

REVIEW OF LEAD STUDIES IN ANIMALS
CARRIED OUT AT HASKELL LABORATORY
- TWO-YEAR FEEDING STUDY AND
RESPONSE TO HEMORRHAGE STUDY

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SUMMARY

A brief review of two animal studies carried out at Haskell Laboratory is given. The first describes a two-year feeding study during which rats and dogs were fed diets to which was added 0, 10, 50, 100 and 500 ppm lead as lead acetate. Rats were also fed levels of 1000 and 2000 ppm Pb. Various clinical, biochemical, histopathologic and reproductive studies were done on the animals. In the second study, dogs with markedly depressed ALA-dehydrase activity were severely hemorrhaged. Their recovery curves of hemoglobin, red cell count and hematocrit were compared to those obtained on hemorrhaged control dogs.

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INTRODUCTION

Today, I should like to summarize two animal studies carried out at Haskell Laboratory to provide additional information on the toxicology of lead. Both studies have been presented in more detail elsewhere^(1,2) and are only summarized here.

It has generally been agreed that in man, the diet is the major source of lead intake; however, long-term lead feeding studies in animals have only recently been carried out. Schroeder, et al⁽³⁾ reported that 5 ppm lead acetate in the drinking water of mice resulted in an increased mortality and decreased longevity. In a subsequent publication⁽⁴⁾, however, these investigators reported that the water in the initial study published in 1964 contained 25 rather than 5 ppm lead and that the animals were chromium-deficient. When they repeated the study using non-chromium-deficient rats drinking water containing 25 ppm Pb, the mortality and longevity were not affected and lead was found to be non-tumorigenic. More recently, these investigators⁽⁵⁾ have reported that 25 ppm Pb in the drinking water had a significant effect on the indices of reproduction of mice and rats.

Jessup⁽⁶⁾ carried out one of the most comprehensive toxicologic studies of lead ever undertaken which included a 22-month feeding study using rats, dogs and monkeys, a three-generation reproduction study using rats, a teratology study in rabbits, a rat and monkey behavior study, a one-year newborn rat carcinogenesis study, tissue enzyme studies, electron microscopy and radiotracer studies. Ingestion of 10 ppm Pb produced no demonstrable adverse effects; 50 ppm resulted in minimal equivocal effects; and 100 and 1000 ppm produced histologic but not functional changes in the kidney of rats. Ten ppm Pb was equivalent to approximately 100 times the quantity of lead ingested by an average adult man.

METHODS

First Study
In order to provide additional information on the effects of long-term ingestion of lead, ~~our laboratory~~ *rats and dogs were* fed diets containing lead acetate ~~to be compared~~ for two years. The concentration of lead added was 0, 10, 50, 100 and 500 ppm. There were 50 male and 50 female rats per dose level and 100 male and 100 female control rats receiving the basal laboratory diet. *Most dogs* Four male and four female beagle dogs were used at each dose level. After the study was in effect for several months, a second two-year feeding study was initiated in rats to provide dietary lead levels of 0, 1000 and 2000 ppm added lead. In the latter study, only 20 male and 20 female rats were used per dose level.

On this Next Slide are some of the variables that were examined over the two year period. Lead was determined by atomic absorption spectrophotometry.

by the ~~method of~~ ^{method of} Bonnegrosie ~~et al.~~ ^{on}
D.A. It was determined by the method of ^{Maizegall and} ~~Maizegall and~~ ^{Hannich} ~~Hannich~~.

$n,$
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however, the rate of weight gain was depressed in both male and female rats ingesting diets containing 1000 and 2000 ppm Pb., *There was no effect on mortality.*
that male rats fed 500 and 2000 ppm Pb. had an increased mortality; *The following were noted:*
however, the mortality at the 1000 ppm Pb level was not different from the controls. *mortality fed*
500 ppm Pb
is also apparent from Table 1 that kidney tumors were seen in male
in males.

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Figure 1 shows that the blood Pb concentration of dogs rose rapidly during the first four to six months and, thereafter, appeared to plateau. Similar findings were found in the rats and with urine lead. The apparent lag time between continued ingestion of lead and subsequent rise in blood Pb may be a factor in the finding that pediatric lead poisoning cases occur more frequently in the summer months as opposed to the winter season when children would more likely be exposed to paint containing lead. (9)

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A high degree of correlation was found between blood Pb concentration and concentrations of lead found in the kidney, bone, liver and brain of both rats and dogs. Figure 2 shows the high degree of correlation between blood Pb and kidney Pb concentration in dogs. Thus, blood Pb concentration appears to be a good index of tissue Pb deposition as well as exposure to Pb.

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The three-generation, six-litter, reproduction study showed that there was no effect of dietary lead at concentrations of 0, 10, 50, 100, 1000 and 2000 ppm Pb on the number of pregnancies, number of pups born alive, fertility index, gestation index, viability index or lactation index. At 1000 and 2000 ppm dietary Pb, however, the average weight of weanling rats was slightly decreased and histologic examination of ~~of all organ systems in the 21-day old weanling rats (F₃B)~~ showed histologic changes in the kidney comparable to those seen in adult rats receiving 500 ppm or more Pb in their diet. *extremely, intrauterine, exclusion, multiplex, and hypoplasia*

The average concentration of lead in the blood, urine, kidney, and liver, bone and brain of the rats and dogs after ingesting lead for 24 months is shown in Table III. As the amount of lead in the diet was increased, the lead content of the tissues increased. ~~In the dogs, the rate of increase was greatest for liver Pb and least for bone Pb. With rats, the rate of increase was greatest for the kidney rather than the liver.~~ The blood and urine Pb concentration of dogs receiving 10 ppm Pb or more was significantly greater than corresponding control values. Similar findings occurred in the rat.

on the other hand, the data on this slide suggest another possible interpretation. For example, normal human blood Pb concentrations are generally below 40 ug/100 gm and at these concentrations the only significant finding has been a decrease in A.C.H. dehydroase activity. In our study, the animals fed 100 ppm Pb in their diet had blood and tissue Pb concentrations comparable to normal humans and the major finding in these animals was a decrease in A.C.H. - dehydroase activity. This decrease in A.C.H. - dehydroase activity was not associated with any significant clinical, histopathologic, neurologic, reproductive or mortality effects.

ONLY TELL THOSE WHO HAVE A NEED TO KNOW

Similarly, adult humans generally begin to show clinical signs of lead poisoning at blood Pb values above 80 µg/100 gm. In this *study the animals* ~~study~~, a dietary Pb level of 500 ppm ~~produced~~ ^{had} a blood Pb concentration ~~in both species~~ of about 80 µg/100 ml which was associated with an increase in DALA excretion. At ^{about} this level and higher, increased mortality and renal changes were observed in the rats. The latter may be attributable to the very high concentration of lead found in the kidney of the rat compared to man and the dog (~~Table III~~).

Thus, when the results of this animal study are examined in terms of blood and tissue lead concentrations rather than on a basis of dose level, the findings are similar to those reported in humans.

HEMORRHAGE STUDY

Next Slide

ALA-dehydrase is one of the enzymes involved in hemoglobin synthesis. Our findings and those of others⁽⁸⁾ suggest that despite a depression of its activity by lead, the body has sufficient enzyme reserve to meet its day to day needs. However, it could be argued that the body might not be able to cope with a stressful situation involving the loss of large quantities of blood. In order to investigate this situation, the following experiment was carried out.

Next Slide

Thirty-six dogs were divided into three groups of 12, with each containing six males and six females. One group served as a control; the second group received 100 ppm Pb as lead acetate in their diet and the third group was given 500 ppm Pb. After the animals were on this diet for 31 weeks, the dietary lead concentration of the high level group was doubled to 1000 ppm because the enzyme activity was not as low as desired.

after the dogs had been on this diet for 46 weeks

~~Figure 3 shows that at the end of 46 weeks on this diet, the ALA-dehydrase activity of the dogs receiving the high level of lead was severely depressed, it varied from 0.5 unit/ml to barely detectable. When detectable, the enzyme level was about 2% of that prior to feeding lead. The group of dogs given 100 ppm Pb in the diet showed a 50% reduction in ALA-dehydrase activity. At the end of 46 weeks, the blood concentration of the dogs given highest level of lead averaged 60-80 µg Pb/100 gm blood. There was no evidence of any difference in health of the dogs, in any of the groups, by any of the usual biochemical, clinical or behavioral standards. Female dogs showed a significantly increased excretion of DALA.~~

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At the end of the 46 weeks

~~Forty-six weeks after the dogs had been placed on these lead-containing diets, approximately one-half of the dogs circulating blood volume was removed from the jugular vein in a two-stage operation using a modified Whipple⁽¹⁰⁾ procedure. Anesthesia was not necessary. Two of the 36 dogs showed definite signs of shock following the hemorrhage.~~

A 30 to 40 percent reduction in hemoglobin concentration, red cell count and hematocrit ratio occurred as a result of the hemorrhage. ~~Figure 1~~^{Figure 1} shows the recovery curve for hemoglobin concentration. Rigorous statistical treatment of the data demonstrated that the recovery curves of the hemoglobin concentration, red cell count and hematocrit ratio were not effected by the presence of lead.

^{Lights}
This study clearly demonstrates that despite severe depression of ALA-dehydrase activity, the ability of the blood-forming mechanisms to manufacture hemoglobin and red blood cells was not measurably affected even when required to function at accelerated rates. It is reasonable to conclude that while ALAD is essential to the synthesis of hemoglobin, the amount of enzyme needed for this function is but a small fraction of that normally present.

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TABLE I
MORTALITY AND KIDNEY TUMORS IN RATS FED LEAD ACETATE FOR TWO YEARS

Dietary Pb ^{a)} (ppm)	No. of Rats of Each Sex	% Mortality ^{b)}		% Kidney Tumors	
		Male	Female	Male	Female
5	100	37	34	0	0
18	50	36	30	0	0
62	50	36	28	0	0
141	50	36	28	0	0
548	50	52	36	10	0
3	20	50	35	0	0
1130	20	50	50	50	0
2102	20	80	35	80	35

a) Measured concentration of Pb in diet.

b) Includes rats that died or were sacrificed in extremis.

TABLE II
EFFECT OF DIETARY Pb ON HEMOPOIETIC SYSTEM
(Mean $\pm$ 95% C. L.^{a)})

Dietary Pb (ppm)	Hemoglobin (gm %)	Hematocrit (%)	Stippled Cells (cells/50 mg)	ALAD (units/ml rbc)	ALA (mg %)
5 Rat (2) (Dog)	15.39 (16.23)	42.9 (44.1)	0.05 (0.00)	22.0 (23.4)	0.42 (0.26)
18 (16)	15.27 (16.04)	42.2 (43.1)	0.18* (0.01)	22.2 (21.8)	0.43 (0.27)
62 (57)	15.42 (16.12)	42.3 (43.6)	0.33 (0.00)	14.4* (17.8)	0.42 (0.29)
141 (155)	15.32 (16.27)	42.1 (44.1)	0.50 (0.04)	9.3 (10.6)	0.44 (0.27)
548 (576)	15.03 (15.64)	42.1 (42.4)	2.11 (0.23)*	3.6 (3.9)	0.97* (0.57)
$\pm$ 95% C. L.	0.24 (0.57)	0.7 (1.8)	0.14 (0.11)	2.2 (4.1)	0.53 (0.08)
3	15.72	45.2	0.04	17.3	0.49
1130	14.73*	43.1*	4.27	2.4*	2.09*
2102	14.37	41.1	7.57	1.6	2.38
$\pm$ 95% C. L.	0.29	0.8	0.63	0.7	0.21

a) C. L. = Confidence Limits. * Lowest level at which significant difference from control occurred ($p < .05$)

TABLE III
AVERAGE TISSUE LEAD CONCENTRATION IN RATS
AND DOGS FED DIETS CONTAINING LEAD ACETATE

Dietary Pb (ppm)	Blood Pb ^a (μ g/g)	Urine Pb ^b (μ g/l)	Kidney Pb ^a (μ g/g)	Liver Pb ^a (μ g/g)	Brain Pb ^a (μ g/g)	Bone Pb ^a (μ g/g)
5 Rat (2) Dog	12.7 (15.8)	19 42	0.40 (0.22)	0.18 (0.30)	0.14 (0.05)	9.19 (4.88)
18 (16)	11.0 (16.6)*	39* 62*	0.31 (0.41)*	0.16 (0.66)*	0.19* (0.06)	9.00 (6.19)
62 (57)	18.5* (31.5)	79 105	0.85* (0.74)	0.31* (1.57)	0.28 (0.98)*	17.50* (6.36)
141 (155)	35.2 (42.5)	148 156	2.31 (1.16)	0.60 (2.26)	0.38 (0.12)	26.75 (10.57)
548 (576)	77.8 (75.8)	451 325	13.20 (2.91)	1.87 (7.89)	1.06 (0.55)	91.40 (17.35)*
3	16.4	44	0.17	0.13	0.11	1.87
1130	98.6*	1046*	13.37*	1.87*	0.88*	280.54
2102	98.4	1281	11.60	2.86	1.48	409.05
Human 11,12						
Mean	< 17	< 35	0.52	0.84	0.13	19.04
Range	15-40	20-65	.61-2.20	.05-5.13	.01-.78	.21-49.5

a = value at 24 months; b = average over 2-year period; * = lowest level at which significant ($p < .05$) difference from control occurred.

FIGURE 1

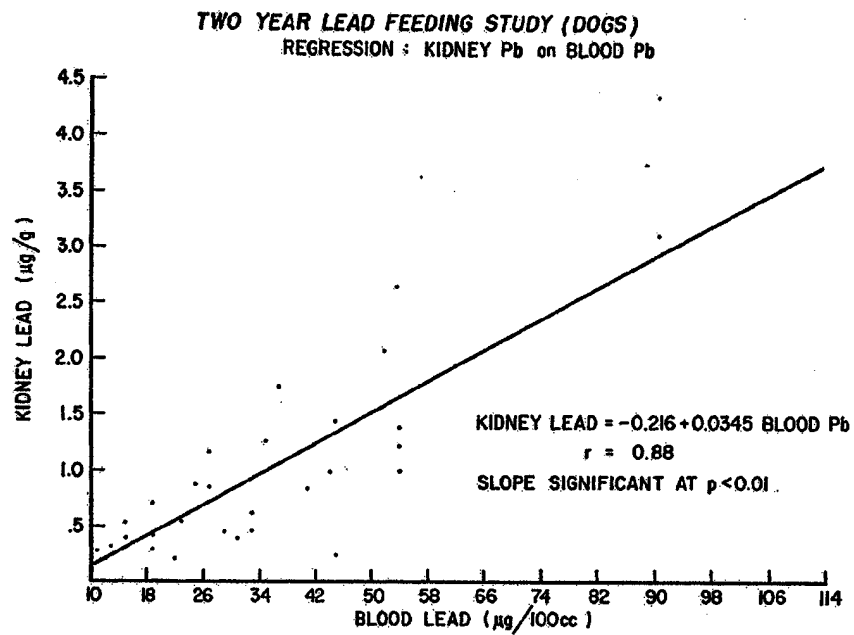


FIGURE 2

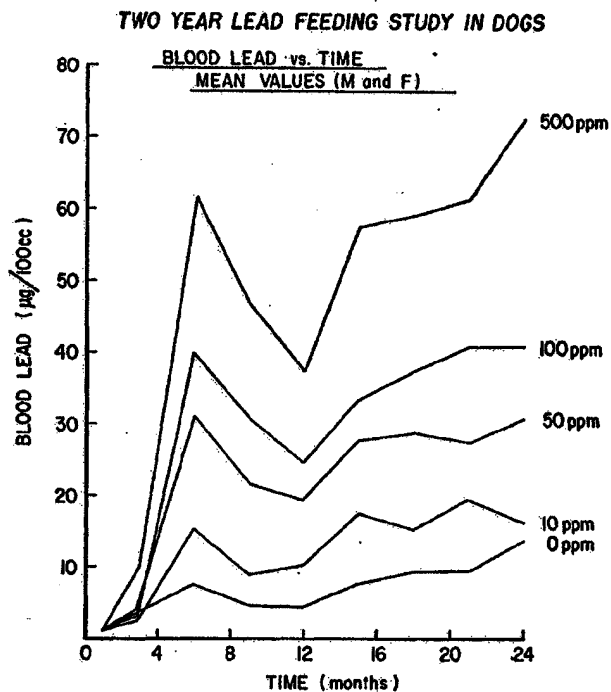


FIGURE 3

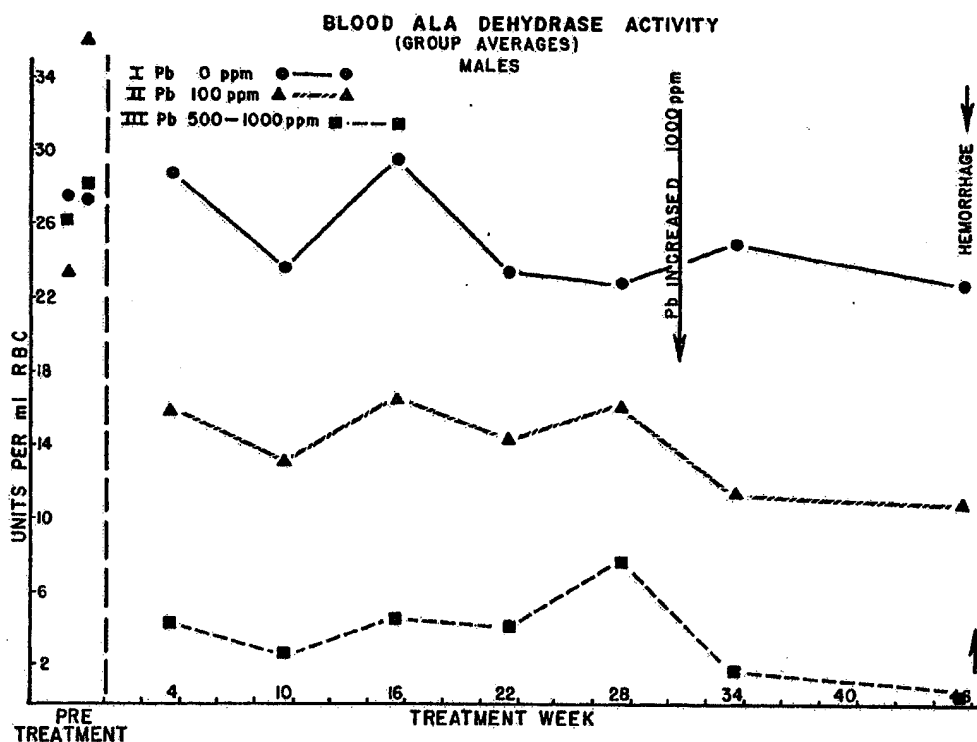


FIGURE 4

