

HEAT

Consequences of Exposure

Excessive sweating can lead to a salt imbalance in the body which can result in heat exhaustion.

Repeated or prolonged overexposure can cause failure of the sweat regulating mechanism (which cools the body) which can result in heat stroke (high fever and unconsciousness, with possible death if not reversed immediately).

Control Standard

DIHG 79 Wet Bulb-Globe Temperature - to determine when specific work practices and schedules are needed to avoid heat stress.

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