

REVISED RECOMMENDATIONS COVERING RULES AND INSTRUCTIONS FOR
PREVENTION OF ASBESTOSIS. THESE RULES TO SUPERSEDE THOSE
ADOPTED BY THE SHOP AND ENGINEERING COMMITTEE ON JAN. 18, 1937.

1. Respirators should be furnished by the Company and they should be worn at all times by employes handling asbestos. Attention is called to some of the specific instances where respirators are required:

Loading or unloading shipments of asbestos.
Mixing asbestos.
Removing lagging from boilers.
Removing lagging from pipes.
Breaking up or grinding asbestos.

2. Before removing lagging from a boiler, either locomotive or stationary, asbestos must be sprayed with water sufficiently to lay the dust.
3. Removal of lagging from locomotive boilers should be done when there is the least number of men working in the vicinity, and all such men should be protected by wearing approved respirators.
4. Grinding asbestos causes excessive dust. Where such operations are performed and facilities are equipped with exhaust systems, employes should also be required to wear approved respirators. When exhaust systems are not provided, employes so engaged should be required to wear air masks or helmets with clean dry air furnished from an outside source.
5. Each employee required to wear a respirator should be furnished one for his individual use or one that has been sterilized if previously used by any other person.
6. To insure maximum protection from respirators, only those that have the approval of the U. S. Bureau of Mines should be furnished.
7. Foremen should make periodical checks to see that respirators fit properly, and to note that they are in good condition.
8. Foremen should be held responsible for seeing that respirators are worn in accordance with instructions.
9. It is suggested that the above recommendations be communicated directly to the foremen involved. Publicity on the above might suggest the making of claims.