

TABLE 38-A  
EXCRETORY AND BIOLOGIC THRESHOLD LIMITS

|                                                              |                        |                        |
|--------------------------------------------------------------|------------------------|------------------------|
| <b>Urinary TLV's should be used for</b>                      |                        |                        |
| Aniline                                                      | Hydrogen cyanide       | Selenium               |
| Antimony                                                     | Hydrogen fluoride      | Selenium hexafluoride  |
| Arsenic                                                      | Hydrogen selenide      | Stibine                |
| Arsine                                                       | Lead arsenate          | Sulfuryl fluoride      |
| Benzene                                                      | Mercury                | Tellurium              |
| Boron trifluoride                                            | Molybdenum             | Tellurium hexafluoride |
| Calcium arsenate                                             | Nickel                 | Thallium               |
| Chlorinated benzenes                                         | Nickel carbonyl        | Uranium                |
| Cyanide                                                      | Nitrobenzene           | Zinc chloride          |
| Fluoride                                                     | Nitrogen trifluoride   | Zinc oxide             |
| Hydrogen bromide                                             | Parathion              |                        |
| <b>Blood TLV's are more applicable than excretory limits</b> |                        |                        |
| Cadmium dust                                                 | Lead                   | Methyl bromide         |
| Cadmium fume                                                 | Manganese              |                        |
| <b>Blood and/or breath TLV's should be applicable</b>        |                        |                        |
| Carbon monoxide                                              | Nitric oxide           | Sulfur hexafluoride    |
| <b>Breath analysis good for many</b>                         |                        |                        |
| Alcohols                                                     | Aliphatic hydrocarbons | Ketones                |
|                                                              | Chlorohydrocarbons     |                        |

**NOTE.** Analysis of blood, breath, or urine samples can be done in conjunction with air analysis to determine if workers are in danger of injury or intoxication. Ideally, such biologic or excretory threshold limits should correspond to the average levels found when workers are exposed to the atmospheric TLV.

*Adapted from "Excretory and Biologic Threshold Limits," by H. B. Elkins, A I H A Journal, 28(4) 305-314 (July-August 1967)*

like amount entered the body by any other channel of absorption, such as through the skin or the intestinal wall.

The harmful effects of deleterious materials are determined by the amount accumulated in the body—by the total dosage. The number of milligrams of harmful material per kilogram of body weight determines the toxic effect produced. This is often overlooked when expressing individual exposures only in terms of concentration (parts per million) in the air breathed and the length of time of exposure. The amount in the inspired air is not necessarily the amount absorbed.

According to H. B. Elkins (see References), differences in particle size or solubility, which are practically impossible to measure accurately, determine the fraction of inhaled

impurity which is retained or absorbed. The concentration in the air of parathion, or lead dust, may not be associated with intoxication, depending on whether or not there is opportunity for significant skin absorption or ingestion.

These are situations where air analyses are not adequate to precisely evaluate the peril of the hazard, since the amount absorbed cannot be predicted from the data obtained by such determinations. In such situations it is highly desirable to have other means of estimating exposure. With many substances this can be done by analyzing suitable biologic specimens or excretion products for the toxic agent or a metabolite derived therefrom (See Fig 38-1).

The only biologic fluid finding much appli-