
	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike	All sizes				
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
	Carp	All sizes				
Sartell Dam to St. Cloud Dam	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Bluegill Sunfish	All sizes				
	Carp		All sizes			PCBs
St. Cloud Dam to Coon Rapids Dam	Channel Catfish		All sizes			Mercury PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury PCBs
Coon Rapids Dam to St. Anthony Falls	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury

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MISSISSIPPI R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Coon Rapids Dam to St. Anthony Falls	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
St. Anthony Falls to Ford Dam, Pool 1	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
Ford Dam to Hastings Dam, Pool 2	Bluegill Sunfish		All sizes			PFOS
	Buffalo		All sizes			PCBs
	Carp			All sizes		PCBsPFOS
	Channel Catfish		All sizes			PCBs
	Crappie		All sizes			PCBsPFOS
	Flathead Catfish		All sizes			Mercury
	Freshwater Drum			All sizes		PCBsPFOS
	Northern Pike	All sizes				
	White Bass			All sizes		Mercury PCBsPFOS
	Bluegill Sunfish		All sizes			PFOS
	Buffalo			All sizes		Mercury PCBs
	Carp			All sizes		Mercury PCBsPFOS
Hastings Dam to Red Wing, Pool 3	Channel Catfish			All sizes		Mercury PCBs
	Crappie		All sizes			PCBsPFOS
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			MercuryPFOS
	Northern Pike		All sizes			PCBsPFOS
	Sauger		All sizes			PCBsPFOS
	Smallmouth Bass		All sizes			PCBsPFOS
	Walleye		All sizes			PCBsPFOS
	White Bass			All sizes		Mercury PCBsPFOS
	Bluegill Sunfish		All sizes			PFOS
	Buffalo			All sizes		PCBs
	Carp			All sizes		Mercury PCBs
	Channel Catfish			All sizes		PCBs
	Crappie		All sizes			PFOS
Red Wing to Kellogg Dam, Pool 4	Flathead Catfish		shorter than 20"	20" or longer		Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			PFOS
	Sauger		All sizes			PCBs
	Smallmouth Bass		All sizes			Mercury PCBsPFOS
	Walleye		All sizes			PCBsPFOS
	White Bass			All sizes		PCBsPFOS
	Bluegill Sunfish		All sizes			PFOS
	Buffalo		All sizes			PCBs
Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6						

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Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	Carp		All sizes			PCBs
	Channel Catfish			All sizes		PCBs
	Crappie		All sizes			PFOS
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			PFOS
	Northern Pike		All sizes			PFOS
	Sauger	All sizes				
	Smallmouth Bass		All sizes			Mercury PCBsPFOS
	Walleye		All sizes			PFOS
	White Bass			All sizes		Mercury PCBsPFOS
LaMoille Dam to Reno Dam, Pools 7 & 8	Bluegill Sunfish	All sizes				
	Buffalo		All sizes			PCBs
	Carp		All sizes			PCBs
	Channel Catfish			All sizes		PCBs
	Crappie	All sizes				
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury PCBs
	White Bass		All sizes			Mercury PCBs
	Bluegill Sunfish	All sizes				
	Bowfin			All sizes		Mercury
Reno Dam to Iowa Border, Pool 9	Buffalo	All sizes				
	Carp			All sizes		PCBs
	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye	All sizes				
	White Bass	All sizes				
	Bluegill Sunfish	All sizes				
	Bowfin			All sizes		Mercury
	Buffalo	All sizes				
PIGEON R.	Carp			All sizes		PCBs
	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye	All sizes				
	White Bass	All sizes				
	Bluegill Sunfish	All sizes				
	Bowfin			All sizes		Mercury
	Buffalo	All sizes				
	Carp			All sizes		PCBs
PIPESTONE CR.	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye	All sizes				
	White Bass	All sizes				
	Bluegill Sunfish	All sizes				
	Bowfin			All sizes		Mercury
	Buffalo	All sizes				
	Carp			All sizes		PCBs
	Channel Catfish		All sizes			PCBs

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POMME DE TERRE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
RAINY R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Crappie		All sizes			Mercury
	Lake Sturgeon	All sizes				
	Northern Pike		All sizes			Mercury
	Quillback		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
RAMSEY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker	All sizes				
RED LAKE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Thief River Falls Dam	Crappie	All sizes				
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
below Thief River Falls Dam	Crappie		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
RED R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye			All sizes		Mercury
REDWOOD R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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ROCK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	White Sucker	All sizes				
ROOT R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout		All sizes			PCBs
	Carp		All sizes			Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				
ROSEAU R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
RUM R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Walleye		All sizes			Mercury
SAUK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Melrose Dam	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
Melrose Dam to Cold Spring	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
Cold Spring to St. Cloud	Carp	All sizes				
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				
SEVEN MILE CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
SNAKE CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
SNAKE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Freshwater Drum	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch	All sizes				

Notes:

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Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location		Meal Advice				
	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SPRING/HINDERMAN CR.	White Sucker	All sizes				
ST. CROIX R.						
above Stillwater	Bluegill Sunfish	All sizes				
	Buffalo			All sizes		Mercury PCBs
	Carp		All sizes			Mercury PCBs
	Channel Catfish			All sizes		Mercury PCBs
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Northern Pike		All sizes			Mercury PCBs
	Redhorse Sucker	All sizes				
	Rock Bass	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury PCBs
	White Bass			All sizes		PCBs
	Buffalo		All sizes			Mercury PCBs
	Carp		All sizes			Mercury PCBs
Stillwater to Mississippi River	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Sauger	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury PCBs
	White Bass			All sizes		PCBsPFOS

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Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
ST. LOUIS R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Cloquet	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Cloquet to Fond du Lac Dam	Carp			All sizes		Mercury PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Fond du Lac Dam to Lake Superior	Carp			All sizes		Mercury PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury PCBs
	Sunfish	All sizes				
	Walleye		shorter than 20"	20" or longer		Mercury PCBs
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
STONEY BROOK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Brown Trout	All sizes				
STRAIGHT R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
STURGEON R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Mooneye		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
SUCKER CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
SWAN R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				

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Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
TAMARACK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
TOAD R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
	Yellow Perch	All sizes				
UPPER IOWA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
VERMILION R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
VERMILLION R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			PCBs
	Crappie	All sizes				
	Northern Pike	All sizes				
	Walleye		All sizes			PCBs
	White Sucker	All sizes				
WATANWAN R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Walleye	All sizes				
WELLS CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
WEST INDIAN CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
WHITEFACE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
WHITEWATER R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
YELLOW MEDICINE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
ZUMBRO R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Bass		All sizes			Mercury
	Bluegill Sunfish	All sizes				
	Carp		All sizes			PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Quillback			All sizes		Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Bass		All sizes			Mercury
	White Sucker	All sizes				

More information:

See Information at:

MN DNR fishing regulations	http://www.dnr.state.mn.us/regulations/fishing/index.html
PFOS - Perfluorooctane sulfonate	http://www.health.state.mn.us/divs/eh/hazardous/topics/pfcs/index.html
PCBs - Polychlorinated biphenyls	http://www.health.state.mn.us/divs/eh/fish/faq.html
Meal Advice	http://www.health.state.mn.us/divs/eh/fish/eating/meal.html
Mercury	http://www.health.state.mn.us/divs/eh/fish/faq.html
Dioxin	http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins

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